

ACHILLES INJURY RECOVERY

To Mirjana Arlov
Biopton Therapist

Sorry it's taken a while for the reference but here it is:

I am a professional Ironman triathlete and having turned 40 years of age I decided to attempt 4 Ironman races in one year. I was travelling well and had managed 3 successful races before developing a nagging Achilles injury diagnosed as inflammation of the tendon sheath. This issue was taking its time to respond to physiotherapy and I needed faster results with my 4th race coming up. I was told by a chiropractor friend about the success she had experience in using a Biopton machine for the exact same injury. I was willing to give it a try and the results were amazing. For what appears to be a multi coloured torch used to shine on the affected area I was virtually symptom free after 8 days and completely over the injury after 14 days whilst still maintaining some regular running. I would therefore without hesitation recommend this treatment to anyone suffering a muscular over use injury or similar.

Kind regards
Bevan McKinnon