PAIN AND INCAPACITY IN MY HANDS

Dear Bioptron Team,

Over the last few years, I have suffered with a Trigger Thumb on my right hand. With all the pain I was having every time I tried to do anything I ended up being sent to a specialist by my doctor, who gave my thumb a cortisone injection. As a very keen gardener I found it difficult to rest this for six weeks as advised. After I required a second cortisone injection a year later, the specialist informed me the next thing would be an operation.

On top of this, my left hand was giving me jip at the base of the thumb and wrist. I was sent to the "Hands On Team". After Xrays, 10 x sessions of treatment, two types of splints and wrist bands, doing the homework they had given me of soaking my hand in hot water then rubbing anti-flamme on and resting it, I was informed it was tendonitis and there was nothing more they could do for me.

Then my luck was to meet Marcella who introduced me to the Bioptron Light. She was very kind and let me use her light for a week to see if this helped with the path. I was blown away with the Bioptron Light and what it could do for me. So that was it, I just had to have one of these lights.

I have never looked back, and have used the Bioptron Light on healing and improving my well being. I would never be with out it. Thanks Marcella!

Kind Regards Lois Adolph

Kind Regards, Lois Adolph Mairangi Bay North Shore City 24 September 2009

