

LEG ULCER WITH TERRIBLE PAIN

I was told to start very gradually with the amount of time. I applied the light to my leg and am gradually building it up to 8 mins twice a day. I am currently on 6 minutes a day and what a difference already!

I have had no more sleepless nights, only minor discomfort compared with before when I was in terrible pain. The ulcer is only half as deep as it was and is not so wide - I really cannot believe it. I am carrying on with the Manuka honey also but this light definitely seems to be doing the trick and I can feel it tightening.