

RIDERS GUIDE

SCF TRACK SERIES 1

Version 1.9_22Apr2024

Sunday 26th May 2024

JURONG WEST STADIUM



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1. **GENERAL INFORMATION**

	Track racing events around a 440m track, with cyclists going at speeds of up to approximately 50km/h. Consists of a mix of sprint and endurance events, mass starts, individual and team events.
	Events for this race:
	Heart Starter – A shorter scratch race to start the event. Riders are ranked based on the order they cross the finish line. A 6-lap race.
The Event	Points - Points are awarded to riders based on their position across the line on Sprint Laps (every 4 laps of the race). In order of 1st to 4th, riders earn 5,3,2 and 1 point. The final Sprint Lap is worth double points. Riders are ranked based on total points accumulated through the race. Riders about to the lapped will be pulled out of the race. https://www.youtube.com/watch?v=fAGb0bWtjIQ
	Scratch - Riders are ranked based on the order they cross the finish line. Riders about to the lapped will be pulled out of the race. https://www.youtube.com/watch?v=127PN9MgMQY
Name	SCF TRACK SERIES 1
Date	Sunday 26 th May 2024
Time	0630 - 1300
Location	<u>Jurong West Stadium</u> 20 Jurong West Street 93, Singapore 648965
	Open to all Nationalities.
	SCF OCBC GC rankings and Points system for Riders with UCI Licence only.
Classification	SCF class 3
Classification	As a modified track racing event, GC points will be awarded to the top 4 riders in each event, regardless of the UCI category they belong to. Number of points awarded will vary according to each grade.
	(Please refer to below on points regulations)
Organisers	Singapore Cycling Federation
	OCBC ARENA
	Address: 5 Stadium Drive #02-44 Singapore 397631
	Tel: 6784 6621
	Email: admin@singaporecycling.org.sg
	Website: https://singaporecycling.org.sg/

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2. VENUE: Jurong West Stadium (map link)



Entry into Stadium is via a gate in the Stadium Carpark. Note that all side gates into the stadium will be closed on event day.

Nearest Parking: 986 Jurong West Street 93, Singapore 640986 map link



Field Of Play (FOP) - course	Anti-clockwise direction
FOP Distance per Lap	440m

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3. **SCHEDULES** (schedules subject to change)

The following is the schedule. Timestamps are an estimation; the events will keep rolling so participants must take note of the order of events and be present when called for. Announcements for schedule changes will also be made based on the number of entries. Riders will be called to the staging area approximately 5 minutes before the start of the event. Riders are responsible for being present at the start line. The order for each event will always be Fixed Gear – Grade B – Grade A. Riders will enter the track from the staging area.

Registration CLOSE		Friday 17 May
Start List Ready & Any updates with the Event Day Schedule & RIDERS Guide		Thursday 23 May
Event Day	Laps	Sunday 26 May
Secretariat OPEN		0630
Official Practice (Track opens)		0645-0710
*Riders on track must have race numbers on and have done Equipment checks'		
Riders' Briefing *All riders must attend the briefing. Additional information about the race, if any, will be announced during the briefing		0715
Heart Starter Fixed Gear F1	6	0730
Heart Starter Fixed Gear F2	6	0736
Heart Starter Road C1	6	0742
Heart Starter Road C2	6	0748
Heart Starter Road B	6	0754
Heart Starter Road A1	6	0800
Heart Starter Road A2	6	0806
Points Fixed Gear F1	20	0820
Points Fixed Gear F2	20	0840
Points Road C1	16	0900
Points Road C2	16	0915
Points Road B	20	0930
Points Road A1	28	0950
Points Road A2	28	1010
Scratch Fixed Gear F1	18	1040
Scratch Fixed Gear F2	18	1055
Scratch Road C1	15	1110
Scratch Road C2	15	1125
Scratch Road B	18	1140
Scratch Road A1	21	1155
Scratch Road A2	21	1215
Podium Ceremony		

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4. CATEGORIES (based on, 2024 minus year of birth) (subject to change)

Racing in the SCF Track Series will follow a graded racing format. There will be 3 grades for Road Bikes and 1 category for Fixed-gear bikes.

- Road Bike Grade A
- Road Bike Grade B
- Road Bike Grade C
- Fixed Gear

Grade A is intended for race-trained cyclists, Grade B is intended for cyclists seeking a milder challenge, and Grade C is intended as an introduction to racing for beginners.

There are no age and gender restrictions to the categories. A rider's grading will be assigned at the discretion of the organisers, based on past results and race experience. A rider may be promoted at the organisers' discretion, based on cumulative results through the series.

In the event where there are more than 15 riders in Grade C and Fixed Gear and 20 riders in Grade B and A, riders may be split randomly into smaller groups to race. The groups may be different in the 3 events of this series. This is done to ensure safety and fairness across the events.

In the Fixed Gear and Grade C categories, there will be a maximum of 15 participants on track at any time. In the Grade B and Grade A categories, there will be a maximum of 20 participants on track at any time.

For example, if there are 39 riders in Grade A, riders will be split into A1 (with 20 riders) and A2 (with 19 riders) at random. However, they may be in A1 for the first event (Heart Starter), A2 for the second (Points) and A2 for the third (Scratch).

Riders will have to register according to their SCF National age group categories in the Road Bike category to be eligible for SCF GC Ranking and Points. The Fixed Gear category will not carry any points. Team Names, if any, must be indicated during registration.

SCF GC Ranking and Points (Riders with UCI ID only) – all SCF National age group categories

SCF National Age group category	
Youth	13 to 16 years
Junior	17 to 18 years
Under 23	19 to 22 years
Elite	23 years & above
Master A	35 to 39 years
Master B	40 to 44 years
Senior A	45 to 49 years
Senior B	50 to 54 years
Veterans	55 years & above

PRIZE (subject to change)

	Medals will be awarded to overall winners of the race – cumulative
Medals	results of the three events.

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5. ENTRY FEES

All riders will need a UCI racing license or event day insurance to race. The UCI Racing license comes with insurance coverage for Personal Accident and Personal Liability. Non License Holders are highly encouraged to register for and purchase the UCI Racing License, especially if they intend to participate in future cycling events. An event day personal accident insurance is included in the price for non-license holders (this insurance only covers the insured for the event duration and will end at the conclusion of the event).

If you would like to register for the annual 2024 UCI Racing License, please do so here: UCI License Application

	UCI License Holders	Non-License Holders
Road Bike Youth 13 - 16 years Junior 17 - 18 years	S\$25.00	S\$40.00
Road Bike U23 19-22 years	S\$35.00	S\$45.00
Road Bike 23 years and above	S\$45.00	S\$55.00
Fixed Gear 13-22 years old	S\$25.00	
Fixed Gear 23 years old and above		S\$35.00
Application for UCI Racing License:		

Application for UCI Racing License:

19 years and above \$\$100.00

18 years and below \$\$60.00

Refund/Withdrawal Policy

Requests for Refund/Withdrawal should be informed in writing by email to admin@singaporecycling.org.sg and must be before the Start List is released. Any requests received after this will not be entertained. Exceptions may be considered on a case-to-case basis, i.e. COVID-19 positive case.

Changing of categories

Any change of category should be informed in writing by email to admin@singaporecycling.org.sg and must be before the Final Registration CLOSES. Any requests received after this will not be entertained.

Please note that after the registration period is closed and the Start Lists are posted, we shall not be making updates on names or club information.

So do ensure the accuracy of your registration entry information before submission and where in doubt you should immediately write to admin@singaporecycling.org.sg

With the event preparation being well underway, of course where applicable verified updates shall be applied at the next possible stage. For your attention, please.

The decision of the race organiser is final.

*SCF shall take all measures to ensure the safe and proper running of this event. However, in the case that the difficult decision of cancellation occurs, e.g. due to inclement weather, please note that unfortunately No-Refunds will be issued.

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6. REGULATIONS

The following rules must be adhered to at all times during the race event. Failure to do so will result in a disqualification from ALL events.

- 1. Helmets and covered shoes must be worn at all times, including warm-up and cooldown.
- 2. Sleeved tops must be worn. Tee shirts, with sleeves are allowed as well. There must not be any offensive indications on the jersey.
- 3. Aerobars are not allowed. (Aerobars and Time Trial Bikes are only allowed in Individual Events ie. TT or Pursuit)
- 4. Respect the event officials' decisions.
- 5. Failure to be present at the start line when called for will result in a DNS.
- 6. Race numbers must be pinned clearly and visible on the left side of the body.
- 7. Non-racers are not allowed on the track when races are ongoing.
- 8. Riders will be disqualified if event officials judge unsporting behavior.
- 9. Riders are to adhere to all venue rules, including refraining from smoking/vaping in the vicinity.
- 10. Riders are not to park their bike obstructively at any time, specifically avoiding blocking the doors along the stands of the stadium.
- 11. The event officials have the right to change a rider's category to ensure fairness for all participants
- 12. A neutral lap(s) may be called in the event of a crash and the race will resume once it is safe to do so. A yellow flag waved indicates that the race is in neutral, riders have to slow down and ride as a group until a whistle blown indicates the resumption of the race. When the race is in neutral, the lap count continues, but there will be no sprint lap.
 - If required, the race may be stopped and riders will exit the track and wait for the race to be restarted.
- 13. Riders who are about to be lapped will be pulled out of the race. This is indicated by a red flag waved and the rider's number being called out. The rider has to exit the track just before the front straight, where it is safe to do so.
- 14. Before each event, riders will gather at the staging area, before entering the track and moving to the start line when it is safe to do so.

Points Allocation

1. **SCF GC Points** will be awarded to the top 4 riders in each event (Heart Starter, Points, Scratch).

Female riders will be classified into Grade B or C at the start of the series. They may be promoted based on cumulative results through the series. The top unplaced female rider in each grade will also be awarded points.

The points allocation for the SCF GC ranking will be as follows:

Position	Grade A	Grade B	Grade C
1	20	10	5
2	16	8	4
3	14	7	3
4	12	6	2
Top unplaced female	10	4	1

Females who place among the top 4 for their grade will be awarded points according to the position. The next female rider will be awarded points as the top unplaced female rider. If no female riders place among the top 4, only the top female rider will be awarded points (10 points for Grade A, 4 for Grade B, 1 for Grade C).

Event points will be awarded to the top 4 riders of each event. Medals will be awarded to the top 3 riders in each grade, based on cumulative results in the 3 events. Points are awarded for each race according to the

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following:

Position	Heart Starter	Points	Scratch
1	5	5	5
2	3	3	3
3	2	2	2
4	1	1	1
Top unplaced female	1	1	1

Females who place among the top 4 in each event will be awarded points according to their position. The next female rider will be awarded 1 point. If no female riders place among the top 4, the top female rider will be awarded 1 point.

In the event of tie-breakers, when riders finish with the same number of points from the 3 events, a rider with a higher-placed finish in an event will be ranked higher. For example, if Rider A has 1 first-place finish and 2 third place finishes for a total of 9 points, and Rider B has 3 second place finishes for a total of 9 points, Rider A will be ranked higher than Rider B in the Event Points allocation.

If riders have the same placings for points, the placing in the last event for the day will determine the ranking. For example, if Rider X and Rider Y both finish with 1 second place and 1 third placing for a total of 5 points, the higher placed rider in the last event for the day (the Scratch race) will rank higher.

Etiquette

- 1. It is the rider's responsibility to uphold sporting behavior throughout the event, both on and off the race track. Every person has the right to participate in community sports that is safe, welcoming, and inclusive. Equally, everyone plays a part in ensuring their actions and behaviors are supportive of these values.
- 2. This list provides examples of behavior deemed to be unsuitable and not in the best interests of the sport.
 - Actions deemed to denigrate and/or intimidate another person, or behavior likely to constitute emotional abuse.
 - Use of alcohol, acting in a way that becomes a public nuisance or creating a public disturbance.
 - Damaging another person's property or depriving them of that property.
 - Sexual relations between an appointed official and a junior athlete (under the age of consent), irrespective of the wishes and desires of the athlete. In all other cases, such relations are strongly discouraged.
 - Any physical contact with athletes shall be appropriate to the situation and be necessary for the further development of the athlete's skill.
 - The use or encouragement of the use of banned substances. (The banned substance list is as outlined under the WADA Antidoping Policy.)
 - Statements that are deemed to denigrate the group that an individual is representing.
 - Any type of gambling, betting, or organisation of betting at any cycling event while competing, officiating, or undertaking a management role.
 - Any form of harassment.
- 3. Riders are to maintain a straight course where possible and keep to the left side of the circuit unless overtaking a slower bunch.
- 4. Riders may not deviate from their line unless their back wheel is well clear of the front wheel of riders following behind or to either side i.e. you must not cut another rider off when overtaking or attacking.

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- 5. Riders should not attempt to improve their position in corners by diving up the inside of the bunch. Riders are expected to follow the line set by the bunch through corners whenever it is safe to do so.
- 6. Both hands are to be kept on the handlebars unless a rider is taking a drink. No victory salutes allowed both hands must be kept on the handlebar when crossing the line.
- 7. Identified dropped riders must withdraw from the circuit when directed by officials.
- 8. Helmets must be worn at all times you are riding your bike this includes warming up and cooling down on either road, car parks, and footpaths.
- 9. *Amended from https://www.carnegiecycling.com.au/racing/racing-rules/

FAQ

- 1. Will parking be available at the venue?
 - Yes, the stadium has a parking complex.
- 2. What happens in the case of a crash?
 - Paramedics will be on standby to provide needed medical attention. If medical attention is not immediately required, the race will be neutralised where the riders will be allowed to get up and rejoin the race.
- 3. What happens in case of bad weather?
 - The race will continue in the case of light rain. However, we will delay/cancel events as necessary.
- 4. How fast can I ride on the track?
 - The track has been tested on a road bike, up to a maximum speed of 65kph on the straights, and 55kph on the corners with careful pedaling.
- 5. Identification on the Field of Play (each rider) To be pin the left side of the rider. (example below photos)





- 6. Can I bring a team tent?
 - Yes, you may have a team tent. Do inform us by **12th May 2024,** if you would like an area for your team tent. Team may not be allowed to set up their tents if it was not informed prior to the event.

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- Tent space will be given on a first come first serve basis, in the area along the front straight. Team will only be allowed to set up their tents in the designated area.



OTHER RELEVANT INFO

Protocol	VIP?
Doping control	To be confirmed
Press conference	To be confirmed
Transport	Participants arrive by their transports
Nearest hospital	Ng Teng Fong Hospital

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