## Chicken Florentine

Heating Instructions: Remove plastic lid. Heat at 350° for 25-30 minutes or until warm.

## Nutrition Facts

Serving Size: 14 oz (426g)

Servings Per Container: Varied

Amount per servin	g			
Calories 558		Calories from Fat 270		
		% Da	aily Value	
Total Fat 30g			46%	
Saturated Fat 16g			80%	
Trans Fat 0.5g				
Cholesterol 180m		60%		
Sodium 920mg			38%	
Total Carbohydrate 29g		10%		
Dietary Fiber 4g			16%	
Sugars 5g				
Protein 51g				
Vitamin A 280%	•	Vitan	Vitamin C 10%	
Calcium 10%	•		Iron 60%	
* Percent Daily Values ar values may be higher or				
	Calories:	2,000	2,500	
Total Fat	Less than	65g	80g	
Sat Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

INGREDIENTS: CHICKEN, SPINACH, FLORENTINE SAUCE (CHICKEN STOCK (CHICKEN, WATER, CA-RROTS, CELERY, ONIONS, SALT, PEPPER), HEAVY CREAM (HEAVY CREAM, SKIM MILK, CARRAGEE-NAN), PARMESAN (MILK, CHEESE CULTURES, SALT, ENZYMES), PARMESAN (MILK, CHEESE CULTURES, SALT, ENZYMES), GARLIC, WHITE PEPPER, NUTMEG), BREAD CRUMBS, ITALIAN STYLE

CONTAINS: MILK. WHEAT