

DESIGN EXPERTS
MAR 22, 2022

SAMANTHA PYNN'S DESIGN LESSONS: HOW TO HAVE A DREAMY BOUDOIR

By: [Samantha Pynn](#)



Samantha Pynn shows us how to take a boudoir from dreary to dreamy.

Whether you're livin' large in a spacious suburban bedroom or keeping it cozy in a 500-square-foot condo, we all want a blissful sleep retreat. But that doesn't mean your bedroom needs to look like a hotel room. This is your private space, where you should feel free to amplify your personal style. Follow along, and I'll show you sleep-easy decorating tips and tricks that come in all sizes!

ANY & EVERY

No matter the size of their bedroom, whenever I ask people to describe their perfect version, they usually start with key components – a super comfy bed, crisp sheets and storage. Then come the decorating dreams. Some want bold pattern while others want soothing neutrals; still others want dark, enveloping colour. There is no right or wrong when it comes to style. This is your space to relax and recharge in, and its aesthetic should reflect you. In a bedroom I designed (shown here) on HGTV Canada's *Save My Reno*, the goal was to create a lakeside-inspired sanctuary. So we ran with it, letting nature – water, sand, stone and wood – inspire all the colour choices in the room. The sky blue grasscloth wallcovering was our jumping-off point. Next, we layered a rug in shades of water and sand over the existing wall-to-wall carpet, which gave us a base for the velvet channelled headboard that's upholstered in a deeper shade of sand. And last, we hit repeat on every colour in the bedding and pillows.



Photography Valerie Wilcox

HEADBOARD, NIGHTSTAND, RUG, Sunpan, [sunpan.com](https://www.sunpan.com).