



Make Your Own Crazy Dough



Make your own soft play clay with this easy recipe!

You will need:

- 1 cup of plain flour • 1 cup of cold water • Half a cup of salt
- 2 tablespoons of cream of tartar • 1 tablespoon of oil • Food colouring
- Saucepan and wooden spoon • A grown up to help you



1 Get your ingredients ready.



2 Mix the salt, flour, cream of tartar and oil in a saucepan.



3 Mix the food colouring with the water, then pour into the saucepan and stir well.



4 Ask a grown up to heat the mixture on the the hob for 4 to 5 minutes, stirring continuously.



5 When the mixture becomes hard to stir, turn it out onto a surface and knead, (making sure it isn't too hot to touch).



6 Once your dough cools, it's ready to play with! Store in an airtight container when you have finished playing.

Encourages imaginative play and creativity

Develops motor skills and hand eye coordination

Benefits of playing with dough

Develops language development through questioning and describing

Fun!



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