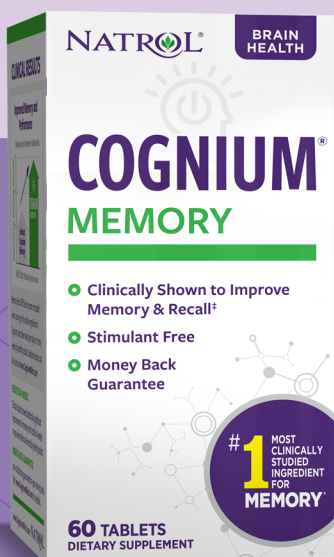
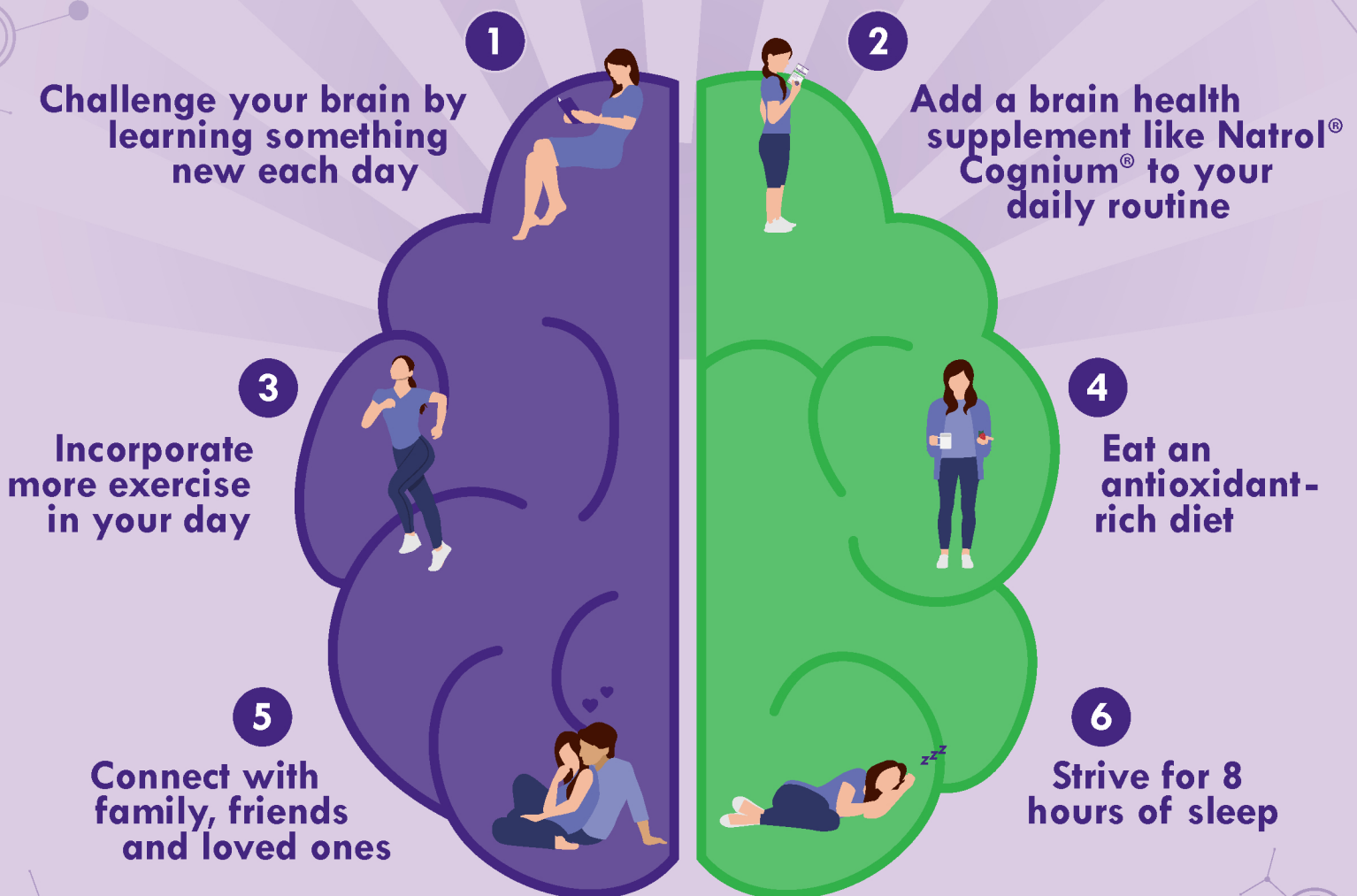


# 6 WAYS TO BOOST EVERYDAY BRAIN HEALTH

Dr. Mike Dow, Psy.D., Ph.D. and *New York Times* bestselling author of "Heal your Drained Brain," has 6 easy everyday tips that you can use to help improve your brain health.



## Benefits

- ✓ Improved memory and recall in healthy adults
- ✓ #1 clinically studied ingredient memory among leading brain health supplements
- ✓ Safe and stimulant free†