

# TORE LIGAMENT OVER ANKLE BONE

On Thursday, in an accident while loading horses onto the horse float, I tore a ligament over the ankle bone and broke the tip of the tibia bone. On Friday, when I arrived at Taupo, I could not move my toes and I had significant swelling.

Immediately after Bioptron Light and Colour Therapy treatment, I could wiggle my toes with no pain. That night I continued to improve until I felt I could walk on it!

By Saturday morning I could wiggle and move the whole ankle without pain.

K.M.  
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Equestrian Centre  
Taupo