

# GOOD HOUSEKEEPING

BEST OF THE TEST

## COOLING PJ'S

*Lusomé*



### PRODUCT INFO

#### BEST OF THE TEST

Don't let the long sleeves and pants of the Donna Lusomé set fool you. GH testers agreed that the modal, polyester and spandex blend kept them cool all through the night. This luxe set was the winner at managing moisture and overall best of the test.

LUSOMÉ, [www.lusome.com](http://www.lusome.com)

### PROS

- Performed well in wash-testing and showed no signs of shrinkage after five cycles
- Consumer testers found them supersoft and said they helped keep them cooler at night

### LAB RESULTS

The Donna luxe set was the winner at managing moisture, according to a specialized machine that uses synthetic sweat to analyze fabric. Testers agreed that it kept them cooler, and one raved that these were so comfy, she couldn't wait to get home and change into PJ's.

#### BEST COMFORT

Made of a polyester microfiber fabric, Cool Jam's classic button-front set is a total staple. Opt for this short-sleeved-shirt-and-pants combo or try other variations, like long sleeves and shorts.

COOL-JAMS, [www.cool-jams.com](http://www.cool-jams.com)

- Comes in a range of styles and sizes up to 3X
- Testers rated it the best at regulating their temperatures throughout the night

The consumer tester favorite, these PJ's earned top reviews for comfort. Also, GH experts found them good at wicking away moisture. One tester said, "This set was so comfortable, and for someone who usually overheats at night, they were great."

#### MOST DURABLE

This flowy style from Softies wowed GH testers with its cooling fabric, which felt lightweight and soft. Not a fan of full-length PJ's? The same polyester, modal and spandex blend material comes in a long-sleeved nightgown too!

SOFTIES, [www.softiespjs.com](http://www.softiespjs.com)

- Held up best in durability tests (through it still pilled somewhat)
- Fabric wicked away moisture and dried quickly

GH Textile Lab pros were impressed by how durable this set was compared to the others we looked at. Testers rated the pieces comfy and ultrasoft and commented that they helped keep them cool. One even said they got rid of her night sweats!