

Cappuccino Bars

Nutrition Facts

Serving Size: 1 piece (71g)

Servings Per Container: Varied

Amount per serving

Calories 300

Calories from Fat 90

% Daily Value*

Total Fat 10g **15%**

Saturated Fat 4.5g **23%**

Trans Fat 1.5g

Cholesterol 20mg **7%**

Sodium 190mg **8%**

Total Carbohydrate 51g **17%**

Dietary Fiber 1g **2%**

Sugars 34g

Protein 4g

Vitamin A 6%

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Vitamin C 0%

Calcium 4%

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Iron 6%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: BROWN SUGAR, ENRICHED BLEACHED FLOUR (WHEAT FLOUR, MALTED BARLE FLOUR, NIACIN, IRON, THIAMINE, RIBOFLAVIN FOLIC ACID). SUGAR. PLAM KERNEL OIL. WHOLE MILK POWDER. NONFAT DRY MILK. PALM OIL. SOY LECITHIN - AN EMULSIFIER. VANILLA. SOYMARGARINE (LIQUID SOYBEAN OIL. PARTIALLY HYDROGENATED SOYBEAN OIL, WATER, SOY LECITHIN (EMULSIFIER), POTASSIUM SORBATE AND CALCIUM DISODIUM EDTA* (TO PRESERVE FRESHNESS), PHOSPHORIC ACID (ACIDULANT), NATURAL AND ARTIFICIAL FLAVOR, VITAMIN A PALMITATE, BETA CAROTENE (COLOR), VITAMIN D3), EGG, COFFEE LIQUEUR, COFFEE, SALT, BAKING POWDER (CORNSTARCH, SODIUM -BICARBONATE, SODIUM ALUMINIUM SULFATE, MONOCALCIUM PHOSPHATE)
CONTAINS: MILK. EGG. SOY