

# Thank You

for purchasing Medi Lift's at-home wearable beauty device that utilizes EMS technology to deliver safe and effective results. Before you start your treatment, please follow these steps.

## Experience the Transformative Power of Wearable Skincare



Medi Lift  
HANDS-FREE MICRO BEAUTY MOMENTS

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### STEP 1 USER MANUAL

Please carefully read User Manual before use to ensure safe and proper use of the device.



TO ACCESS SCAN WITH YOUR CAMERA PHONE

### STEP 2 WARRANTY REGISTRY

To activate your warranty coverage, please register your device on our website.



TO ACCESS SCAN WITH YOUR CAMERA PHONE

### STEP 3 TUTORIAL VIDEOS

Watch our How-To-Videos to ensure you experience the best results from our device!

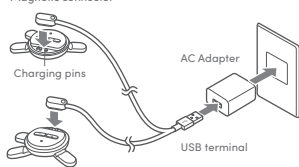


TO ACCESS SCAN WITH YOUR CAMERA PHONE

## 1 CHARGING THE LEFT AND RIGHT CONTROLLERS

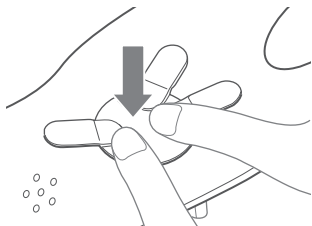
Charge the EMS Controllers for **2 hours** before your first use. From there, the device will hold the charge for **4.5 hours**. **Make sure the magnetic charging terminal is attached in the correct direction to start the charge.**

Magnetic connector



## 2 ATTACH THE TWO CONTROLLERS TO THE SILICONE MASK

Attach the EMS Controllers to the silicone mask by pushing in gently. Make sure the power is switched off and you **don't press** any buttons when attaching the controllers.



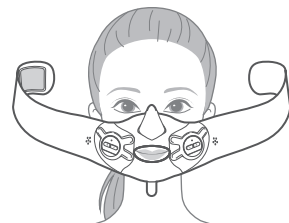
## 3 GENEROUSLY WET YOUR CHEEKS

After cleansing, **apply water** or a mask-like layer of water-based serum/gel to cheeks. Skin should appear wet.



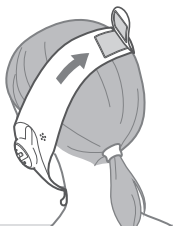
## 4 FIT THE SILICONE MASK TO YOUR FACE

Look for the **"L"** and **"R"** engravings for **left** and **right** on the back of the mask as your guide and match up the nose and mouth cutouts to fit the mask to your face.



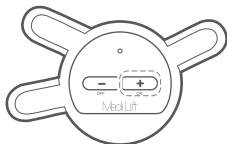
## 5 PLACE THE ADJUSTABLE BAND IN A POSITION AS SHOWN

**Pull the band** over the top of your head to secure the mask in place.



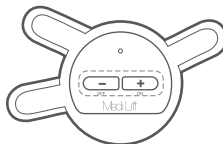
## 6 TURN ON EACH OF THE CONTROLLERS

Press the **+ / ON button** for **2 seconds** on both controllers at the same time. The controllers will beep and show a pink color light.



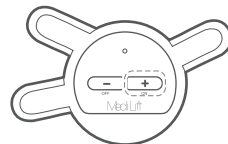
## 7 SELECT YOUR MOST COMFORTABLE LEVEL OF EMS INTENSITY

You can change the intensity of the EMS by pressing **+** or **-** buttons. There are **5 levels**, and the controller will beep every time a button is pressed. There will be a longer beep if you are at the minimum **level 0** (no EMS) or maximum **level 5**. Start with **level 1** for first-time treatment and only move onto higher intensity levels when it feels comfortable.



## 8 TURN OFF THE DEVICE

The device will automatically turn off after approximately **10 minutes**. To stop the treatment during use, press the **- / OFF** button on both controllers for **2 seconds**.



Quick Start