

# RIDERS GUIDE

## GEN Z ALPHA SERIES 1 – URBAN ELIMINATOR

Version 2\_11Apr2024

SUNDAY 14 APRIL 2024

SPORTS HUB, OCBC ARENA PARK



OFFICIAL VENUE PARTNER



SUPPORTED BY



OFFICIAL HYDRATION PARTNER



CONTENTS	PAGE
1. GENERAL INFORMATION	2
2. CONTACTS	2
3. <b>SCHEDULES</b>	3
4. CATEGORIES	4
5. ENTRY FEES	5
6. VENUE	6
7. <b>REGULATIONS</b>	9

## 1. GENERAL INFORMATION

The Event	<p>BMX racing format: GEN Z ALPHA: Cadet categories (4 to 12 years)</p> <p><a href="https://www.youtube.com/watch?v=vJXvSudGmZU">https://www.youtube.com/watch?v=vJXvSudGmZU</a></p> <p>The Urban Eliminator is derived from the mountain bike (MTB) Cross-country Eliminator (XCE) format:</p> <p>Youth and above categories (13 years &amp; above)</p> <p><a href="https://www.youtube.com/watch?v=pZmVKelOZt0&amp;t=27s">https://www.youtube.com/watch?v=pZmVKelOZt0&amp;t=27s</a>  <a href="https://www.youtube.com/watch?v=EOFu5anR_RY">https://www.youtube.com/watch?v=EOFu5anR_RY</a></p> <p>The course/field of play (FOP) is in an urban environment with a fast-moving, dynamic, action-packed format in which riders ride on technical tracks featuring man-made and natural obstacles.</p>
Name	2024 Gen Z Alpha series 1 – Urban Eliminator
Date	Sunday 14 <sup>th</sup> April 2024
Time	0630 - 1500
Location	<p><a href="#">Sports Hub, OCBC Arena</a></p> <p>5 Stadium Drive, Singapore 397631</p>
Classification	<p>Open to all Nationalities.</p> <p>SCF OCBC GC rankings and Points system for Riders with UCI Licence only, in all categories except for Cadets &amp; Weekend Warrior.</p> <p><a href="#">SCF class 3 (for Youth &amp; above)</a></p>

## 2. CONTACTS

Organisers	<p>Singapore Cycling Federation</p> <p>OCBC ARENA</p> <p>Address: 5 Stadium Drive #02-44 Singapore 397631</p> <p>Tel: 6784 6621</p> <p>Email: <a href="mailto:admin@singaporecycling.org.sg">admin@singaporecycling.org.sg</a></p> <p>Website: <a href="https://singaporecycling.org.sg/">https://singaporecycling.org.sg/</a></p>
------------	--

### 3. SCHEDULES (updated)

<b>SUNDAY 14<sup>th</sup> April 2024</b>		
<b>Secretariat OPEN for URBAN MTB XCE (Youth - Seniors) Collection of Race Bibs</b>		0630
Briefing by President of the Commissaires Panel (PCP)		0700 - 0710
Equipment checks by race officials		0710
<b>Official Practice</b>	<b>450m course</b>	0715 - 0810
Call Up and Staging		0815
<b>Qualifying race</b> (Seeding-Individual Time Trial) 30 sec interval	<b>Phase 1 (1 Lap)</b>	<b>0830</b>
Call Up and Staging, in sequence for, XC Men Youth, Weekend Warriors, AM Men Junior		0920
<b>Semi-Finals: XC Men Youth, AM Men Junior. FINAL for Weekend Warriors</b>	<b>Phase 2 (1 Lap)</b>	<b>0930</b>
<i>Secretariat OPEN for Gen Z Alpha (Cadet participants)</i>		0930
Call Up and Staging, in the sequence below, for the <b>FINALS</b>		0935
XC Men Senior XC Men Youth Womens XC Men Junior AM Men Junior	<b>Phase 3 1 Lap</b>	<b>0945</b>
AM Men Open XC Men Elite XC Men Master XC Men U23 AM Men Master	<b>2 Laps</b>	
Podium Ceremonies for Urban XCE, and FOP (course change ready for GenZ Cadets race)		1000
<i>Gen Z Alpha - Cadet's race: Briefing by PCP</i>		1015 - 1025
<i>Equipment checks by race officials</i>		1025
<b>Official Practice – Cadets C &amp; D</b>	<b>300 m course</b>	<b>1040 - 1105</b>
<b>Official Practice – Cadets A &amp; B</b>		<b>1105 - 1130</b>
<i>Call Up &amp; Staging in the sequence below</i>		1130
<b>Qualifying: 2 Heats: Cadet D-Push. 3 Heats: Cadet C, Cadet B, Cadet D-Pedal, Cadet A</b>	<b>Phase 1 - 1 Lap</b>	<b>1145</b>
<i>Moto 1 - Rounds</i>		1145 - 1215
<i>Moto 2 - Rounds</i>		1215 - 1245
<i>Moto 3 - Rounds</i>		1245 - 1315
<i>Call Up &amp; Staging in the sequence below</i>		1345
<b>Semi-Finals: S1 &amp; S2: Cadet C, Cadet B, Cadet D-Pedal, Cadet A</b>	<b>Phase 2 - 1 Lap</b>	<b>1400</b>
<i>Call Up &amp; Staging in the sequence below</i>		1405
<b>FINALS: Cadet D-Push, Cadet C, Cadet B, Cadet D-Pedal, Cadet A</b>	<b>Phase 3 - 1 Lap</b>	<b>1445</b>
<i>Podium Ceremony</i>		1510

#### 4. CATEGORIES (based on, 2024 minus year of birth)

- For Cadet age groups where usage of BMX bikes is allowed, the use of a single rear braking system is acceptable with Any wheel size. Push bikes are also allowed (a separate category for Push bikes for Cadet D only)
- For all other MTB XCE categories and bike types, it is compulsory to have two (2) working brakes, one front, and one rear.
- XC, flat/riser bars ONLY, front suspension NOT exceeding 140mm of travel.
- All Mountain (AM) bikes, flat/riser bars ONLY; front suspension of 150mm of travel and above.

	<b>GEN Z ALPHA - BMX Racing format</b>	
1	Cadet D PUSH (Mix gender)	4 to 6 years
2	Cadet D PEDAL (Mix gender)	4 to 6 years
3	Cadet C (Mix gender)	7 to 8 years
4	Cadet B (Mix gender)	9 to 10 years
5	Cadet A (Mix gender)	11 to 12 years
	<b>URBAN ELIMINATOR - XC Bikes (XCE format)</b>	
1	Men Youth	13 to 16 years
2	Men Junior	17 to 18 years
3	Weekend Warriors	19 to 34 years
4	Men Under 23	19 to 22 years
5	Men Elite	23 years & above
6	Men Masters	35 to 44 years: Master A & Master B
7	Men Seniors	44 to 54 years: Senior A & Senior B
8	Women's	Mix age group, AM & XC race together
	<b>All Mountain (AM) Bikes (XCE format)</b>	<b>Combined SCF categories</b>
9	Juniors	Youth: 13 to 16 years Junior: 17 to 18 years
10	Open	U23 & Elite: 19 & ABOVE
11	Masters	Masters to Veterans: 35 years & above

#### PRIZE

Medals	Top 8 (GenZ.Alpha – Cadets) / Top 4 (Urban XCE – Youth & above)
--------	---

## 5. ENTRY FEES

All riders will need a UCI racing license or Race Day Licence (except Weekend Warrior) <this comes with insurance coverage for Personal Accident and Personal Liability>

If you would like to register for the annual 2024 UCI Racing License, please do so here: [UCI Licence Application](#)

	SCF Affiliate members	Non-SCF Affiliate
Cadets 4 - 12 years	S\$30.00	S\$30.00
Youth 13 - 16 years Junior 17 - 18 years	S\$50.00	S\$50.00
Weekend Warrior: 19 - 34 years	S\$55.00	S\$55.00
19 years & above	S\$70.00	S\$90.00

UCI Racing License: 19 to 75 years of age S\$100.00

UCI Racing License: 6 to 18 years of age S\$60.00

Day License: S\$35.00 (6 to 75 years of age)

### Refund/Withdrawal Policy

Requests for Refund/Withdrawal should be informed in writing by email to [admin@singaporecycling.org.sg](mailto:admin@singaporecycling.org.sg) and must be before the Start List is released. Any requests received after this will not be entertained. Exceptions may be considered on a case-to-case basis, i.e. COVID-19 positive case.

### Changing of categories

Any change of category should be informed in writing by email to [admin@singaporecycling.org.sg](mailto:admin@singaporecycling.org.sg) and must be before the Final Registration CLOSES. Any requests received after this will not be entertained.

Please note that after the registration period is closed and the Start Lists are posted, we shall not be making updates on names or club information.

So do ensure the accuracy of your registration entry information before submission and where in doubt you should immediately write to [admin@singaporecycling.org.sg](mailto:admin@singaporecycling.org.sg)

With the event preparation being well underway, of course where applicable verified updates shall be applied at the next possible stage. For your attention, please.

The decision of the race organiser is final.

**\*SCF shall take all measures to ensure the safe and proper running of this event. However, in the case that the difficult decision of cancellation occurs, e.g. due to inclement weather, please note that unfortunately no refunds will be issued.**

6. **VENUE: SPORTS HUB, OCBC Arena Park**



Nearest Parking at [Carpark 4, next to Kallang Leisure Park](#)



Pick Up & Drop-Off:

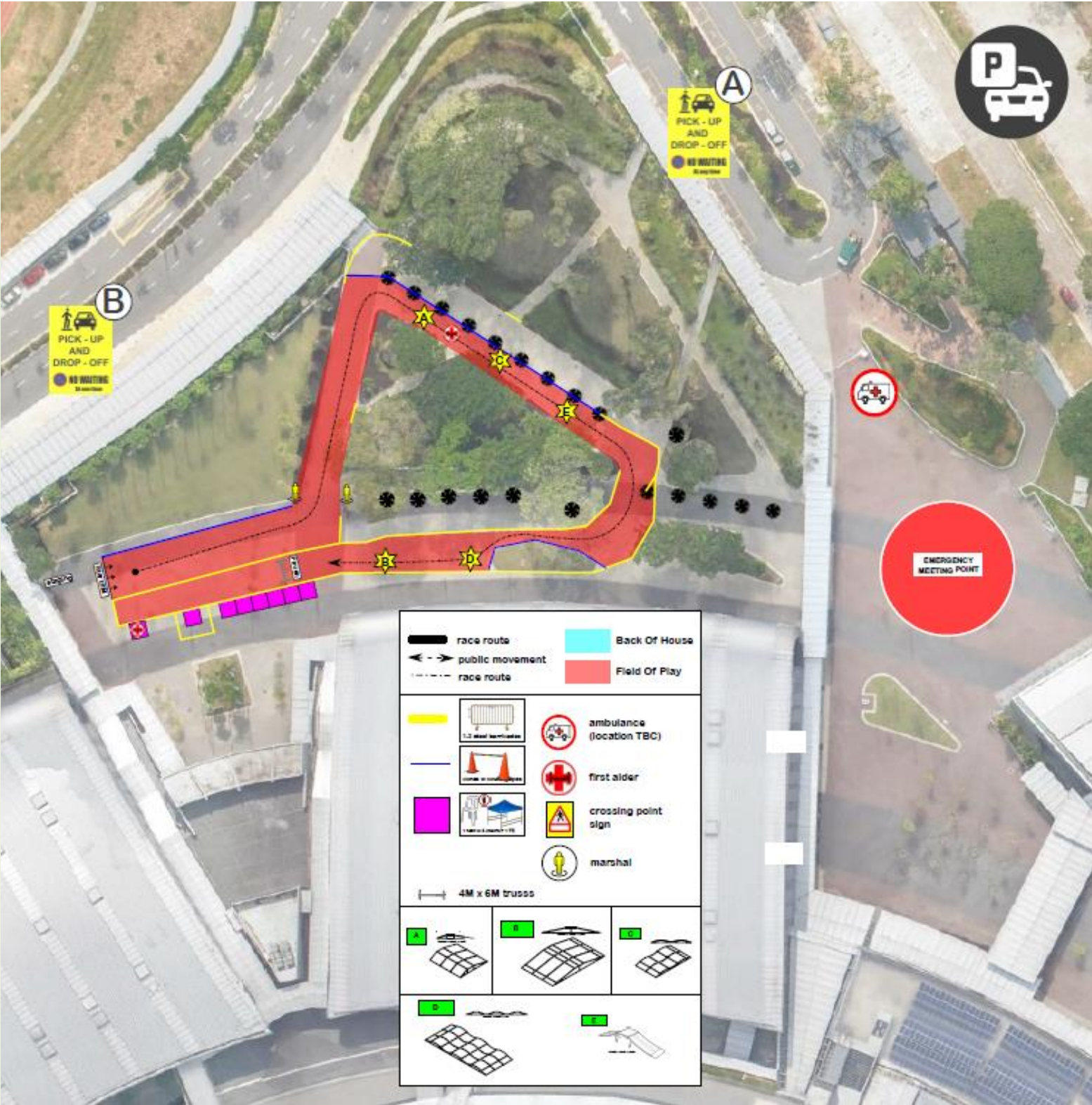
[Stadium BLVD – Taxi stand](#)



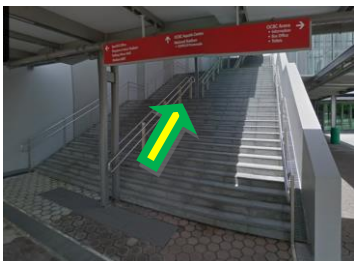
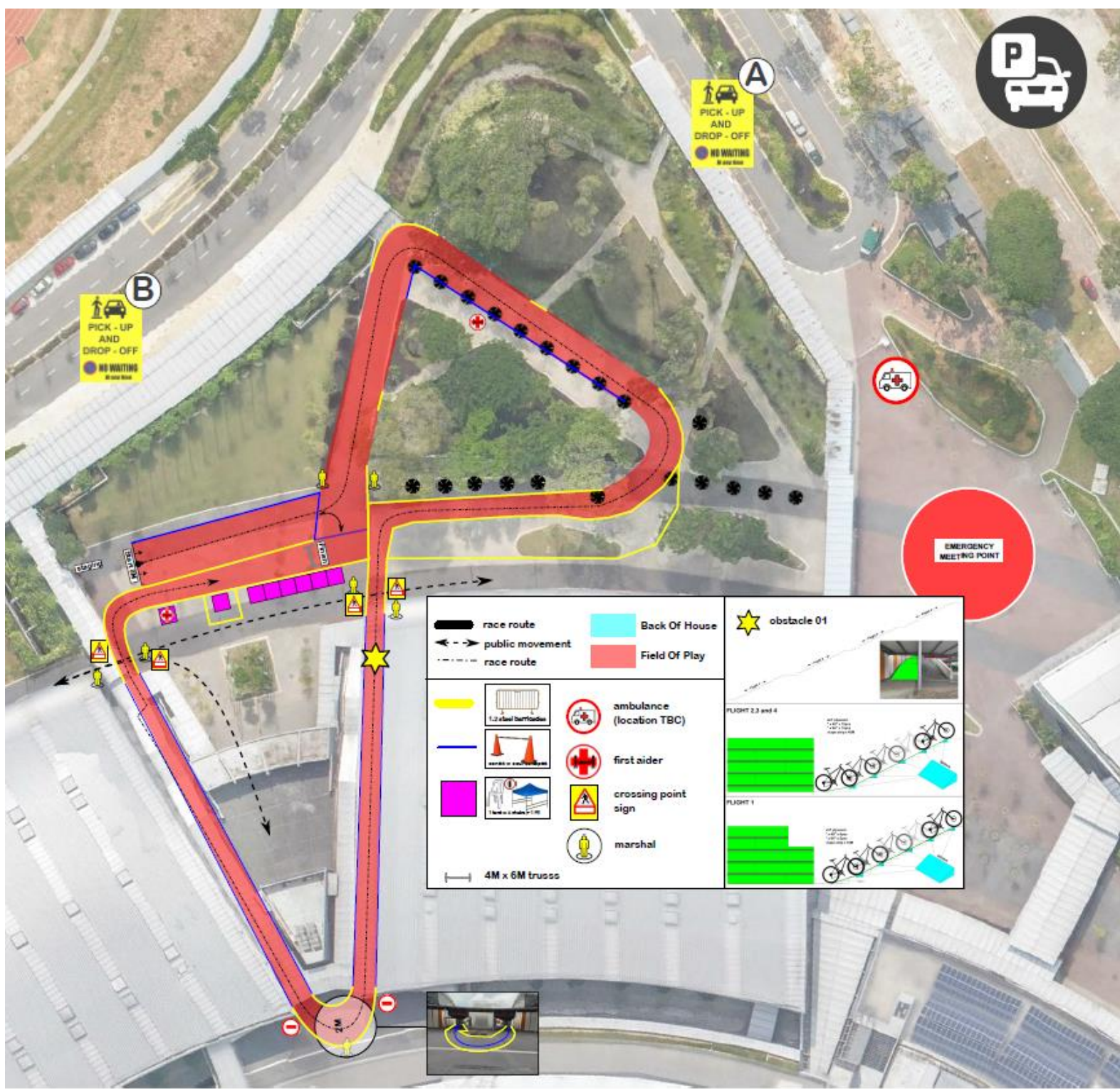
[Stadium Drive – Bus Bay](#)



Field Of Play (FOP) Gen Z ALPHA series 1	OCBC Arena Park
FOP Distance	300 m



Field Of Play (FOP) XCE	Arena Park to 100 plus promenades <3 <sup>rd</sup> floor> and back to Arena Park
FOP Distance per Lap	450 m





## 7. REGULATIONS

### GEN Z ALPHA: BMX Racing Format <Cadets> (subjected to change)

1. Format: 1 Lap only: Maximum 8 Riders per Heat/Race.

#### Phase 1: Qualifying rounds

Riders will race 3 rounds (Motos) in their assigned Heat' Gate (lane) have been assigned in each Moto

Points System

The top 4 (total LEAST number of points) of Each Heat after 3x Motos, will transfer to the next Phase

Example: 8 riders started

- 1<sup>st</sup> Position: 1 point
- 2<sup>nd</sup> Position: 2 points
- 3<sup>rd</sup> position: 3 points
- 4<sup>th</sup> position: 4 points
- 5<sup>th</sup> position: 5 points
- 6<sup>th</sup> position: 6 points
- 7<sup>th</sup> position: 7 points
- 8<sup>th</sup> position: 8 points

**Phase 2: Semi-Finals**, Top 4 placings in each Semi-Final will transfer to the Finals.

#### Phase 3: FINALS

2. The sporting control and race refereeing will be conducted by the National Commissaires appointed by SCF.
3. Any decision of the President Commissaire and the panel is final.
4. Please Pay attention to instructions from the commissaires, officials, and marshals.
5. SCF shall take all measures to ensure the safe and proper running of this event. Cancellation of the event may occur in harsh inclement weather conditions that may compromise the Health and Safety of the participants and organisers. *\*NOTE: No refunds will be issued.*
6. Riders on the FOP must be registered participants. All riders must have number identification at all times. No practicing is permitted on the FOP.
7. No littering! Properly dispose of all rubbish in the BOH area. Any riders caught littering will be disqualified (DSQ).
8. Riders are to report in their allocated time and category.
9. **Race officials will conduct equipment Checks**. Please pay special attention to your Equipment. All riders shall ensure that their equipment (bicycle with accessories and other devices fitted, headgear, clothing, etc.) does not, by its quality, materials, or design, constitute any danger to themselves or others.
10. Parents or guardians are responsible for complying with all rules.
11. The parent or guardian must sign a waiver and register the rider.

12. The parent or guardian must provide proof of age certifying the rider's age.
13. The parent or guardian must not make any contact with the bike or rider at the start of the race.
14. Parents or guardians are not allowed on the track during competition. (Exception to this rule for a struggling child)
15. Any protest regarding race results must be done within 15 minutes of the finish of that related race. Official decisions will be made and conveyed within 30 minutes of the protest.
16. No communication devices are allowed between parents and riders during the race.
17. Equipment (Parents & Guardians are responsible)

Please remove ALL bike stands, front, side or rear baskets attachments.

Bicycle: 'Only Push/Balance bikes for the Cadet D-Push bike category'. Pedal bikes for each respective category.  
Wheel size: No Restriction

Brakes: Push bikes – not required; Pedal bikes – at least 1 rear working brake.

The bike must be properly maintained and in good working order.  
The bike must be properly fitted to the rider with the final decision being made by the commissaire.

Seat and handlebars must not extend beyond their minimum insertion lines.

All nuts and bolts must be tight.  
All grips need to be in good condition with no sharp edges/handlebars protruding.

Modifications of the bike frame or its fork are not allowed

- a. Safety gear (Parents & Guardians are responsible)  
Helmet: Only MTB or BMX helmets without any damage are allowed, they must be securely fastened on the riders head. Loose or torn straps will not be tolerated.

Protection: Gloves are Compulsory

Elbow/knee guards and covered shoes (with socks) are required apparel. No sleeveless T-shirts are allowed.

- b. Parents or Guardians: Your child's health, comfort, and safety are your responsibility.  
Please dress your child appropriately for the activity and weather conditions. We highly recommend long pants and long sleeves for skin protection.

To prevent injuries from falling, we highly recommend your child wear elbow pads, knee pads, and gloves to protect joints and hands.

Remember to keep your child nourished and hydrated throughout the event.

18. Identification on the Field of Play (each rider) - To be attached to the handlebar.



### RACE PROCEDURES

#### **a. Start**

1. Call-up for Staging is 15 minutes before each 'Heat' / Moto / Semi-Finals or Final.
2. Riders will be assigned to their Gate or Lanes. Cones will divide each lane.
3. The Rider shall start under the orders of the START commissaire's commands.
4. Commissaires Start procedure: 'Riders Ready.... GO! Or a 'whistle blow'.

#### **b. Technical Assistance**

1. Marshals will be on-site to assist the rider during the race.
2. There will be no mechanical support on the course, and riders are advised to be self-reliant for any mechanical issues.
3. All riders will be self-reliant for their appropriate hydration and nutrition. Sharing is not allowed.
4. Neutral mechanic by PM Cycles.

### **Urban XCE format: Youth & above**

- Maximum 4 Riders per Heat/Race.
- Please check carefully that your personal equipment is in good condition. Race officials will conduct equipment Checks
- **Phase 1: Seeding – Individual Time Trial (1x Lap only).** All riders will need to collect a sticker (ranking of their ITT, to be placed on the Handlebar number plate) by the race officials, after the Results are established.
- **Phase 2:**
  - Categories with 6 or more riders (on the Start List) will have to race in the Semi-Finals.
  - Categories with 5 Riders, only top 4 seeded riders, will move to the FINAL.
- **Phase 3: Finals (certain categories will do 2 Laps)**
- A rider will be self-sufficient and needs to bring his/her mobile phone/Identification card.
- A rider can only report at his/her category in the correct wave.
- The number plate must remain firmly fixed on the handlebar and must not be obscured by cables or any other item.
- must not be modified or mutilated in any way, including without limitation cutting, adding personal stickers, or removing existing stickers (issued by the commissaires) or trimming.
- It is compulsory for all riders to wear their helmet, jerseys, shorts, socks, and shoes during Practice and RACE.
- Sleeveless jerseys are NOT allowed.
- Presence at Awards: The top 4 finalists must be present at the Podium area, immediately after the completion of the “Finals of each category’ in that wave.
- The same racing attire is required during the awards (minus the helmet).
- No littering! Properly dispose of all rubbish.
- Radio devices/iPods, earpieces/earphones are not permitted during Practice and Race.
- Pay attention to instructions from the staff, commissaires, and marshals.
- The sporting control and officiating will be done by the Commissaires. Any decision of the commissaires panel is final.
- Riders must start with one leg on the ground and with both hands on the handlebar.
- Phase 1: If there’s a Seeding Run (ITT), commands by the Start Commissaire: countdown “30sec, 15sec, 10sec, 5-4-3-2-1, GO!” (to start)
- Phase 2 and 3: Commands by the Start Commissaire:
- “Riders Ready!” followed by a whistle, to Start (any jump starts, will be Relegated by the Commissaires).

#### Rider Identification (Handlebar number plate)



**OTHER RELEVANT INFO**

Protocol	VIP
Doping control	To be confirmed
Press conference	To be confirmed
Transport	Participants arrive by their transports
Nearest hospital	Tan Tock Seng hospital KK Hospital (for Cadets)