

CLIENT CONSULTATION AND MEDICAL HEALTH FORM FOR MICROBLADING

Name: _____ DOB: _____ Best Phone Contact: _____

Address: _____ Email: _____

List any medications you have been taking in the past 6 months: _____

Have you received chemotherapy or radiation in the past year? _____

Have you ever had an allergic reaction to any of the following (please circle):

Latex	Lanolin	Vaseline	Medication	Metals	Hair Dyes
Foods	Lidocaine	Paints	Crayons	Glycerin	

Have you ever had a cold sore? Yes No

If yes, you must contact your physician for a preventative prescription capsule to prevent a cold sore.

Have you ever had one of the following (please circle):

Retin-A in last 2 wks	Anemia	Sensitivity to cosmetics	Prolonged bleeding	Diabetes
Trichotilomania	Epilepsy	Artificial Heart Valve	Low Blood pressure	High Blood Pressure
Haemophilia	HIV	Fainting spells or dizziness	Circulatory Problems	Hypertrophic scars
Liver Disease	Alopecia	Tumours, growths, cysts	Botox/filler injections	Chemical/laser peel in last 6 wks
Thyroid disturbances	Cancer	Keloid scars	Healing problems	AHA's in last 2 weeks
Hair Loss	Hepatitis	Do you scare easily?	Do you bruise/bleed easily?	Pregnant or nursing?

What are the main concerns relating to your eyebrows? _____

What would you like to improve about your eyebrows? Consider shape, color, density, thickness... _____

For therapist use – Note pigments, blades, techniques used for this client _____

Are you currently under the care of a physician? If yes, please explain: _____

Physician's Name _____

Do you take antibiotics when going to the dentist? If yes, why? _____

Are you currently taking medication that thins the blood? _____

Please read the following statements carefully. Microblading is a way of cosmetic tattooing, re-touch procedures may be required. A healing period of 6 weeks is required before a touch up procedure can be performed. On a rare occasion, the pigment may migrate under the skin. Procedure of microblading may be slightly uncomfortable. The pigments will fade. Immediately after the procedure, the pigment can appear 30-50% darker than the desired result. Although extremely rare, there might be an immediate or delayed allergic reaction to pigment. A negative patch test result does not guarantee that you will not develop an allergic reaction after the full procedure. Allergic reactions to anesthetic can occur. Permanent cosmetics cannot be applied if you are pregnant or nursing, or anyone under the age of 18. Infections can occur if aftercare instructions are not followed correctly. There may be swelling and redness following the procedure. You may experience minor bleeding. If you have an MRI scan within 3 months after microblading procedure, you should notify/discuss with your doctor. Possible scarring may occur, but is extremely rare.

I have received after care information and I'm fully aware of the after care procedures. Yes No

I fully understand the information provided above & confirm that all info provided by me is correct and truthful.

Client's Name _____ Client's signature _____ Date _____

Technician's Name _____ Technician's signature _____ Date _____

MICROBLADING PRE PROCEDURE ADVICE

Please read the following advice carefully and sign at the end

- Microblading procedure normally requires multiple treatment sessions. For best results, clients will be required to return for at least one re-touch appointment. This will take place between 6-8 weeks after the initial procedure. Those with oily skin may require an additional touch up. Please be aware that color intensity will be significantly darker and sharper immediately after the initial procedure and will reduce by 30-50%.
- Although numbing cream is used during the procedure, slight sensitivity/discomfort may still be felt by sensitive clients. Delicate or sensitive skin may be red and/or swollen after the procedure.
- Please wear your normal make up on the day of your procedure.
- Please do not drink alcohol 24 hours prior to the treatment.
- Where possible, try to avoid the following herbs and spices prior to your appointment:
Black pepper, Cardamom, any member of the Zingiberaceae (Ginger) family, Cayenne, Cinnamon, Garlic, Horseradish, Mustard
- A patch test will be performed, unless waived by client.
- Any brow shaping using waxing should be performed at least 48hrs before the procedure.
- Electrolysis treatment should be undergone no less than 5 days before the procedure.
- AHA products and retinoids should be avoided no less than 2 weeks prior to the procedure.
- Exfoliating treatments such as microdermabrasion should not be performed within 2 weeks prior to procedure.
- Chemical and laser peels should be avoided no less than 6 weeks prior to procedure.
- Please wait 2-3 weeks if you have had Botox injections before microblading.

Topical Anesthetic Advice

- **Allergic reaction** can occur from any anesthetics used during the procedure. If you do suffer from an allergic reaction, you should contact your doctor immediately. Allergic reaction response may show through redness, swelling, rash, blistering, dryness or any other symptoms associated with an allergic reaction.
- **Numbness** – We cannot accept responsibility if the area to be treated does not respond to the numbing cream. Each individual is different according to skin type. Some clients report the area to be completely numb, while others may experience some discomfort.
- **Procedure** – For microblading procedure, a numbing cream/gel is used. The products are formulated to be perfectly safe and can be purchased over the counter from any pharmacy/chemist. The anesthetic is placed over the treatment area for 20-30 minutes then carefully removed prior to treatment. As a result of the treatment, combined with the use of the anesthetic, you can expect to experience some redness/swelling that can last 1-4 days. You should always follow your post procedure advice and after care for the best results.

Contraindications for Microblading

- Liver disease – high risk of infection
- Compromised skin near brow area
- Cold sores/fever blisters – please take an anti-viral prior to treatment
- Hormone therapies – can affect pigmentation and/or cause sensitivity
- The following medical conditions require a note from your doctor giving consent
Diabetes Type 1 and 2, high blood pressure, auto-immune disease, thyroid / Graves' disease
Any other medical condition that causes slow healing or high risk of infection
- Pregnancy/Nursing
- Chemotherapy/Radiation

I have read and full understood the above information provided and any risks involved with the use of topical anesthetic and I therefore consent to the use of the anesthetic for the microblading procedure. I agree to follow pre- and post-procedure advice closely

Client Name _____ Signature _____ Date _____

Therapist's Name _____ Signature _____ Date _____

INFORMED CONSENT FOR MICROBLADING

I _____ am over the age of 18, am not under the influence of drugs or alcohol, am not pregnant or nursing and desire to receive the indicated semi-permanent pigmentation procedure. The general nature of cosmetic micro-pigmentation, as well as the specific procedure to be performed has been explained to me. **The microblading procedure requires 2 visits (in some cases more may be required). Scheduled appointments for the touchup procedure require 48 hours notice for cancellation or rescheduling and are NOT included in the original price. Initial touch-up should be within 6-8 weeks after the original procedure. If scheduled appointments are missed, an additional charge will be incurred.**

- » If an unforeseen condition arises in the course of the procedure, I authorize my therapist to use his/her professional judgment to decide what he/she feels is necessary under the given circumstances. I accept the responsibility for determining the color, shape and position of the microblading procedure as agreed during consultation. I fully understand and accept that non-toxic pigments are used during the procedure and that the result achieved may fade over a period of 1-3 years. Even once the color fades, pigment itself may stay in the skin indefinitely.
- » I have been informed that the highest standards of hygiene are met and that sterile, disposable needles and pigment containers are used for each individual client, procedure and visit.
- » I understand and accept that each procedure is a process requiring multiple applications of pigment to achieve desired results and that 100% success cannot be guaranteed during the first procedure. I understand that I may have to return for a repeated procedure.
- » The result of the procedure can be affected by the following: medication, skin characteristics (dry, oily, sun-damaged thick or thin skin type), personal pH balance of your skin, alcohol intake and smoking, post procedure after care.
- » Upon completion of the procedure there might be swelling and redness of the skin, which will subside within 1-4 days. In some cases, bruising may occur. You may resume normal activities following the procedure, however, using cosmetics, excessive perspiration and exposure to the sun should be limited until the skin has fully healed. Please see after care card for more details. The procedure results will look acceptable for you to appear in public without additional make-up on the brows.
- » I have been advised that the true color will be seen 1 month after each procedure, and that the pigment may vary according to skin tones, skin type, age and skin condition. I understand that some skin types accept pigment more readily and no guarantee on exact color can be given.
- » To my knowledge, I do not have any physical, mental or medical impairment or disability that might affect my well being as a direct or indirect result of my decision to have the procedure done at this time.
- » I agree to follow all pre-procedure and post-procedure instructions as provided and explained to me by the technician. Failure to do so may jeopardize my chances for a successful procedure. I can confirm that I have received a copy of after care details.

I have been informed of the nature, risks, and possible complications and consequences of permanent skin pigmentation. I understand the permanent skin pigmentation procedure carries with it known and unknown complications and consequences associated with this type of cosmetic procedure, including but not limited to: infection, scarring, inconsistent color, and spreading, fanning or fading of pigments. I understand the actual color of the pigment may be modified slightly, due to the tone and color of my skin. I fully understand this is a tattoo process and therefore not an exact science but an art. I request the semi-permanent skin pigmentation procedure(s) and accept the permanence of this procedure as well as the possible complications and consequences of the said procedure _____ (initial)

There is a possibility of an allergic reaction to numbing agent and/or pigments. A patch test is advisable however it does not ensure a client will not have an allergic reaction. I consent _____ (initial) or waive _____ (initial) the patch test. If waived, I release the technician from liability if I develop an allergic reaction to the pigment.

I understand that if I have any skin treatments, laser hair removal, plastic surgery or other skin altering procedures, it may result in adverse changes to my microblading procedure. I acknowledge some of these potential adverse changes may not be correctable. _____ (initial).

I certify that I have read and initialed the above paragraphs and have had explained to my understanding the consent and procedure permit. I accept full responsibility for the decision to have this cosmetic semi-permanent pigmentation work done. I, _____, give LIVIA LASTINE permission to perform my microblading procedure.

Client Signature _____ DOB _____ Date _____

Therapist's Name _____ Signature _____ Date _____

Microblading Patient Photo Release Agreement

Patient Name _____

I hereby consent to, and authorize the use by Livia Lastine of the specified microblading photographs and/or video; that is, photographs taken before, during and after my microblading procedure.

I understand that my identity will be protected and neither my full face nor my name will be used in conjunction with the photographs and/or video.

Livia Lastine has explained that all the photos and/or videos will be clinically appropriate and tastefully presented.

I have agreed on the photographs that Livia Lastine requests to be used and it is understood that these photos may be used on Livia Lastine's web site, social media accounts (Facebook, Instagram, Twitter), and in-office for demonstrational and promotional purposes. I understand that I am not entitled to compensation for these photos being used.

Should I desire to revoke permission for their use in the future, I understand that I must notify Livia Lastine in writing and allow 30 days to accomplish this removal.

I now release Livia Lastine, and anyone authorized by Livia Lastine, all personal rights and objections I have or may have to the above described uses of my photographs and/or videos. I have entered into this release freely or voluntarily, and agree to be bound thereby.

DATE

PATIENT SIGNATURE

DATE

TECHNICIAN/WITNESS SIGNATURE

Microblading After Care

Please follow these instructions for 10-14 days after the procedure to improve and prolong the results of Everlasting Brows.

I have applied a liquid barrier that will stay on and protect your brows. **Avoid getting anything on the brows, including water, except for washing as directed.** You may blot for the first few hours with sterile gauze to remove any excess fluids, if necessary.

Wash brows gently using a patting motion (not rubbing) once a day with antibacterial soap and apply after care product sparingly – only a super light layer is needed. This can be done the night of your procedure and continue daily until healed. Once healed, you may resume usual skin care.

DO NOT ALLOW THE BROWS TO GET WET other than washing once a day. Apply the balm provided a few times a day, very sparingly, with a clean cotton swab until completely healed to help with dryness. Do not pick or rub the brows. The flakes must fall off on their own or you will risk removing the color and possibly scarring.

- Do not soak the treated area in the bath, pool or hot tub. Refrain from swimming in salt water or a chlorinated pool until fully healed (30 days). No saunas or hot yoga for 30 days.
- When exercising, wear a sweatband to avoid sweat on brow area. **No exercise for 14 days.**
- Do not expose treated area to direct sunlight. After healed (30 days), use a sunscreen to avoid fading from the sun.
- Avoid touching your brows and be mindful of sleeping on your back until your brows have healed.
- **No makeup** should be applied directly on the brows during the healing process.
- Avoid wetting eyebrows during the healing process (if you find it difficult to avoid getting wet when showering, try taking a bath instead).
- Avoid sauna/steam rooms and sun beds during the healing process.
- **Do not touch, rub, pick or scratch** your brows following treatment or during healing process.
- You may find that your eyebrows will scab or become slightly dry following the treatment. If they itch, **DO NO SCRATCH** them. Just tap them to alleviate the itch.
- If your eyebrows get wet during the healing process, pat them dry with a towel, **DO NOT RUB.**
- Apply your healing balm according to your therapist's advice. If you have excessively oily skin, you may not need to use healing balm at all. For those with dry skin, balm can be used up to 3 times a day.
- Client can use Q-tip and soap and water to gently remove a previous layer of balm or to cleanse the eyebrows.
- A "touch up" session is usually needed 6 weeks after the procedure; please make sure you schedule this with your therapist.
- Avoid using daily skincare products directly on the eyebrows.
- If you are having an MRI scan, please inform your doctor that you have had microblading/semi permanent makeup done.
- If you are planning a chemical peel, or any other medical procedure, please inform therapist of the procedure you have had. Procedure should only be done once the healing process is complete.
- If you are due to give blood after the procedure, please inform your nurse about the microblading treatment you have had as this might alter the results.