

HUSBAND'S STRAIN INJURY OF THE ELBOW

Bioptron Light Therapy Treatments for the Family

By Kathy Drake, Pukekohe

I purchased my Bioptron Light from Mirjana Arlov in November 2005 after a demonstration my husband and I attended while at Equitana in Melbourne. At that point my husband had a repetitive strain injury of his elbow which was not improving with other methods of treatment, but after 3 days of treatment while at Equitana it was well on the way to recovery. I also had a mare at home who had recently gone unsound from thickening of her palmer annular ligaments on both front legs so I was keen to see if this treatment would help.

I am now at the point where I simply could not live without my Bioptron Light. It came with initial training from the lovely Mirjana, followed up by a weekend Mirjana's Equine Bioptron course which I attended and from there it was a case of experimenting, reading anything I could get my hands on and ringing Mirjana with endless queries which she so patiently answered. This all started me down a new path of enlightenment into the world of Chinese medicine and alternative treatments and I am experimenting with fields that I hardly knew existed - let alone had any faith in before with some wonderful results. I am also finding that each step along the way opens new doors for me to explore and I recommend this journey to anyone with an open mind. The Chinese medicine principles help me expand the field of use of the Bioptron. I tend to use the coloured light filters more than the broad-spectrum light and have had some fantastic results.

The whole family has benefited - as have the odd friend or family member who happen to cross my path.