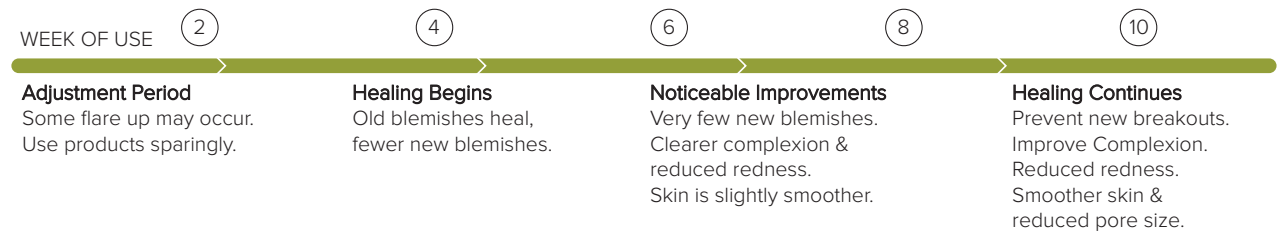


Be Patient.

Your acne won't clear up overnight. In fact, it could get a little worse before it gets better.



Less is More.

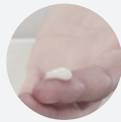
Using more product is not better. Actually, if you use too much product you'll probably make your skin worse. Start off slowly, using only a small amount of each product, especially the serums.

Be Gentle.

Irritation makes acne worse. The harder you rub and the more you touch, squeeze or poke, the more irritated your skin will get, and that means more acne. So be gentle with your skin at all times, especially when washing or applying products.

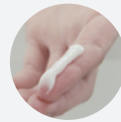
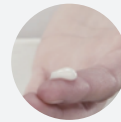
FOR DRY & SENSITIVE SKIN

If your skin gets too dry or red, use only a very small amount of **Acne Treatment Serum** or only use it every other day.



FOR OILY SKIN & STUBBORN ACNE

If your skin can handle it, build up how much **Acne Treatment Serum** you apply over a period of 2-3 weeks, eventually applying a half-finger length of serum. You may use it twice per day.



▶ For more detailed instructions, watch our Video Usage Guide at exposedskincare.com/usage.html

Morning Routine

Follow these directions carefully for best results. You should begin to see improvements after 10-14 days of use.



1

Facial Cleanser

Wet your face then work a small amount of Facial Cleanser into a lather in your hands. Gently massage into skin for 10-15 seconds, avoiding contact with eye area. Thoroughly rinse your face with lukewarm water. Dry your face by patting it with a clean absorbent towel.



2

Clearing Tonic

Use your bare hands to gently spread a small amount of Clearing Tonic over your face, avoiding your eye area.



3

Acne Treatment Serum

While your skin is still wet from Clearing Tonic, gently smooth a small amount of serum over entire blemish prone area, avoiding eye area. Let serum completely dry (3-5 minutes) before applying other products.

Evening Routine

1

Facial Cleanser

Follow the same guidelines as the morning routine.

2

Clearing Tonic

Follow the same guidelines as the morning routine.

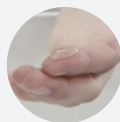
If you wear makeup, you can use a cotton pad.



3

Clear Pore Serum

While your skin is still wet from Clearing Tonic, gently smooth a small amount of serum over entire blemish-prone area, avoiding eye area. Let serum completely dry (3-5 minutes) before applying other products.



OPTIONAL

Moisture Complex

Can be used in the morning or evening. Once your face is completely dry, squeeze a small amount into hand and spread across fingers. Lightly pat onto skin, do not rub.