

Spanish Rice

Heating Instructions: Microwave until warm.

Nutrition Facts

Serving Size: 4 oz (85g)

Servings Per Container: Varied

Amount per serving

Calories 110

Calories from Fat 30

% Daily Value*

Total Fat 3g **5%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 450mg **19%**

Total Carbohydrate 19g **6%**

Dietary Fiber 1g **3%**

Sugars 1g

Protein 2g

Vitamin A 15% • Vitamin C 15%

Calcium 0% • Iron 6%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: RICE, ONION, RED PEPPERS, CHICKEN STOCK BASE (CHICKEN MEAT INCLUDING NATURAL CHICKEN JUICES, SALT, CHICKEN FAT MONOSODIUM GLUTAMATE, SUGAR, DRIED WHEY, HYDROLYZED (CORN AND WHEAT GLUTEN, SOY) PROTEINS, LESS THAN 2% OF NATURAL FLAVORS, HYDROGENATED COTTONSEED OIL, CORN OIL, YEAST EXTRACT, DISODIUM INOSINATE/DISODIUM GUANYLATE, NATURAL EXTRACTIVES OF TURMERIC AND ANNATTO, LACTIC ACID), OLIVE OIL, PAPRIKA