

# IT WORKS

I have had a Bioptron light for 20 years, so it's not surprising I don't "look my age" - which is now considerable - given the proven capabilities of the light and even though I lead an outdoor life working on a farm. Over the years I have used Swissological products-or coconut oil (as I did for 7 years in France due to extreme poverty!) - plus jojoba oil and other natural products that promise much. It is hard to say what worked best because I used them all in conjunction with the light.

One thing that did not change, however, which has appeared over the last three years, is a patch of fine creases on my left cheek because I end up sleeping with my face scrunched up on the pillow on that side, no matter that I go to sleep on my back every night.

I bought a bottle of the Hyperlight Fluid Fusion because I'm a bit flush at the moment. along with the Swissological Multi-Regenerating Creme, on the advice of Nena, and because I'm vain enough to want to stave off the ravages of time for as long as possible.

This is my second week; I apply it every night with the MRC and morning with 'Super Fruit Hydrator'. To my surprise, I found I was straining to see my crease lines in the mirror when checking my make-up today (it only goes on at the weekend). They are still there if one looks hard, but the skin has flattened out quite a lot. I wish I had taken a Before and After photo, but I was not thinking specifically of this when I bought the Bioptron Hyperlight Fluid Fusion - just something to help me "face" the outdoors.

Needless to say I am delighted and, at last, can recommend a product that has delivered what it promises. Who knows, I may look 21 again instead of 71 by the end of the bottle.... Go Zepter!

Heidi Dobbie (Karaka)