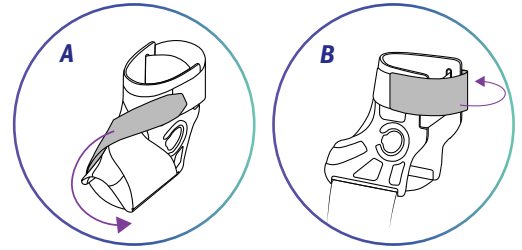


# THE VERO ANKLE FIT INSTRUCTIONS:

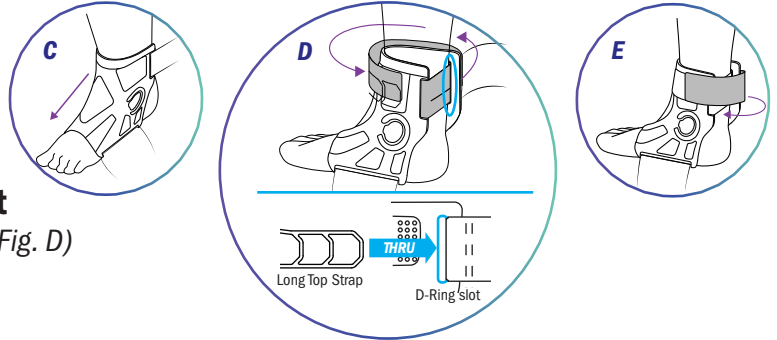
## 1 Remove Brace from Package:

Note what the completed brace looks like, this is how it will wrap your ankle. Unwrap figure 8 and top straps. (Fig. A-B)



## 2 Load Foot in Brace:

Slide foot through the back of the gray boot portion. Figure 8 straps lay flat underfoot. (Fig. C) Bring top strap through the slot (D-ring) and wrap around front. (Fig. D) Bring opposite strap from back and secure in front. (Fig. E)

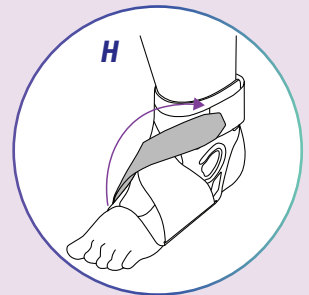
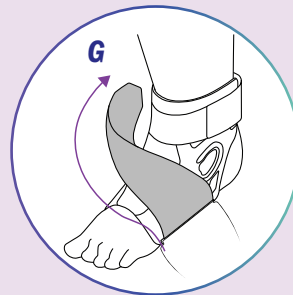
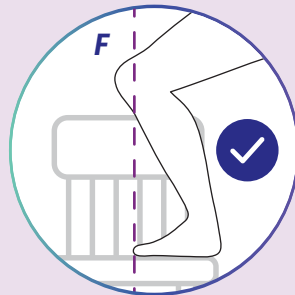


## 3 Secure Elastic Straps:

### **IMPORTANT! LEG ANGLE IS CRUCIAL FOR PROPER FIT**

First, place foot on a standard chair and move knee over toes for the proper angle. (Fig. F)

Second, snugly wrap figure 8 elastic straps and secure to top strap. (Fig. G-H)



### OPTIONAL CUSTOMIZATION:

Trim straps on compressed marks as needed for improved fit. (Fig. I)

Remove rigid stirrup as needed for greater ankle range of motion or trim the stirrup for better fit and comfort. (Fig. J-K)

