

ANKLE SPRAIN SPORT INJURY

My daughter had a very nasty ankle sprain playing soccer - this was a recurrent injury and she was advised - no sport for this season or her ankle would become permanently unstable. She did comply with medical advice and use her moon boot for a week - but after Bioptron Light Therapy her ankle is so good that she returned to soccer 3 weeks later as the team was short of players - and has not had a problem with her "problem ankle" since.....

Briar Doevendans