## South of the Border Chicken

Heating Instructions: Remove plastic lid. Heat at 350° for 25-30 minutes or until warm.

## **Nutrition Facts**

Serving Size: 12 oz (340g)

Servings Per Container: Varied

Amount per serving	g			
Calories 660		Calories fror	n Fat 310	
		% Da	ily Value	
Total Fat 35g			54%	
Saturated Fat 18	g		90%	
Trans Fat 0.5g				
Cholesterol 205m		68%		
Sodium 840mg		35%		
Total Carbohydra	te 32g		11%	
Dietary Fiber 5g			20%	
Sugars 5g				
Protein 55g				
Vitamin A 25%	•	Vitam	in C 10%	
Calcium 35%	•		Iron 20%	
* Percent Daily Values an values may be higher or l		-		
	Calories	: 2,000	2,500	
Total Fat	Less tha	ın 65g	80g	
Sat Fat	Less tha		25g	
Cholesterol	Less tha		300mg	
Sodium	Less tha	ın 2,400mg	2,400mg	
Total carbohydrate		300g	375g	

INGREDIENTS: CHICKEN, SOUTH OF THE BORDER SAUCE (HEAVY CREAM (HEAVY CREAM. SKIM MILK, CARRAGEENAN), CHICKEN STOCK (CHICKEN, WATER. CARROTS. CELERY. ONIONS. SALT. PEPPER). ORIGINAL ROTEL DICED TOMATOES AND GREEN CHILIES. GARLIC. CUMIN SEED. BLACK PEPPER MISSION FOODS, MISSION FLOUR TORTILLAS, SOFT TACO, 8 INCH, BLACK BEANS, CHEESE, MILD CHEDDAR (SHREDDED), JALAPENOS, SCALLIONS

CONTAINS: MILK. WHEAT