

# HAND INJURY DURING POLO

Rider got hit on the hand, great pain. Bioptron Purple for several minutes (I usually find 8 minutes is best and when the pain recedes). Much better - no pain. later found to have 2 fractured fingers. Had his own Bioptron so used orange, purple and Bioptron. Played the next weekend.

Heidi Dobbie  
Bioptron Therapist  
Works on a polo farm