



**SINGAPORE
CYCLING
FEDERATION**

ATHLETE AGREEMENT

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Singapore Cycling Federation
(SCF)
5 Stadium Drive #02-44
Singapore 397631
Tel: 67846621

**SINGAPORE CYCLING FEDERATION
NATIONAL/ELITE, NATIONAL UNDER 23,
NATIONAL JUNIOR AND DEVELOPMENT SQUADS
2022-2023 ATHLETE'S AGREEMENT**

Overview

Singapore Cycling Federation (SCF)

The Singapore Cycling Federation is the national federation for cycling recognized by the world body Union Cycliste Internationale (UCI) and its affiliated to the Asian Cycling Confederation (ACC). SCF is thus responsible for licensing of competitive athletes, sanctioning of local cycling events, and compliance with UCI international regulations in competitions world-wide involving Singapore-registered athletes and Singapore-registered teams. SCF thus represents the cycling disciplines of road (including Time Trial), track, mountain bike (MTB), Cycling Esports and BMX cycling.

The SCF remains focused on its key objectives, which are to encourage, promote, organize, develop and control the art and pastime of Cycling in Singapore.

National Sports Association

SCF is the National Sports Association (NSA) recognized by the Singapore Sports Council (SPORT SINGAPORE). SCF is responsible to SPORT SINGAPORE on matters ranging from high participation cycling events that promote the sport, high performance cycling including Singapore's national cycling teams, and industry development through events, sponsorship and facilities developments. SPORT SINGAPORE also oversees the management, administration and operations of SCF in accordance with the Code of Governance for NSAs.

SCF is also recognized by the Singapore National Olympic Committee (SNOC) for the purposes of cycling representation in international competitions such as the Southeast Asia (SEA) Games, Asian Games, Commonwealth Games, and the Olympic Games. SCF provides information to SNOC on athlete performance related to selection for these major international competitions.

SCF Management Committee

SCF is an Institution of Public Character (IPC) and Society registered with the Registrar of Societies in Singapore. SCF is thus governed by a constitution approved by ROS. The overall management of SCF activities is currently performed through the volunteer services of the SCF Management Committee, and a core team of paid staff.

The present SCF Management Committee was voted in at the Annual General Meeting held on 08 October 2021.

National and National Developmental Squad Athletes

Athletes selected for the National/Elite and National Under 23/Junior and Development squads are active competitors in the sport of cycling. These athletes are training with the objective of representing Singapore in UCI ,IOC sanctioned and other competitions – both regional and international.

The Athlete's Agreement should be seen as a "Statement of Shared Responsibility" and of "Code of Conduct and Ethics" which is designed to enable each athlete to make the most of their sporting career and for SCF to continue to develop high performance Cycling in Singapore.

All members of the National/Elite and National Under 23/Junior and Development Squads must sign and submit this document to the SCF Administrative Office by the designated due date. Athletes who sign this form are required to be familiar with this agreement and observe and abide by its terms throughout the year / training year.

ACCEPTANCE AND AGREEMENT

Name of Athlete

NRIC/Passport No

Your acceptance as a member of the 2022-2023 National/Elite or National Under 23/Junior/Development Squad is conditional on you entering into this agreement and observing its terms.

You should read this document carefully, understand all the requirements binding on you and the consequences from any breach of the terms.

Retain one copy of the Agreement as a reference copy, scan and email to admin@singaporecycling.org.sg. (forathlete selection into the National Track, Road, BMX, MTB

Understanding & Affirmation

As a member of the National/Elite and National Under 23/Junior/Development Squad:

- i. I will enjoy certain privileges over non-selected SCF members in terms of overseas competition exposure, training and developmental programs, etc. Therefore, as a representative of the Singapore sporting community, I shall diligently observe the terms and conditions stated within this agreement including adherence to the SCF Athlete Code of Conduct and Ethics.
- ii. I understand that funding to attend competitions, developmental programs, etc are not guaranteed and will be based on available funds. The distribution of any funding will be at the discretion of the SCF Management Committee in a fair and consistent manner.
- iii. I understand that this agreement is not an employment agreement and does not make me an employee of SCF. However, I acknowledge that I may be called upon to render voluntary services to SCF or SPORT SINGAPORE for matters related to benefiting the organization or to promote the sport of Cycling in Singapore and overseas.
- iv. I affirm that I shall keep my membership with SCF current and in good standing for the period of this agreement.
- v. I understand that as a competitive athlete on the National/Elite or National Under 23/Junior/Development squad representing Singapore, I shall not participate in any non SCF-sanctioned competitions, locally or overseas, unless prior permission is obtained from SCF.
- vi. I understand that as a representative of SCF and Team Singapore, I must hold myself to the highest standards and strive to uphold the spirit of the sport. When in doubt, I will err to the side of caution and act in the best interest of the sport and SCF.

1.0 Term of Agreement

- 1.1 This Agreement will be effective from the date that this agreement is signed until the following year's National/Elite or National Under 23/Junior/Development Squad announcement date (to be confirmed in the next calendar year, likely between Jan and Mar 2023). (please check SCF's website for updates – www.singaporecycling.org.sg).

2.0 SCF's Responsibilities

SCF agrees to:

- 2.1 Prepare and submit a Multi-Year Sports Plan (MYSP) to SPORT SINGAPORE requesting funding for training, overseas competitions, development camps, and the Singapore National Championships. The MYSP will be based on training and competition plans prepared by the SCF Head Coach in consultation with the respective Vice President. SCF's Management Committee will manage and operate a program for competitive Cycling to the best standards achievable within the available funding received from SPORT SINGAPORE.
- 2.2 The MYSP shall form the basis of annual operational plans (training and competitions with set objectives) to be developed by the SCF Head Coach in consultation with the respective Vice President.
- 2.3 Prepare and submit documentation to SPORT SINGAPORE (and other related organizations) in order to maintain good standing as a National Sports Association (NSA).
- 2.4 Endeavour to obtain funding through private donations for the development of the sport of Cycling in Singapore and whereby possible, maintain charity status for SCF.
- 2.5 Maintain a good relationship with key members of the UCI, ACC, SNOG, NYSI & SPORT SINGAPORE and other partner organisations to represent the needs of the Athletes and to promote the sport of Cycling in Singapore.

- 2.6** Identify and/or provide International and National training and competition opportunities when funding allows for such activities.
- 2.7** Provide information and instructions as the Athlete may reasonably require in order to enable the Athlete to perform her/his obligation under this Agreement and to publish written policies and procedures including:
- i. Eligibility requirements – National Training and National Development Squads;
 - ii. Specific Major Games Selection Criteria;
 - iii. Anti-Doping Rules;
 - iv. UCI/ACC/SCF Circulars;
 - v. Competition Rules and Regulations;
 - vi. Athletes' Code of Conduct
 - vii. SCF Media Policy
 - viii. Safe Sport Commitment
 - ix. spexCarding Guide
 - x. National Athletes' – Support Schemes (including funding) and Benefits

A current copy of each of the documents referred to above shall be published on the SCF website.

3.0 Athlete's Responsibilities

As an Athlete signing this Agreement, I agree:

3.1 Training, Competition & Performances

- i. To submit a list of competition goals for the 2022-2023 training year (to use **Annex A**, General Questionnaire for submission)
- ii. To attend all required training sessions, meetings, official functions and competitions on time, taking into account time for travel and in proper attire (well groomed, uniforms, etc.) unless alternative arrangements have been made with the appropriate coach prior to these activities (at least 24 hours in advance)
- iii. That unless certified medically unfit, I will perform to the highest possible standard in training, and in competitions to the best of my abilities.
- iv. To respect the spirit of fair play and non-violence (both physical and verbal) and behave accordingly
- v. Uphold the good name of the Republic of Singapore, the sport of Cycling and the SCF, and display exemplary behaviour at all times

3.2 Fitness & Injury Prevention

- i. To use my best efforts to maintain the highest possible level of physical fitness and good health required for consistent training and competition as a competitor in the sport of Cycling.
- ii. To refrain from acting in a reckless manner that may cause or contribute to injury to myself or any other person, and shall maintain a proper lookout to avoid other athletes, objects or conditions in the training and/or competition areas.

3.3 Covid19 Measures – to ensure overall health & safety of the whole training group/adequate control of training group(s).

- i. To ensure and adhere to regular Covid19 testing (RRT) and/or ART – and submission of results.
- ii. To declare vaccination status and understand that all athletes will be organized in separate areas appropriately during all SCF organized training activities and competitions.

- iii. To agree and understand that SCF may implement differentiated programmes during training and competition activities for vaccinated and unvaccinated individuals to manage the risk of infection within the NTS and NDS.
- iv. To adhere strictly to COVID-19 Safe Management Measures, especially “No intermingling” which shall be enforced – this applies to all athletes, whether vaccinated and unvaccinated at all SCF organized training activities and competitions.
- v. To follow coach’s instructions at all times.

3.4 Clothing & Equipment

- i. To obtain SCF’s prior approval before Sponsor logos (either personal or arranged by SCF) can be affixed to the Athlete’s team clothing, uniform or equipment which should be in accordance with UCI Sponsorship Guidelines.
- ii. That it is my responsibility to ensure that clothing and equipment are well maintained and in accordance with SCF and UCI guidelines for competitions.
- iii. That any clothing and equipment issued to me is to be returned when I cease my involvement with the National/Elite or National Under 23/Junior/Development Squads.

3.5 Code of Conduct & Ethics

- i. To respect the spirit of fair play ¹ and non-violence and behave accordingly on the sporting arena.

¹ ‘Fair Play’ is defined as much more than playing within the rules. It incorporates the concepts of friendship, respect for others and always playing within the right spirit. Fair play is defined as a way of thinking, not just a way of behaving. It incorporates issues concerned with the elimination of cheating, gamesmanship, anti-doping, violence (both physical and verbal), exploitation, unequal opportunities, excessive commercialisation and corruption.

- ii. To conduct myself in the highest standards of honesty, respect, truth, fairness, ethical behaviour and sporting attitude and act in the best interests of the sport and SCF.
- iii. That I am aware that any breach of the code of conduct may result in a range of repercussions which may include a warning (verbal and/or written), removal of any financial and/or carding support and exclusion from all SCF and UCI events and activities.
- iv. That I understand that all cases of disciplinary proceedings respecting misconduct shall be dealt with by SCF, in consultation with SPORT SINGAPORE and the SNOC if deemed necessary.
- v. To refer to the SCF Code of Conduct for the full details on the conduct expected of me, categories of breach and the possible sanctions

3.6 Media, Publicity, Sponsor and Public Appearances

- i. That any contact, interviews or appearances with the media, sponsors, sports, entertainment and other organizations kind must be channeled through SCF, and be conducted with SCF permission.
- ii. To uphold an obligation to the development of SCF’s social media and digital presence. Media content uploaded on personal social media accounts (IG & FB) should include tagging of SCF (@singaporecyclingfederation) as and when appropriate. i.e. Training sessions/competitions/races/leisure rides.

- iii. To produce & provide relevant and cycling-centric media content in a timely manner to SCF's social media team when requested.
- iv. To be available (within reason) when called upon to feature in SCF's media production initiatives. i.e. Photoshoots, video productions, etc.
- v. To be careful and respectful when using the Internet as a means of social networking and will exercise prudence in any posting on social media including Facebook, Instagram, Twitter, Snapchat, Vine or any other platform for online interaction
- vi. That I have read and understood the SCF Media Policy and shall comply with it.
- vii. That the SCF name or logo, and the Team Singapore name or logo cannot be used without permission from SCF and SPORT SINGAPORE.
- viii. My views/opinions are not those of SCF or SPORT SINGAPORE and therefore, I will not make any representations that I am making such statement on behalf of SCF or SPORT SINGAPORE.
- ix. To fulfil 6 engagements as required by the SCF sponsors (within reason), where applicable.

3.7 Anti-Doping

- i. That SCF is committed to a drug-free sport and through UCI and SPORT SINGAPORE has agreed to comply with the provisions of the World Anti-Doping Code
- ii. That it is my responsibility to abide by the code from World Anti-Doping Agency (WADA), UCI and Anti-Doping Singapore (ADS) Anti-Doping Policies (all referred to as "Anti-Doping Rules"), as well as submit to medical controls and examinations when required
- iii. That I support drug-free and ethical practices and will participate in any educational programmes in relation to doping control and related matters as required by SCF

3.8 Intellectual Property

- i. That the Intellectual Property and all rights in, attaching to or relating to SCF, its programmes, events, initiatives and marketing and promotional materials is owned by SCF. I shall not use such Intellectual Property except where permitted by SCF.
- ii. That I shall not use the trademarks / logo of SCF or any Private or Commercial Sponsors in conjunction with any personal commercial arrangements of the Athlete without the prior written approval of SCF.
- iii. That the above applies both during and after the term of this agreement.

3.9 Indemnity & Insurance

- i. That there are inherent risks associated with competitive Cycling and that the sport involves elements or risk. I understand that it is my sole responsibility to act and govern myself in a manner as to be responsible for my own health and safety.
- ii. To assume all risks foreseen and unforeseen that arise from my participation in the sport of competitive Cycling and indemnify and hold harmless SCF, SPORT SINGAPORE & SNOC from any and all claims, actions, losses or damages including but not limited to bodily injury and death.
- iii. That it is my responsibility to have my own medical insurance policy to cover my personal medical expenses resulting from accidents and injuries.

3.10 Disclosure / Confidentiality of Information

- i. To permit my email addresses (as provided) to be included on the official SCF distribution lists and/or similar, for the purposes of disseminating information to National/Elite or National Under 23/Junior/Development Team athletes.
- ii. To permit the dissemination of personal information (including information related to race or ethnic origin and physical/mental health) to SPORT SINGAPORE, SNOC and UCI when required by SCF by these governing bodies.
- iii. To mutually respect and maintain reciprocal confidentiality of information at all times, both during and after the term of this agreement.

3.11 Termination of this Agreement / Breach of Contract

- i. That should I breach any part of this agreement, SCF may at its discretion terminate my involvement with the National/Elite or National Under 23/Junior/Development squad.
- ii. To formally and promptly inform SCF, in writing, of my intention to retire or withdraw from the National Training/Development Squads. Such termination will take effect on the date that SCF receives your written notice. For minors, a written notice must be countersigned by the Parent/Guardian.

4.0 Athlete's Declaration

By signing below, I confirm that:

- i. I have agreed to become a member of the Singapore National/Elite or National Under 23 /Junior/Development Squad.
- ii. I have completed, to the best of my abilities, based on my current goals and circumstances, the General Questionnaire (Annex A), complete with my training plans and goals
- iii. I have read, understood and will comply with the Athletes' Code of Conduct and SCF Media Policy
- iv. I will use my best endeavours to comply with the Athlete's Agreement at all times and further understand and agree that any non-compliance on my part may well result in my becoming ineligible for further participation in the National/Elite or National Under 23/Junior/Development Squad.

5.0 Parent's Pledge

By signing below, I confirm that:

- i. I support my child to become a member of the Singapore National/Elite or National Under 23/Junior/Development Squad.
- ii. I have read, understood and accept the above terms and conditions.
- iii. I will use my best endeavours to ensure that my child complies with the Athlete's Agreement and will provide the necessary support and encouragement to facilitate my child's participation in the National/Elite or National Under 23/Junior/Development Squad

ATHLETE

Signed

Date

Print Name

NRIC/Passport No

PARENT/GUARDIAN (IF ATHLETE UNDER 21 YEARS OF AGE)

Signed

Date

Print Name

NRIC/Passport No

Please return completed agreement by the due date to the SCF Administrative Office

c/o 5 Stadium Drive #02-44 Singapore 397631

admin@singaporecycling.org.sg

GENERAL QUESTIONNAIRE

Annex A

PART A - PERSONAL INFORMATION

Name		Date of Birth	
Country of Birth		Nationality	
Occupation/ School & Class/Course			

Covid19 Vaccination Info			
Vaccine Brand / Branch		Date of 1st dose	
Place of vaccination		Date of 2nd dose	
Remarks / Additional Info		Date of Booster dose	

PART B – COACH’S INFORMATION (If not one of the National Coaches)

Name		Age	
Coaching Qualifications		Years of Coaching experience	
NROC Registered	Yes/No If yes, expiry date:		
Any Other Relevant Qualifications / Credentials		Highest Coaching Achievement (if any)	

PART C – TRAINING INFORMATION

<p>Sport / Discipline</p> <p>(please indicate – Road, Track, BMX or MTB)</p>		<p>Event (s)</p>	
<p>Key Competition(s) and Target(s) for this season</p> <p>(please indicate the key competitions you are aiming for and targets for each)</p>		<p>Training Program (if not training under a National Coach)</p> <p>(please indicate how you will submit your weekly/monthly training program)</p>	
<p>Name of Your Club or club you are affiliated with</p>		<p>How long will you be training with the above-named coach</p> <p>(to indicate date of commencement and cessation)</p>	
<p>How SCF can assist you in your training/competitions etc. (if not training under a National Coach)</p>			
<p>Have Training Peaks Account</p>	<p>Yes/No</p> <p>Premium/basic</p>		

Sporting Goals: (Specific performance and/or outcome goals)	Short Term (This season goals):	
	Mid Term (1-2 years):	
	Long Term (3 years or longer):	
Date of Completion		
Name and Signature of Athlete		
Name and Signature of Coach (if not one of the National Coaches)		