

Kids Chicken Finger

Heating Instructions: Heat at 350° until warm or microwave until warm.

Nutrition Facts

Serving Size: 6 oz (227g)

Servings Per Container: Varied

Amount per serving

Calories 420

Calories from Fat 80

% Daily Value*

Total Fat 8g **12%**

Saturated Fat 2g **10%**

Trans Fat 0g

Cholesterol 230mg **77%**

Sodium 260mg **11%**

Total Carbohydrate 36g **12%**

Dietary Fiber 2g **8%**

Sugars 2g

Protein 47g

Vitamin A 4%

Vitamin C 0%

Calcium 10%

Iron 20%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: CHICKEN. EGG. ENRICHED BLEACHED FLOUR (WHEAT FLOUR. MALTED BARLEY FLOUR. NIACIN. IRON. THIAMINE, RIBOFLAVIN FOLIC ACID). WHITE BREAD (ENRICHED WHAT FLOUR (FLOUR. MAITED BARIFY FLOUR. NIACIN IRON (FERROUS SULFATE REDUCED IRON) THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, YEAST, SALT, SOYBEAN OIL, SUGAR, MALT, DOUGH CONDITIO-NERS (ASCORBIC ACID, CALCIUM SULFATE, SODIUM STEAROYL LACTYLATE), CALCIUM PROPIONATE (PRESERVATIVE))

CONTAINS: EGG, WHEAT