

ANC-107 Smart Watch

USER MANUAL



Version 1.0

Please read the instruction carefully before use

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Get Started

Product parameters

Model	ANC-107
Pairing	Bluetooth 5.0; 10 m / 33 ft
Screen Type	1.83" IPS
Waterproof Level	IP68
Battery Capacity	230 mAh
Charging Time	2 hours
Working Time	15 days
Weight	37g / 1.3oz
Band Width	20 mm

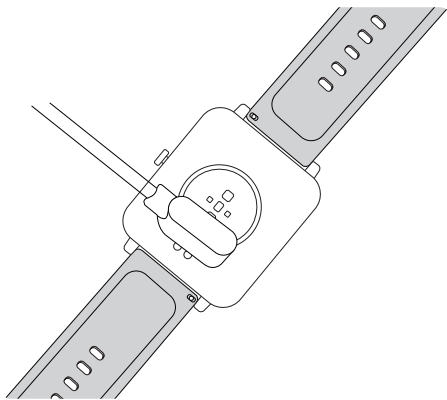


Set Up Your Watch

Charge your watch

NOTE: Please fully charge your watch before initial use.

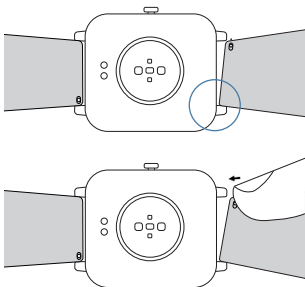
- 1.Plug the USB charging cable into the USB port of your computer or a UL-certified USB wall charger.
- 2.Hold the magnetic end of the charging cable to close to the port on the back of the watch until it adheres.



Attach / Remove your watch

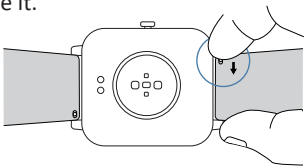
Attach

1. To attach a wristband, slide the pin (the side opposite the quick-release lever) into the notch on the watch.
2. While pressing the quick-release lever inward, slide the other end of the wristband into place.
3. When both ends of the pin are inserted, release the quick-release lever.



Remove

1. Turn over ANC-107 and find the quick-release lever.
2. While pressing the quick-release lever inward, gently pull the wristband away from the watch to release it.



Use Your Watch

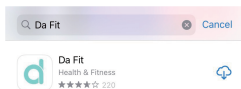
Watch Connection

1. Download the "Da Fit" app

- Search for "Da Fit" in the App Store or Google Play
- Scan the QR code below

NOTE:

- The "Da Fit" app is only compatible with smartphones, not tablets or PCs.
- Smartphone operating system should be iOS 9.0 / Android 5.0 or later.



2. Pair the watch with your phone

Please pair the watch with your phone with the "Da Fit" app, NOT through Bluetooth settings of your phone.

- Enable the Bluetooth of your smartphone.
- Open the "Da Fit" app and go to the "Device" page, tap "ADD A DEVICE", find the smart watch named "ANC-107" and connect it.

NOTE: The watch can only pair with one smartphone at a time. while pairing, Please make sure the watch didn't connected to another device.

Get to Know Your Watch

Watch interfaces

- Swipe down to enter Control Center;
- Swipe up to see the Menue;
- Swipe right to quickly check the weather and quick entry;
- Swipe left to the feature pages, including activity, sleep, heart rate, BP, SpO2, weather, etc.
- Long press the home page to change the watch face.



Icons introduction



Activity



Sleep



Heart Rate



Blood Pressure



SpO2



Sports Mode



Weather



Messages



Camera



Timer



Relax



Alarm



Music Player



Stop Watch



Flashlight



Find Phone

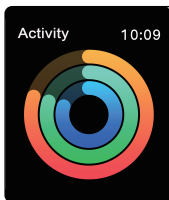


Game



Other

Main Features



Activity

Display your daily activity data, including steps, distance and calories.

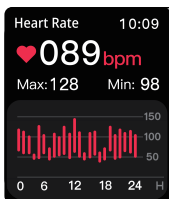
NOTE: Your daily activity resets to zero at midnight.



Sleep

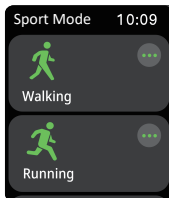
Track your sleep duration and quality to analyse comprehensively.

NOTE: Sleep stats reset to zero at 8:00 pm.




Heart Rate

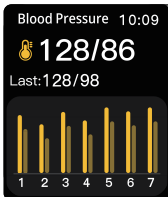
All day automatic monitoring of your heart rate, tap the screen to start measuring your heart rate.



Sports Mode

With 120 built-in sports modes, swipe down to tap the "+" sign to add more.

Click  to set the exercise goal you want to achieve.



Blood Pressure

Tap the screen to start measuring your blood pressure and record your last measurement.



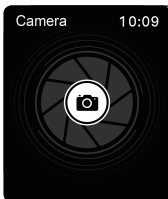
SpO2

Tap the screen to start measuring blood oxygen values.



Weather

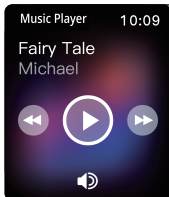
The weather is automatically synchronised when the app is connected and shows the last 6 days of weather conditions.



Camera

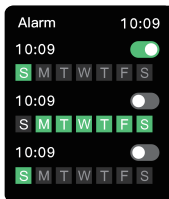
After connecting the app, you can remote control the camera on the watch.

NOTE: When using the camera, please open the "Da Fit" app.



Music Player

Automatically switch or pause music via the watch when the watch is connected to the app.



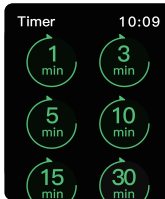
Alarm

Set up the alarm on the app, the device will vibrate to remind on time.



Stop Watch

Tap the start button on stopwatch page to start timing, and tap the stop button to stop timing.



Timer

Select the value you want to count down to, or customise the time you want.

Setting

- Display

- 1.Auto Sleep

Tap the "Auto Sleep" button to set the watch's screen-on time.

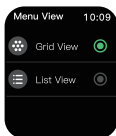
- 2.Menu View

In "Menu view", you could choose your preferred menu style.

- 3.In the "Display", you could also use the "Brightness" and "Watch Face" function.



Auto Sleep



Menu View



Brightness

- Vibration

You could set the vibration mode of the watch.

- Low Power Mode

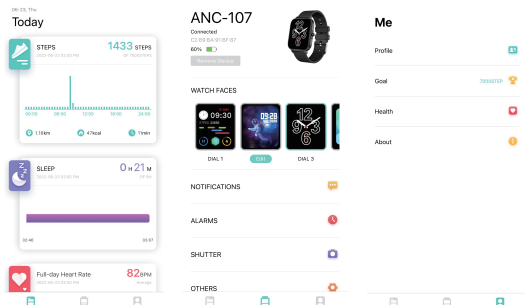
Enable this mode, it will turn off vibration / quick view, and turn down the brightness.

- More Setting

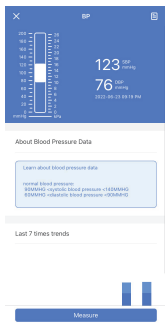
In "System", you could restart, power off and reset your watch.

Get to Know "Da Fit" App

APP interface

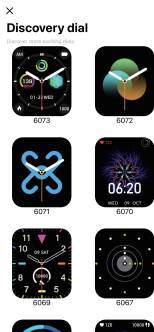
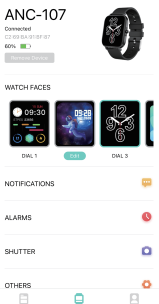


View data chart on app



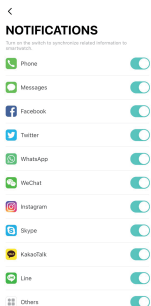
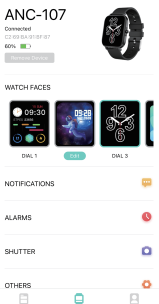
Watch faces

- Open APP-->WATCH FACES



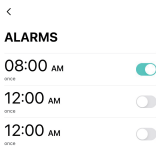
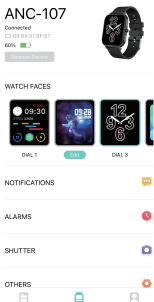
Notification

- Open APP-->NOTIFICATIONS-->Open the message reminder



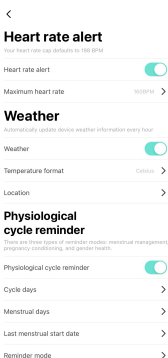
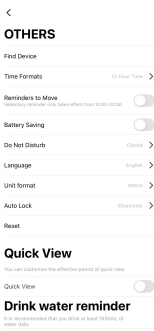
Alarm

- Open APP-->ALARMS



Other settings

- Open APP-->OTHERS



Notice

Warranty

- One year warranty for manufacturing defects.
- Any quality defects, contact us, you will get A Full Refund or A Free Replacement!

Important Instructions

Please read the safety guidelines on the following pages to ensure proper use and care.

- Do not expose your device to liquid, moisture, humidity or rain while charging, do not charge your device when it is wet, as this may result in electrical shock and injury.
- Do not expose your watch to extremely high or low temperatures.
- Do not use your device in a sauna or steam room.

Battery Warnings

A lithium-ion battery is used in this device. When using this smart watch, please observe the following guidelines for using batteries.

- Do NOT disassemble, modify, puncture or damage the device or batteries.
- Do NOT remove or attempt to remove the non-user-replaceable battery.
- Do NOT expose the device or batteries to fire, explosion, or other hazards.

Health Reminder

- If you have a pacemaker or other internal electronic device, consult your physician before using a heart rate monitor.
- The device is intended to be used only for general fitness purposes, not for medical purposes, and are not intended to prevent any disease or condition.
- No matter what the situation, if your skin feels uncomfortable, remove the watch.
- The smart watch relies on sensors to track your activities and body metrics, including step, sleep, heart rate, blood oxygen, and blood pressure. The data and information provided by these devices are maybe not completely accurate due to be limited by technology.

Maintenance

- Regularly clean your wrist and the smart watch, especially after sweating during exercise or being exposed to substances such as soap or detergent which may adhere to the internal side of the watch.
- Though the watch is waterproof, wearing a wet band is not good for your skin.
- Do not contact your device with any sharp objects, as this could cause scratches and other damage.

FAQs

Q: Why is failure to receive SMS / calls notification?

A: Calls / SMS notification function works when the watch connects to your smartphone via the app.

- Go to your smartphone setting, find the "Da Fit" app, enable the Notifications.
- Make sure the watch is connected with your smartphone.
- Open the app, find the "Notification", turn on the corresponding message reminder.
- Make sure the "Do Not Disturb" function is not enabled on the app and watch.

Q: How is the HR / BP / SpO2 measurement accuracy?

A: The measurement data will be affected by factors such as motion, watch placement on the wrist and skin condition, etc. These factors will cause fluctuations.

- When measuring, please bring the sensor close to the skin and contact well.
- Please keep the bottom of the sensor clean during measurement.
- The smart watch sensor isn't a medical device and won't be able to diagnose or monitor any medical conditions. If there is a problem with the measurement, we recommend you consult your doctor.



ANCwear®

Dear Customer,

Thank you very much for choosing our Smart Watch. ANCwear is always been committed to providing superior products and services. We hope that our products can not only meet your basic needs, but also bring more health and happiness to your life.

If you have any questions or suggestions regarding our products, please contact us! Highly appreciate getting your objective review. We will listen patiently and solve the problems whole heartedly.

Wish you all the best!

*Yours sincerely,
ANCwear Service Team*

Customer Support:



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