

# HAND FRACTURE AFTER MOTORBIKE ACCIDENT

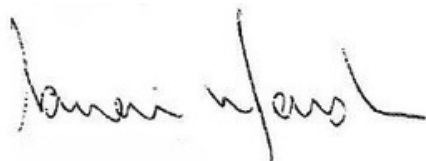
To Whom It May Concern:

I had a scaphoid fracture in my wrist following a motorbike accident during which I landed quite badly on one hand. After consulting a specialist and having X-rays, I was told that there was a strong possibility for the necessity of surgery to realign the two pieces of the scaphoid bone and prevent further complications. I started coming for Bioptron light and colour therapy seven weeks after the accident. At first, I had treatments three times a week for one month, then I had weekly treatments for another 2 months. After this time I went for another X-ray, as the specialist had recommended, and there was complete fusion of the scaphoid eliminating the need for surgery.

I suffered from disturbed sleep for a number of years, if something woke me up during the night I had difficulty going back to sleep and I would toss and turn during the night quite a bit. I was having light and colour treatment during the same time as for my wrist and found that I could go to sleep much easier and I slept much deeper and calmer.

I would sincerely recommend the Bioptron light therapy to anyone with similar problems.

Regards,



Brian Marsh