

## BRACELET SIZE GUIDE

### HOW TO MEASURE YOUR WRIST WITH OUR MONARDS SIZE GUIDE

This is how to measure your bracelet size accurately:

- Wrap a tape measure around the wrist which you plan to wear your bracelet.
- Make a note of the number that meets the 0: this is your bracelet size.
- Use a length of ribbon or cord. Wrap it around your wrist and then measure that length with a ruler.
- Add 1.5 cm to ensure the bracelet fits comfortably. You can then add or subtract centimetres according to whether you prefer a loose, exact or tight fit.
- This method allows you to find your bracelet size:
  - Cut out the ruler and create a slit as indicated.
  - Insert the pointed end of the ruler into the slit to form a loop ensuring that the numbers are facing outwards.
  - Insert your wrist into the loop. Pull on the pointed end to tighten it to a comfortable fit around your wrist, as tight or loose as preferred.
  - Note the number at the slit: this is your bracelet size.
- We advise you to download and print our Monards Bracelet Size Guide (please ensure that the scale is set to 100% when printing).

Alternatively, you may contact our jewellery specialists at [info@monards.com.au](mailto:info@monards.com.au) for more information or visit our boutiques.

