

SOCCER INJURIES LIGAMENT DAMAGE

20th February 2007

To whom it may concern,

I purchased my Bioptron Compact III 4th of April 2005.

I found it was of great help when my daughter Carissa sustained injuries playing soccer, only a few days after I had purchased my Bioptron Light.

The first treatment I gave her was for an aching knee and puffiness around the cruciate ligament.

I applied the blue colour for 2 minutes and Balancing Gel.

There were no further complaints from her following the treatment, and she was happy for me to do any further treatments.

Due to Carissa's long working hours, I was only able to give treatments when we could fit them in, but all that I gave were very effective with quick results.

Carissa has sustained many injuries over the last two years playing soccer. A sport she refuses to give up.

The injuries involved ligament damage in both ankles and knee cartilage. I found giving her 6 minutes of light therapy treatment at each injury site, once or twice a day, for 2-3 days, was very effective, and wonderful for any bruising and puffiness in the area.

Only sometimes, did I use Oxy Spray, usually where there was deep grazing and some bruising.

I also occasionally applied Trauma Cream with Rescue Remedy following light treatment.

I did this when she badly tore ligaments in her ankle with very good results.

I feel very comfortable using the Bioptron Light and am very impressed with the end results.

I am an ex-registered nurse with a passion for natural healing, and my intention is to learn more about Light and Colour Healing, in order to help others.

Yours sincerely,

Helen Briggs

Helen Briggs
Whangarei