

# HYPERLIGHT TECHNOLOGY

PATENTE

MEDICAL DEVICE

Wound Healing Pain Treatment Dermatological Disorders and Skin Problems Seasonal Affective Disorders (SAD) NON-INVASIVE NO SIDE EFFECTS FOR CHILDREN AND ADULTS



MEDICAL DEVICE - (93/42/EEC)
CLINICALLY
TESTED

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# **TECHNICAL CHARACTERISTICS**

The three models of Bioptron devices - Bioptron MedAll, Bioptron Pro 1 and Bioptron 2 - differ in size, design and settings, but are featuring identical physical characteristics of light.

- Polarized: >95% polarized light ensures optimal body penetration.
- Polychromatic: includes all beneficial effects of the whole visible and infrared radiation spectrum (wavelengths from 350 to 3400 nm for MedAll and Bioptron Pro 1 and 480-3400 nm for Bioptron 2 excluding the harmful UV light).
- Incoherent: ensures a safe application.
- Low energy: allows precise, safe, consistent and steady dosing of light.

#### BIOPTRON MEDALL



BIOPTRON PRO 1
WITH TABLE STAND





Light Intensity

Specific Power Density

**CE Labelling** 

**Light Energy per Minute** 

, , , , , , , , , , , , , , , , , , , ,	3 3
Filter Diameter Aprox.	
Bioptron MedAll	5 cm
Bioptron Pro 1	11 cm
Bioptron 2	15 cm
Power Supply	
Bioptron MedAll	20 W
Bioptron Pro 1	50 W
Bioptron 2	75 W
Rated Power of Halogen	
Bioptron MedAll	20 W
Bioptron Pro 1	50 W
Bioptron 2	75 W
Weight	
Bioptron MedAll (without stand)	1.4 kg
Bioptron MedAll (with stand)	2.91 kg
Bioptron Pro 1 (with table stand)	4.6 kg
Bioptron Pro 1 (with floor stand)	10.8 kg
Bioptron 2 (without stand)	4.8 kg
Bioptron 2 (with floor stand)	12 kg
Ambient Temperatures	
Operation	+10 °C to +30 °C
Storage	0 °C to +40 °C
Wavelength	480-3400 nm with edge filter
	350-3400 nm with H0 filter
Degree of Polarization	>95% (590-1550 nm)

~ 40 mW/cm<sup>2</sup>

**C**€<sub>1639</sub>





For further information scan the QR code

### **BIOPTRON HYPERLIGHT THERAPY IN WOUND CARE**

Our multiple clinical trials in regenerative medicine show that the use of Bioptron Hyperlight therapy greatly enhances the processes of tissue regeneration, resulting in a faster closing of the wounds with minimal scarring. In addition, Bioptron Hyperlight Therapy reduces the costs of wound care/dressings, shortens hospital stays and relieves the pain and inflammation during the whole healing process.

- venous leg ulcers (8, 33, 34, 44, 76)
- pressure ulcers (6, 8, 12, 13, 19, 31, 42)
- foot ulcers (21, 47, 77)
- burns (2, 50, 52, 83, 84)
- grafting (50)
- post-surgery wounds (5, 10, 16, 40, 46, 49, 51, 65, 66)
- injury (3,5,22, 53, 61)

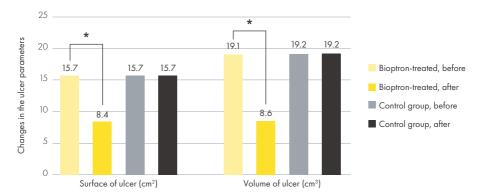


Figure 1. Changes in ulcer parameters in patients treated (n=15) and not-treated (n=15) with Bioptron Hyperlight devices (Al-Kader et al., 2015) <sup>(6)</sup>.

In patients with pressure ulcers treated with Bioptron Hyperlight Therapy, the ulcer surface and volume were significantly reduced after 4 weeks, 10 min/session, twice a day.



Photo 1. Pressure chronic ulcer treated with Bioptron 10 min/day (Patient testimonial, 2019).



**Photo 2.** Venous chronic ulcer treated with Bioptron 10 min/day. Between day 21 and 42 the treatment was not applied (Patient testimonial, 2019).

### BIOPTRON HYPERLIGHT THERAPY IN PAIN RELIEF

#### RHEUMATOLOGY AND CHRONIC PAIN

Bioptron Hyperlight Therapy helps to alleviate pain and disability in patients suffering from various forms of rheumatism, in combination with other pharmacological and physical treatments:

- Decreases or relieves pain or discomfort around one or more joints
- Decreases movement-evoked pain in the affected area(s)
- Decreases the inflammation in the affected area(s)

Bioptron Hyperlight Therapy can be used in clinics and hospitals, but it is also supportive for home use to control the pain in patients with rheumatic disease and chronic pain. Patients are able to treat themselves everyday in their own homes, even during their vacations, thus increasing adherence and commitment to treatment.

The multiple clinical trials of Bioptron Hyperlight Therapy medically certified its effectiveness in patients with:

- Rheumatoid arthritis (7, 26, 35)
- Osteoarthritis (4, 43)



Figure 2. Changes in VAS parameters in patients suffering from osteoarthritis treated (n=34) and not-treated (n=30) with Bioptron Hyperlight devices (Abramovich et al., 2020) <sup>(4)</sup>.

Patients treated with Bioptron Hyperlight Therapy reduced their pain values and improved their motion. Treatment during 2 weeks, 6 min/session, 5 times a week.

#### PHYSIOTHERAPY AND SPORTS MEDICINE

Bioptron Hyperlight Therapy is compatible with other treatment protocols, being a part of the integral interdisciplinary therapy to accelerate and optimize the rehabilitation of patients. Thanks to the synergic actions, Bioptron devices help patients by promoting their recovery and boosting overall wellness, and support the athletes to shorten the healing time after various sport injuries.

Bioptron Hyperlight Therapy helps the patient during the recovery period and accelerates the healing process by:

- Accelerating tendon and muscle regeneration
- Improving muscle tensile strength
- Reducing inflammation and swelling
- Relieving pain or decreasing its intensity
- Increasing the range of motion in the affected body regions

Bioptron is used in many hospitals and clinics as a certified medical device for treatment of patients and athletes with:

- Low back pain (45, 64)
- Neck and shoulder pain (11)
- Carpal tunnel syndrome (60, 74)
- Tendinopathies in several joints (69, 70, 71, 72, 73, 75)
- Musculoskeletal injuries (sprains, strains) (58, 82)
- Post-surgery pain (10)

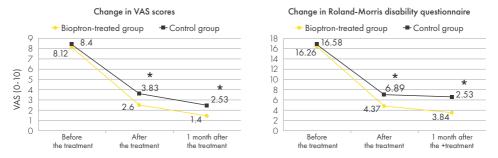


Figure 3. Changes in VAS parameter and Roland-Morris questionnaire (self-rated physical disability caused by low back pain) in patients suffering from low back pain treated (n=30) and not-treated (n=30) with Bioptron Hyperlight devices (Myhailova et al, 2017)<sup>[45]</sup>.

Patients treated with Bioptron Hyperlight Therapy reduced their pain values and improved their quality of life significantly more than patients not treated with Bioptron.

Treatment during 4 weeks, 10 min/session/day.

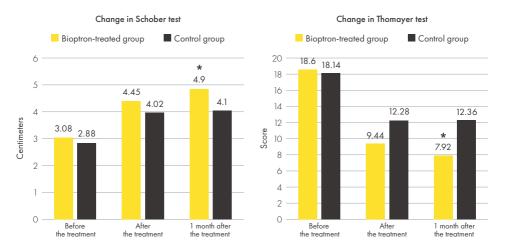


Figure 4. Changes in Schober (measures the flexion of the lumbar spine) and Thomayer tests (declination of the body) in patients suffering from low back pain treated (n=30) and not-treated (n=30) with Bioptron Hyperlight devices (Myhailova et al, 2017) [45].

Patients treated with Bioptron Hyperlight Therapy improved significantly their capacity to flex and declinate the body, improving overall mobility compared with patients not treated with Bioptron Therapy during 4 weeks, 10 min/session/day.

# BIOPTRON HYPERLIGHT THERAPY IN DERMATOLOGY & SKIN DISEASES

Bioptron Hyperlight Therapy is easy, painless and simple, intended to promote skin healing and reduce the pain and discomfort associated with various skin disorders, by:

- Promoting the skin regeneration process by stimulating fibroblast proliferation and migration
- Increasing collagen production
- Improving microcirculation
- Decreasing the inflammation, rashes and redness
- · Relieving the pain and discomfort
- Reinforcing the immune system to help the body to fight against external agents

Bioptron Hyperlight Therapy can be used alone or in combination with other treatments as a part of integral treatment aiming to improve patients' quality of life.

Bioptron Hyperlight devices can be used in clinics, but also by patients themselves in their homes, providing easy treatment and patient adherence that ensures its efficacy. The multiple synergic cellular effects of Bioptron Hyperlight Therapy turn Bioptron into the perfect ally in treatment of:

- Acne (rosacea) (14,29)
- Psoriasis (20, 57, 78)
- Atopic dermatitis/ eczema (41, 43, 48)
- Herpes simple & zoster (9, 38).









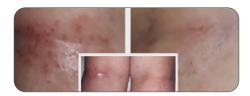
Before treatment

After 10 days

After 14 days

After 26 days

Photo 3. Acne vulgaris (Bioptron Hyperlight Therapy 10 min/day) (Patient testimonial, 2019).





Pre treatment: left and right leg close ups

Post treatment

**Photo 4.** Eczema/ dermatitis (before and after 8 weeks of treatment, Bioptron Hyperlight Therapy 10/min day (Leguina-Ruzzi et al, 2019) [41])

## **BIOPTRON HYPERLIGHT THERAPY IN ANTI-AGING**

Bioptron Hyperlight has multiple effects that make it unique in the prevention of skin aging, improving skin tone, reduction of wrinkles and maintaining a youthful skin\*.

#### Bioptron Hyperlight Therapy:

- Promotes the production of collagen
- Improves skin density
- Decreases fine lines and wrinkles
- Increases skin thickness
- Improves skin texture, for firmer and smoother skin
- Restores the natural luminosity of the skin

Bioptron Hyperlight Therapy can be used as a part for daily anti-aging routine, in combination with other serums and creams.

Bioptron is a powerful tool when combined with other anti-aging procedures by decreasing the rash and redness at injection sites, avoiding inflammation, but also potentiating and prolonging the effects of the following techniques:

#### Facial and Hair Microneedling

- Mesotherapy/Biorevitalization
- Hyaluronic Acid (HA) Fillers
- Botox
- Collagen injections
- Platelet Rich Plasma (PRP) Therapy
- Mesothreads
- Derma rollers
- Various peels

#### Facial Rejuvenation, Body Treatments

- Fractional CO2 Laser
- Laser varicose vein ablation
- Laser ND-YAG
- Cellulite treatment





**Photo 5.** Mesotherapy treatment followed by 10 min of Bioptron Hyperlight Therapy





Before

After

Bioptron Hyperlight Therapy is the perfect ally for post-surgery aesthetic procedures. It will decrease edema and inflammation, promote skin regeneration and relieve the pain during the whole process. The patients will recover faster thanks to Bioptron Hyperlight Therapy.





**Photo 6.** In each pair of images left photo shows one side of the face treated with Bioptron for 5 and 7 days respectively (Colic et al., 2004) <sup>[16]</sup>.

<sup>\*</sup>Disclaimer: cosmetic effects.

# BIOPTRON HYPERLIGHT THERAPY IN SEASONAL AFFECTIVE DISORDER (SAD)

It is accepted by scientific community that SAD is caused by the lack of light, due to shorter days and decrease in sunlight exposure. The decrease in light reception will cause an imbalance in the secretion of specific neurotransmitters in the brain, affecting sleep-wake cycle and other mechanisms.

The main treatment for SAD is bright light therapy, such as Bioptron Hyperlight Therapy. The increased light levels may compensate the decrease of sunlight, helping the patients to:

- Decrease their depression symptoms
- Increase motivation
- Improve sleep duration

Bioptron Hyperlight Therapy has no side-effects, thus the patients can stop using it during spring and summer without side effects. Bioptron Hyperlight Therapy devices provide more than 10,000 lux (indoor light is around 500 lux; midday summer sunlight can reach 50,000 lux), ideally dosed to treat SAD.

Apply Bioptron Hyperlight Therapy pointing towards your forehead, while taking breakfast, reading the news or working on your computer, as explained in the flipchart below, to make the most of your winter.

- 20-40 min. = 20 cm distance
- 40-60 min. = 30 cm distance
- 60-120 min. = 40 cm distance

# BIOPTRON HYPERLIGHT THERAPY IN CHILDREN AND NEWBORNS

Few medical devices are designed and marketed specifically for children. Children and newborns have special needs and require appropriate healthcare adapted to them. Bioptron Hyperlight Therapy is a safe medically certified device to be used in children and newborns, to respond specifically to their needs.

Bioptron Hyperlight Therapy can be used in children to reduce the pain and promote healing. Bioptron is especially useful for treatment of:

- Pediatric dermal affections (2)
- Endogenous eczema
- Upper respiratory tract infections (36, 37)
- Allergic respiratory diseases (43)
- Pediatric musculoskeletal disorders (83, 84)

#### In newborns

Dermal problems (e.g. phlebitis, decubitus, intertrigo)

Treatment of children under 6 years old must be performed under supervision of a physician. Do not apply in eye area and use blindfold included with the device.



# **BIOPTRON HYPERLIGHT THERAPY IN MUCOSAL LESIONS**

Bioptron® Hyperlight Therapy has proven its high effectiveness in a wide range of applications in oral mucosal lesions, alleviating inflammation, swelling and pain. Bioptron Hyperlight Therapy is an exceptional technology that offers an effective and economical treatment for different mucosal lesions <sup>(53, 54, 55, 56, 59)</sup>.

# **HOW TO USE IT**

Bioptron® Hyperlight should be used as it is described in the "Instructions For Use" brochure included with each device.

Each session of Bioptron Hyperlight Therapy lasts between 4 and 10 minutes, once or twice a day. The therapy is non-invasive. Bioptron device should be positioned at 10 cm distance from the area to be treated. Bioptron Hyperlight devices can be easily used for several patients within the same day. Bioptron Hyperlight Therapy can be used for as long as needed until the medical problem is solved.

#### **BIOPTRON MEDALL**



Step 1
Carefully clean the area to be treated.



Set the treatment time with +/- buttons.



**Step 3**Adjust the device according to your needs.



Step 4 Hold the device at 90°, at a distance of 10 cm from area to be treated.



**Step 5**Press Start. Relax. Light will switch off automatically at the end of countdown.



Step 6
Treat target skin areas one by one.

#### **BIOPTRON PRO 1 AND B2**



Step 1
Carefully clean the area to be treated.



Step 3
Set the treatment time with +/- buttons.



GIOPTRONES

#### Step 2

Hold the device at 90°, at a distance of about 10 cm from area to be treated.

#### Step 4

Press start. Treatment starts. Light will switch off automatically at the end of countdown.

# MORE ABOUT THE CELLULAR MECHANISMS TRIGGERED BY BIOPTRON HYPERLIGHT

The unique synergic combination of cellular processes triggered by Bioptron offers an effective healing in wound care, pain relief and dermatology disorders:

- Stimulates regenerative processes by increasing collagen production, keratinocyte and fibroblast proliferation (31, 62, 76)
- Increases release of growth factors (79)
- Favorizes microcirculation and improves local blood supply [27,63]
- Increases anti-inflammatory cytokine secretion and reduces the release of pro-inflammatory ones [24, 25, 80, 85, 86]
- Reduces the release of chemical messengers that stimulate nociceptors, boosting the release of the body's natural pain-killing agents (15,63).

INDICATION FOR USE	SPECIFIC PROBLEMS/SYMPTOMS	TRI	EATMENT	SUGGESTED APPLICATION SITES
		WOUND HEALING		
Wounds after trauma or surgery	Cuts Bruises Pain around the area	2-8 min/ session, 10 cm distance 1-2 sessions/day As long as required	At the site of the trauma	Example: injury to hand
Burns	Pain around the area Tissue healing	2-8 min/session, 10 cm distance 1-2 sessions/day As long as required	At the site of the burn	Example: injury to hand
Skin grafts	Pain around the area Tissue healing	2-8 min/session, 10 cm distance 1-2 sessions/day As long as required	At the site of the skin graft	
Venous leg ulcers (stasis ulcers)	Pain around the area Tissue healing	2-8 min/session, 10 cm distance 1-2 sessions/day As long as required	At the site of the ulcer. Repeat same treatment on each ulcer if there are several.	
Decubitus (pressure ulcers)	Pain around the area Tissue healing	2-8 min/session, 10 cm distance 1-2 sessions/day As long as required	At the site of the ulcer. Repeat same treatment on each ulcer if there are several.	
Diabetic foot ulcers	Pain around the area Tissue healing	2-8 min/session, 10 cm distance 1-2 sessions/day As long as required	At the site of the ulcer. Repeat same treatment on each ulcer if there are several.	

INDICATION FOR USE	SPECIFIC PROBLEMS/SYMPTOMS	TR	EATMENT	SUGGESTED APPLICATION SITES
		PAIN RELIEF		
Rheumatoid arthritis	Pain in any joint of the body	4-10 minutes 10 cm distance 1-2 sessions/day As long as required	At the painful site. Repeat same treatment on each affected joint.	
Arthritis	Pain in any joint of the body	4-10 minutes 10 cm distance 1-2 sessions/day As long as required	At the painful site. Repeat same treatment on each affected joint.	
Osteoarthritis	Pain in any joint of the body	4-10 minutes 10 cm distance 1-2 sessions/day As long as required	At the painful site. Repeat same treatment on each affected joint.	
Low back pain	Pain and stiffness on the back	4-10 minutes 10 cm distance 1-2 sessions/day As long as required	At the painful site.	
Shoulder and neck pain	Pain and stiffness on the shoulder or neck	4-10 minutes 10 cm distance 1-2 sessions/day As long as required	At the painful site.	
Scar tissue	Pain	4-10 minutes 10 cm distance 1-2 sessions/day As long as required	At the scar tissue site.	
Musculoskeletal injuries	Pain	4-10 minutes 10 cm distance 1-2 sessions/day As long as required	At the painful site	
Carpal tunnel syndrome	Pain, tingling	4-10 minutes 10 cm distance 1-2 sessions/day As long as required	On the wrist	
		DERMATOLOGY		
Atopic dermatitis (Eczema)	Alleviate eczema patches	4-10 minutes 10 cm distance 1-2 sessions/day As long as required	On the affected region	

INDICATION FOR USE	SPECIFIC PROBLEMS/SYMPTOMS	TRE	ATMENT	SUGGESTED APPLICATION SITES
Acne vulgaris	Alleviate acne lesions	4-10 minutes 10 cm distance 1-2 sessions/day As long as required	On the affected region	
Psoriasis	Alleviate psoriasis lesions	4-10 minutes 10 cm distance 1-2 sessions/day As long as required	On the affected region	
Herpes simplex (cold sores)	Alleviate discomfort	4-10 minutes 10 cm distance 1-2 sessions/day As long as required	On the affected region	
Herpes zoster	Alleviate discomfort	4-10 minutes, 10 cm distance 1-2 sessions/day As long as required	On the affected region	
Superficial bacterial infections	Alleviate discomfort	4-10 minutes, 10 cm distance 1-2 sessions/day As long as required	On the affected region	
Mucosal lesions (skin or oral mucosa)	Alleviate discomfort Oral mucosa: mucositis, oral pain, peri-implantitis	4-10 minutes, 10 cm distance 1-2 sessions/day As long as required	On the affected region	
	SEASONA	L AFFECTIVE DISOR	DER (SAD)	
SAD	Low mood Anhedonia Increased need for sleep	20-40 min. exposure at 20 cm distance or 40-60 min. exposure at 30 cm	With the light spot on the forehead or side 0 cm of the skull. Avoid the eyes and surroundings areas	- July
	Severe tiredness	distance or  60-120 min. exposure at 40 cm distance.		4 8
PEDIATRICS BLINDFOLD USE MANDATORY, ASK YOUR DOCTOR BEFORE USE				
Dermatological disorders	Such as atopic dermatitis, psoriasis, superficial bacterial infections, acne, mucosal lesions, Herpes simplex and Herpes zoster	2-4 minutes, 10 cm distance 1-2 sessions/day	At the lesion site	
Allergic respiratory diseases	Such as asthma	2-4 minutes, 10 cm distance 1-2 sessions/day	On the chest	

INDICATION FOR USE	SPECIFIC PROBLEMS/SYMPTOMS	TREATMENT		SUGGESTED APPLICATION SITES
Infections of the upper airways	Such as common cold, sinus infections and tonsillitis	2-4 minutes, 10 cm distance 1-2 sessions/day	On the chest	1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 -
Minor injuries	Wounds, bruises, rashes, edema, redness and burns	2-4 minutes, 10 cm distance 1-2 sessions/day	At the lesion site	
Muscle and joint disorders	Such as juvenile arthritis	2-4 minutes, 10 cm distance 1-2 sessions/day	At the lesion site	
Sports injuries	Such as sprains, strains, contusions, tendonitis, ligament and muscle tears	2-4 minutes, 10 cm distance 1-2 sessions/day	At the lesion site	
ADDITIONAL INDICATIONS FOR NEWBORNS:				
Dermal affections	Such as intertrigo (diaper rash), omphalitis (infection of the umbilicus) and pustular rash	2-4 minutes, 10 cm distance 1-2 sessions/day	At the lesion site	



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## **COMPANY PROFILE**

Bioptron AG is a Swiss company that develops and manufactures medically certified light therapy devices. Over the past 30 years, Bioptron has become a global brand that stands for innovative non-invasive medical healthcare products, unrivalled in treatment of many medical conditions. BIOPTRON AG continues to invest in sophisticated research and new product development that is necessary to achieve optimal clinical effectiveness in light therapy treatments. Our vision is to empower people to self-care by taking charge of their health and the health of those they love. We provide safe, easy and effective health solutions to treat illness and improve lives. With our innovative products, we contribute to finding solutions for some of the major challenges of the modern healthcare.





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