

Caesar Salad

Heating Instructions: Remove plastic lid.
Heat at 350° until warm or microwave until warm.

Nutrition Facts

Serving Size: 8 oz (283g)

Servings Per Container: Varied

Amount per serving

Calories 300

Calories from Fat 210

% Daily Value*

Total Fat 23g **35%**

Saturated Fat 6g **30%**

Trans Fat 0g

Cholesterol 20mg **7%**

Sodium 750mg **31%**

Total Carbohydrate 15g **5%**

Dietary Fiber 3g **12%**

Sugars 3g

Protein 9g

Vitamin A 130% • Vitamin C 25%

Calcium 25% • Iron 10%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: ROMAINE, GRAPE TOMATOES, SALAD DRESSING CAESAR DRESSING, REGULAR, CROUTONS, SEASONED, PARMESAN (MILK CHEESE CULTURES, SALT, ENZYMES)
CONTAINS: MILK, EGG, WHEAT, ANCHOVY