

Salmon w/ Lobster Sauce

Heating Instructions: Remove plastic lid.
Heat at 350° for 10-12 minutes.

Nutrition Facts

Serving Size: 7 oz (255g)

Servings Per Container: Varied



Amount per serving

Calories 370

Calories from Fat 190

% Daily Value*

Total Fat 21g **32%**

Saturated Fat 8g **40%**

Trans Fat 0g

Cholesterol 150mg **50%**

Sodium 510mg **21%**

Total Carbohydrate 6g **2%**

Dietary Fiber 0g **0%**

Sugars 2g

Protein 37g



Vitamin A 35% • Vitamin C 4%

Calcium 6% • Iron 8%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: SALMON. LOBSTER SAUCE (LOBSTER STOCK (CRUSTACEANS. LOBSTER. NORTHERN. RAW WATER. CARROTS. ONION JOLINA COOKING SHERRY, TOMATO PASTE (TOMATOES, SPICES, NATURAL FLAVORS, CITRIC ACID), LOBSTER BASE, CANOLA OIL, CELERY), HEAVY CREAM (HEAVY CREAM, SKIM MILK, CARRAGEENAN), JOLINA COOKING SHERRY, LOBSTER BASE, TOMATO PASTE (TOMATOES, SPICES, NATURAL FLAVORS, CITRIC ACID)), LEMON PEEL
CONTAINS: SALMON, LOBSTER