

# BETTER PERFORMANCE, LESS ANXIETY

I applied Zepter Tesla LightWear glasses daily for 2-4 hours a day within a monthly period. I used them for working at a computer, watching television programs, and I wore them outdoors as sun protective glasses.

I noticed that the use of the glasses made it possible to get a more contrast and clear image of objects. When wearing the glasses, the eyes get significantly less tired after long work at a computer, a better concentration on the tasks performed is observed.

In addition, by the third week of regular use of the glasses, normalization of sleep and a decrease in anxiety were observed.

A good result is also obtained at wearing Zepter Tesla LightWear as sunglasses. The glasses block the ultraviolet and blue spectral ranges, making the light more comfortable for perception.

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