

HAND AFTER CARPEL TUNNEL SYNDROME OPERATION

A young lady in the village boulangerie where I lived had an operation on her hand for carpel tunnel syndrome. The scar was at the base of her palm just by her wrist. She was having pins and needles and it was pulling. I felt it; the scarring was quite wide and dense. I went back with my light and colours; put the red on it for 2 minutes, then the purple for 4 mins. Then massaged the area a bit. She felt better immediately.

I went back one more time but it hardly needed it. The scarring feels minimal and she is using her hand normally. She is very happy; me too - they slip me free croissants and pains au chocolat regularly..

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