

LACUNA

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# ABOUT

## LACUNA CLIMBING

la·cu·na | \lə-'kü-nə, -'kyü

**Lacuna Climbing** was created out of our many climbing trips to China where we discovered there were few options to obtain locally made climbing holds. With a strong sense of adventure and a good-old American "can-do" attitude, we moved to China and opened a climbing hold factory.

Teaming up with world-class shapers **Andy Nelson** and **Kegan Minock** we developed a full range of "fundamental" shapes dedicated to serving the Asia gym market. We hope you like the shapes and plastic we have developed and look forward to bringing more shapes in the future. Thank you for your support.

Lacuna Climbing was founded in Los Angeles by three long-time friends (Rob Ross, Ray Wu, Kelly Soohoo).

Our logo is inspired by Moon Hill in Yangshou, Guilin, China, and the waves of Southern California.



# SHAPING TEAM

## ANDY NELSON



Andy is a hold shaper based out of Minnesota, USA. In his 10 year shaping career, Andy has released over 2000 shapes. Besides shaping, Andy has been instrumental behind the scenes with the launch of Lacuna. Using his experience as owner of Method Grips to help get the company off to a strong start.

## KEGAN MINOCK



Kegan has been climbing for 19 years, a nationally certified Routesetter and has been shaping climbing holds for 8 years. He draws inspiration from the challenge of fusing the intricacies of outdoor climbing with the comfort and accessibility that climbing gyms offer. In his free time, he enjoys spending time with his wife and two boys.



# COLORS

## POLYURETHANE



## POLYESTER



# MATERIAL

### Polyurethane

All Lacuna holds are made out of polyurethane resin. PU compared to polyester resin is more resistant to breakage, comparably lighter, and able to achieve brighter colors.

### Polyester

Lacuna holds up to size XL are also available in polyester and feature a safety spring to safeguard the holds from bursting apart.

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# HOLLOWBACKS

Lacuna holds sized medium on up have hollow-backs to reduce weight and material. Lighter holds allow setters move more holds in less time and effort. It also allows us to reduce our pricing so you can get more hold for less.



# ATTACHMENT SYSTEM

The majority of Lacuna holds fit an M10 cap-head bolt and come with at least one wood screw hole for a secure double attachment. We advise using the extra wood screw hole to prevent the hold from spinning. Some Lacuna holds come with a dual-head washer to support M10 screws with both martini and cap-heads.



# HOLD SIZE REFERENCE







3XL.2

Shapes: 1  
Size: 3XL  
Type: Jugs  
Ref: LH034

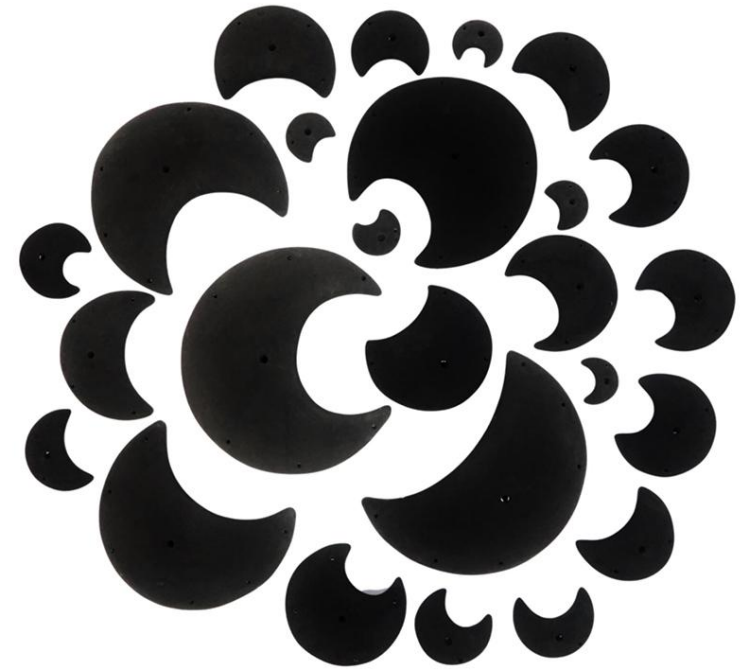


3XL.1

Shapes: 1  
Size: 3XL  
Type: Jugs  
Ref: LH033



# crescent jugs



Ranging from open-hand to roof jugs, this eye-catching line is fun from any angle.

Sets: 8  
Holds: 26



# XL

Shapes: 5  
Size: XL  
Type: Jugs  
Ref: LH037



# Medium

Shapes: 5  
Size: M  
Type: Jugs  
Ref: LH040



# 2XL.2

Shapes: 2  
Size: XXL  
Type: Jugs  
Ref: LH036



# Large.2

Shapes: 5  
Size: L  
Type: Jugs  
Ref: LH039



# 2XL.1

Shapes: 2  
Size: XXL  
Type: Jugs  
Ref: LH035



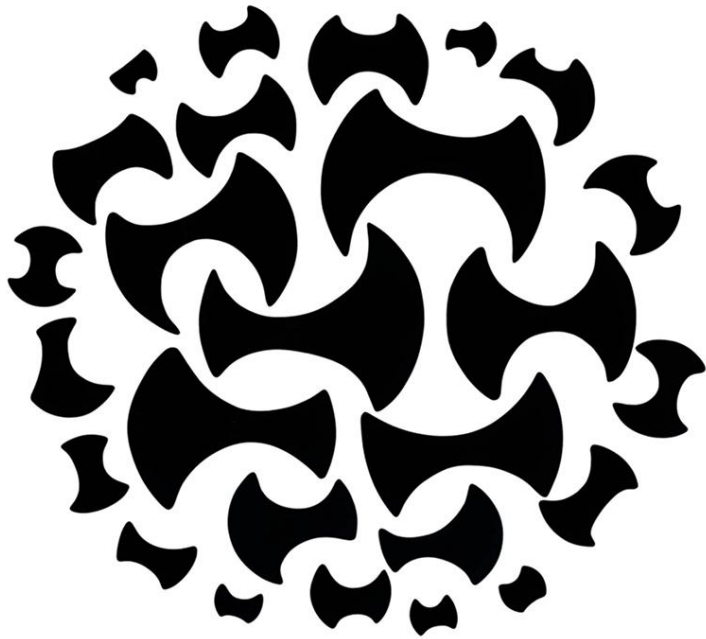
# Large.1

Shapes: 5  
Size: L  
Type: Jugs  
Ref: LH038





# crescent pinches



These Flat sided pinches vary in width throughout their length making them perfect for every hand size.

Sets: 8  
Holds: 26

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3XL.1

Shapes: 1  
Size: 3XL  
Type: Pinch  
Ref: LH041



3XL.2

Shapes: 1  
Size: 3XL  
Type: Pinch  
Ref: LH042

## Large.2

Shapes: 5  
Size: L  
Type: Pinch  
Ref: LH047



## Medium

Shapes: 5  
Size: M  
Type: Pinch  
Ref: LH048

## Large.1

Shapes: 5  
Size: L  
Type: Pinch  
Ref: LH046



## XL

Shapes: 5  
Size: XL  
Type: Pinch  
Ref: LH045

## 2XL.2

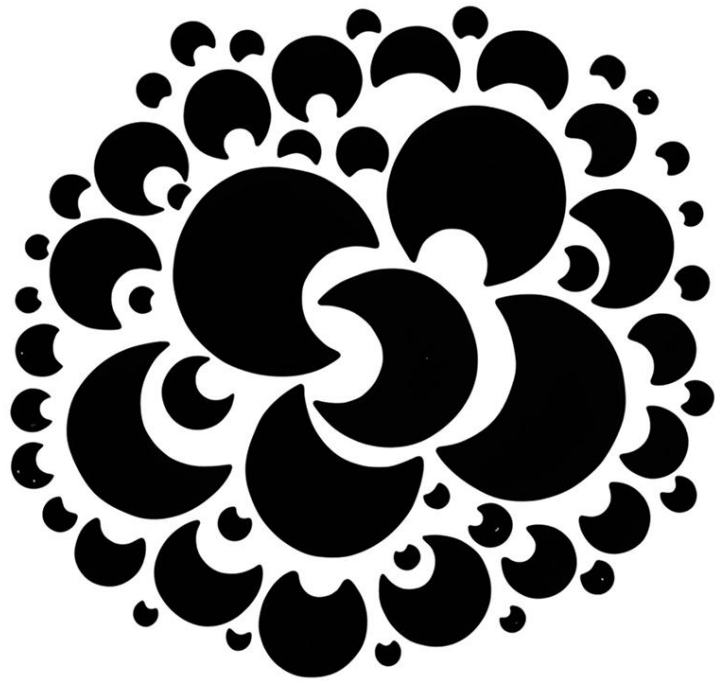
Shapes: 2  
Size: XXL  
Type: Pinch  
Ref: LH044



## 2XL.1

Shapes: 2  
Size: XXL  
Type: Pinch  
Ref: LH043

# crescent slopers



These challenging dishes require just the right amount of tension and contact strength.

Sets: 11  
Holds: 56

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3XL 1

Shapes: 1  
Size: 3XL  
Type: Sloper  
Ref: LH049





## 3XL.2

Shapes: 1  
Size: 3XL  
Type: Sloper  
Ref: LH050



## 2XL.1

Shapes: 2  
Size: XXL  
Type: Sloper  
Ref: LH051



## Large

Shapes: 5  
Size: L  
Type: Sloper  
Ref: LH054



## XL

Shapes: 5  
Size: XL  
Type: Sloper  
Ref: LH053



## 2XL.2

Shapes: 2  
Size: XXL  
Type: Sloper  
Ref: LH052



# Large

Shapes: 5  
Size: L  
Type: Sloper  
Ref: LH055



# Medium

Shapes: 5  
Size: M  
Type: Sloper  
Ref: LH056



# Feet.SO

Shapes: 10  
Size: Screw-On  
Type: Feet  
Ref: LH059



# Feet.M

Shapes: 10  
Size: M  
Type: Feet  
Ref: LH057



# Feet.S

Shapes: 10  
Size: S  
Type: Feet  
Ref: LH058



# irregular jugs

Finding the best spot to hold these irregular jugs can be tricky. But that is what makes them fun.

Sets: 8  
Holds: 31



## Large.2

Shapes: 5  
Size: L  
Type: Jug  
Ref: LH066



## Medium

Shapes: 10  
Size: M  
Type: Jug  
Ref: LH067



## XL

Shapes: 5  
Size: XL  
Type: Jug  
Ref: LH064

## Large.1

Shapes: 5  
Size: L  
Type: Jug  
Ref: LH065



## 2XL.2

Shapes: 2  
Size: XXL  
Type: Jug  
Ref: LH063

## 3XL.1

Shapes: 1  
Size: 3XL  
Type: Jug  
Ref: LH060



## 3XL.2

Shapes: 1  
Size: 3XL  
Type: Jug  
Ref: LH061



## 2XL.1

Shapes: 2  
Size: XXL  
Type: Jug  
Ref: LH062





# irregular pinches



Like the jugs, it is all about finding the best spot to grab these unique pinches.

Sets: 10  
Holds: 51



2XL.1

Shapes: 2  
Size: XXL  
Type: Pinch  
Ref: LH070



2XL.2

Shapes: 2  
Size: XXL  
Type: Pinch  
Ref: LH071



3XL.2

Shapes: 1  
Size: 3XL  
Type: Pinch  
Ref: LH069



3XL.1

Shapes: 1  
Size: 3XL  
Type: Pinch  
Ref: LH068

# XL

Shapes:5  
Size: XL  
Type: Pinch  
Ref: LH072



# Medium

Shapes:10  
Size: M  
Type: Pinch  
Ref: LH075



# Large.2

Shapes:5  
Size: L  
Type: Pinch  
Ref: LH074



# Screw-On

Shapes:10  
Size: Screw-On  
Type: Pinch  
Ref: LH077



# Large.1

Shapes:5  
Size: L  
Type: Pinch  
Ref: LH073



# Small

Shapes:10  
Size: S  
Type: Pinch  
Ref: LH076



# irregular slopers

These slopers prove that pulling straight down is not always the best approach. These holds will challenge climbers of all skill levels.

Sets: 8  
Holds: 31



## Medium

Shapes:10  
Size: M  
Type: Slopers  
Ref: LH085



## Large.1

Shapes:5  
Size: L  
Type: Slopers  
Ref: LH083



## Large.2

Shapes:5  
Size: L  
Type: Slopers  
Ref: LH084

## XL

Shapes:5  
Size: XL  
Type: Slopers  
Ref: LH082



## 2XL.1

Shapes:2  
Size: XXL  
Type: Slopers  
Ref: LH080

## 3XL.2

Shapes:1  
Size: 3XL  
Type: Slopers  
Ref: LH079



## 3XL.1

Shapes:1  
Size: 3XL  
Type: Slopers  
Ref: LH078



## 2XL.2

Shapes:2  
Size: XXL  
Type: Slopers  
Ref: LH081



# irregular crimps & feet

Fun, unique and functional. These smaller holds complete the Irregular series.

Series: 60 holds  
Sets: 6

## Small.1

Shapes:10  
Size: S  
Type: Crimp  
Ref: LH086



## Feet.M

Shapes:10  
Size: M  
Type: Feet  
Ref: LH090



## Small.2

Shapes:10  
Size: S  
Type: Crimp  
Ref: LH087



## Feet.S

Shapes:10  
Size: S  
Type: Feet  
Ref: LH091



## Screw-On

Shapes:10  
Size: Screw-On  
Type: Crimp  
Ref: LH088



## Screw-On.2

Shapes:10  
Size: Screw-On  
Type: Crimp  
Ref: LH089



# scratch incuts

Not true Jugs, these holds provide a bit more challenge while still being positive enough for beginners.

Sets: 8  
Holds: 31



## Medium

Shapes:10  
Size: M  
Type: Incut  
Ref: LH100



## Large.2

Shapes:5  
Size: L  
Type: Incut  
Ref: LH099

## 2XL.2

Shapes:2  
Size: XXL  
Type: Incut  
Ref: LH096



## XL

Shapes:5  
Size: XL  
Type: Incut  
Ref: LH097

## 3XL.2

Shapes:1  
Size: 3XL  
Type: Incut  
Ref: LH094



## 3XL.1

Shapes:1  
Size: 3XL  
Type: Incut  
Ref: LH093



## 2XL.1

Shapes:2  
Size: XXL  
Type: Incut  
Ref: LH095

# scratch ledges

Big flat open-handed ledges that are begging to be squeezed, pressed, and mantled.

Sets: 9

Holds: 49



3XL.1

Shapes:1  
Size: 3XL  
Type: Ledge  
Ref: LH102

3XL.2

Shapes:1  
Size: 3XL  
Type: Ledge  
Ref: LH103





## Large.2

Shapes:5  
Size: L  
Type: Ledge  
Ref: LH108



## XL

Shapes:5  
Size: XL  
Type: Ledge  
Ref: LH106



## 2XL.1

Shapes:2  
Size: XXL  
Type: Ledge  
Ref: LH104



## Small

Shapes:10  
Size: SMALL  
Type: Ledge  
Ref: LH101



## Medium

Shapes:10  
Size: M  
Type: Ledge  
Ref: LH109



## Large.1

Shapes:5  
Size: L  
Type: Ledge  
Ref: LH107



## 2XL.2

Shapes:2  
Size: XXL  
Type: Ledge  
Ref: LH105



# scratch pinches

Challenging sloped to flat-sided pinches in varying widths for every hand size.

Sets: 8  
Holds: 31

## Large.1

Shapes:5  
Size: L  
Type: Pinch  
Ref: LH115



## Medium

Shapes:10  
Size: M  
Type: Pinch  
Ref: LH117

## Large.2

Shapes:5  
Size: L  
Type: Pinch  
Ref: LH116



## XL.1

Shapes:5  
Size: XL  
Type: Pinch  
Ref: LH114

## 3XL.1

Shapes:1  
Size: 3XL  
Type: Pinch  
Ref: LH110



## 3XL.2

Shapes:1  
Size: 3XL  
Type: Pinch  
Ref: LH111



## 2XL.2

Shapes:2  
Size: XXL  
Type: Pinch  
Ref: LH113



## 2XL.1

Shapes:2  
Size: XXL  
Type: Pinch  
Ref: LH112

# scratch crimps & feet

Fun crimps, edges and feet that fill out this line very nicely.

Sets: 6  
Holds: 60

## Small.1

Shapes:10  
Size: Small  
Type: Crimps  
Ref: LH118



## Screw-On.2

Shapes:10  
Size: Screw-On  
Type: Crimps  
Ref: LH121

## Small.2

Shapes:10  
Size: Small  
Type: Crimps  
Ref: LH119



## Feet.S

Shapes:10  
Size: Small  
Type: Feet  
Ref: LH123

## ScrewOn.1

Shapes:10  
Size: Screw-On  
Type: Crimps  
Ref: LH120



## Feet.M

Shapes:10  
Size: Medium  
Type: Feet  
Ref: LH122





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# geo jugs

Fun Jugs highlighted by straight lines, interesting angles, and just the right amount of flair.

Sets: 6  
Holds: 25

## Large

Shapes:5  
Size: LARGE  
Type: JUGS  
Ref: LH192



## 3XL

Shapes:1  
Size: 3XL  
Type: JUGS  
Ref: LH195



## Small

Shapes:5  
Size: SMALL  
Type: JUGS  
Ref: LH190



## Medium

Shapes:5  
Size: MEDIUM  
Type: JUGS  
Ref: LH191



## XL

Shapes:5  
Size: XL  
Type: JUGS  
Ref: LH193



## 2XL

Shapes:4  
Size: XXL  
Type: JUGS  
Ref: LH194



# geo crimps

All the fun and aesthetic of the geo  
jugs and pinches but in crimps.

Sets: 6  
Holds: 25

## 2XL

Shapes:4  
Size: XXL  
Type: CRIMPS  
Ref: LH212



## 3XL

Shapes:1  
Size: 3XL  
Type: CRIMPS  
Ref: LH213



## Small

Shapes:5  
Size: SMALL  
Type: CRIMPS  
Ref: LH208



## Medium

Shapes:5  
Size: MEDIUM  
Type: CRIMPS  
Ref: LH209



## Large.1

Shapes:5  
Size: LARGE  
Type: CRIMPS  
Ref: LH210



## XL

Shapes:5  
Size: XL  
Type: CRIMPS  
Ref: LH211



# geo slopers

Flat-sided slopers with straight lines are perfect to line up with volumes and wall angles.

Sets: 6  
Holds: 25

## 3XL

Shapes:1  
Size: 3XL  
Type: SLOPERS  
Ref: LH201



## 2XL

Shapes:4  
Size: XXL  
Type: SLOPERS  
Ref: LH200



## Small

Shapes:5  
Size: SMALL  
Type: SLOPERS  
Ref: LH196



## Medium

Shapes:5  
Size: MEDIUM  
Type: SLOPERS  
Ref: LH197



## Large

Shapes:5  
Size: LARGE  
Type: SLOPERS  
Ref: LH198



## XL

Shapes:5  
Size: XL  
Type: SLOPERS  
Ref: LH199

# geo pinches

Flat-sided pinches with straight lines and angles similar to the geo jugs.

Sets: 6  
Holds: 25

## 2XL

Shapes:5  
Size: XXL  
Type: PINCHES  
Ref: LH206



## 3XL

Shapes:5  
Size: 3XL  
Type: PINCHES  
Ref: LH207



## Small

Shapes:5  
Size: SMALL  
Type: PINCHES  
Ref: LH202



## Medium

Shapes:5  
Size: MEDIUM  
Type: PINCHES  
Ref: LH203



## Large

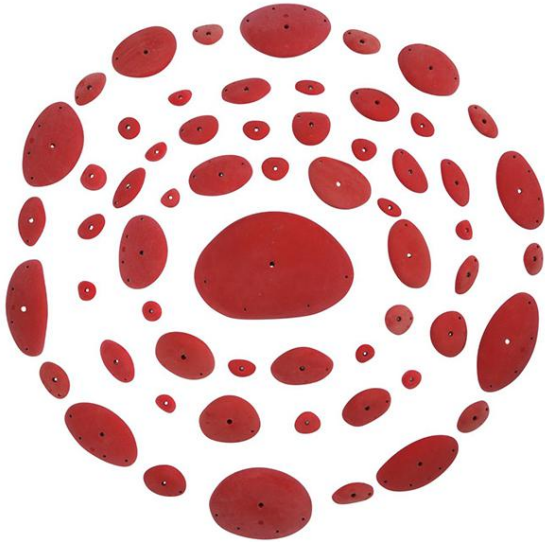
Shapes:5  
Size: LARGE  
Type: PINCHES  
Ref: LH204



## XL

Shapes:5  
Size: XL  
Type: PINCHES  
Ref: LH205

# disc jugs



Simple jugs with large radiuses. They can be challenging on steeper terrain.

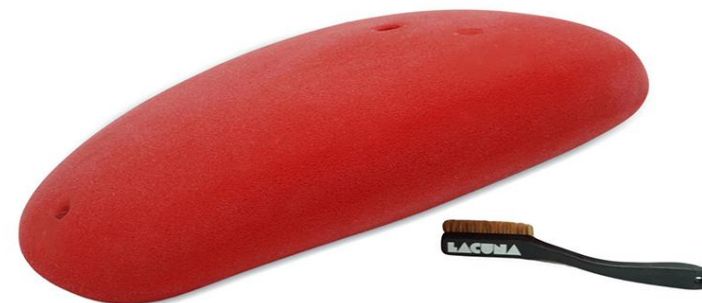
Sets: 10  
Holds: 60



2XL.1  
Shapes:2  
Size: 2XL  
Type: Jugs  
Ref: LH124



2XL.2  
Shapes:2  
Size: 2XL  
Type: Jugs  
Ref: LH125



3XL  
Shapes:1  
Size: 3XL  
Type: Jug  
Ref: LH167



## Large.2

Shapes:5  
Size: L  
Type: Jugs  
Ref: LH128



## Large.1

Shapes:5  
Size: L  
Type: Jugs  
Ref: LH127



## XL

Shapes:5  
Size: XL  
Type: Jugs  
Ref: LH126



## Feet

Shapes:10  
Size: S  
Type: Feet  
Ref: LH132



## Small

Shapes:10  
Size: S  
Type: Jugs  
Ref: LH130



## Medium.2

Shapes:10  
Size: M  
Type: Crimps  
Ref: LH131



## Medium.1

Shapes:10  
Size: M  
Type: Jugs  
Ref: LH129

# open ledges

Unique holds that force the open-handed grip of a sloper with the positivity of a ledge.

Sets: 8  
Holds: 45

## 2XL.1

Shapes:2  
Size: 2XL  
Type: Sloper  
Ref: LH148



## 2XL.2

Shapes:2  
Size: 2XL  
Type: Sloper  
Ref: LH149



## 3XL

Shapes:1  
Size: 3XL  
Type: Sloper  
Ref: LH147



## Small

Shapes:10  
Size: Small  
Type: Sloper  
Ref: LH154



## Medium

Shapes:10  
Size: Medium  
Type: Sloper  
Ref: LH153



## Large.1

Shapes:5  
Size: Large  
Type: Sloper  
Ref: LH151



## XL

Shapes:5  
Size: XL  
Type: Sloper  
Ref: LH150



## Large.2

Shapes:10  
Size: Large  
Type: Sloper  
Ref: LH152

# long slots

The name says it all. Comfortable and just wide enough that you won't scrape your knuckles grabbing or moving off of them.

Sets: 5  
Holds: 15

## 3XL

Shapes:1  
Size: 3XL  
Type: Slot  
Ref: LH155



## 2XL.1

Shapes:2  
Size: XXL  
Type: Slot  
Ref: LH156



## Large

Shapes:5  
Size: L  
Type: Slot  
Ref: LH159



## XL

Shapes:5  
Size: XL  
Type: Slot  
Ref: LH158



## 2XL.2

Shapes:2  
Size: XXL  
Type: Slot  
Ref: LH157



# crater pockets

Positive 2, 3 and 4 finger pockets.  
Highlighted by a large comfortable radius.



## Feet

Shapes:10  
Size: FEET  
Type: Pocket  
Ref: LH165



## Large

Shapes:5  
Size: L  
Type: Pocket  
Ref: LH164

Sets: 6  
Holds: 25

## 2XL

Shapes:2  
Size: XXL  
Type: Pocket  
Ref: LH162



## XL

Shapes:5  
Size: XL  
Type: Pocket  
Ref: LH163

## 3XL

Shapes:1  
Size: 3XL  
Type: Pocket  
Ref: LH160



## 2XL

Shapes:2  
Size: XXL  
Type: Pocket  
Ref: LH161

# ring jugs

The ultimate beginner holds.  
Like monkey bars, only more fun.

Sets: 5  
Holds: 23



Small  
Shapes:5  
Size: SMALL  
Type: JUGS  
Ref: LH173

## 2XL

Shapes:3  
Size: XXL  
Type: JUGS  
Ref: LH177



## Medium

Shapes:5  
Size: MEDIUM  
Type: JUGS  
Ref: LH174



## XL

Shapes:5  
Size: XL  
Type: JUGS  
Ref: LH176



## Large

Shapes:5  
Size: LARGE  
Type: JUGS  
Ref: LH175



# realrock jugs

These jugs bring the aesthetic of outdoor climbing inside while still being comfortable and super fun to climb on.

Sets: 6  
Holds: 25

## 2XL

Shapes:4  
Size: XXL  
Type: JUGS  
Ref: LH188



## 3XL

Shapes:1  
Size: 3XL  
Type: JUGS  
Ref: LH189



## Small

Shapes:5  
Size: SMALL  
Type: JUGS  
Ref: LH184



## Medium

Shapes:5  
Size: MEDIUM  
Type: JUGS  
Ref: LH185



## Large

Shapes:5  
Size: LARGE  
Type: JUGS  
Ref: LH186



## XL

Shapes:5  
Size: XL  
Type: JUGS  
Ref: LH187



# simple slopers

Simple, clean slopers that work best on slab to slightly overhanging walls.

Sets: 6  
Holds: 25

## 2XL

Shapes:4  
Size: XXL  
Type: SLOPER  
Ref: LH218



## 3XL

Shapes:1  
Size: 3XL  
Type: SLOPER  
Ref: LH219



## Small

Shapes:5  
Size: SMALL  
Type: SLOPER  
Ref: LH214



## Medium

Shapes:5  
Size: MEDIUM  
Type: SLOPER  
Ref: LH215



## Large

Shapes:5  
Size: LARGE  
Type: SLOPER  
Ref: LH216



## XL

Shapes:5  
Size: XL  
Type: SLOPER  
Ref: LH217



# hole crimps

Simple incut crimps with a hole that makes for interesting potential thumb catches.

Sets: 7  
Holds: 45

## 2XL

Shapes: 4  
Size: XXL  
Type: CRIMPS  
Ref: LH231



## 3XL

Shapes: 1  
Size: 3XL  
Type: CRIMPS  
Ref: LH232



## XS

Shapes: 10  
Size: XS  
Type: CRIMPS  
Ref: LH226



## Small

Shapes: 10  
Size: SMALL  
Type: CRIMPS  
Ref: LH227



## Medium

Shapes: 10  
Size: MEDIUM  
Type: CRIMPS  
Ref: LH228



## Large

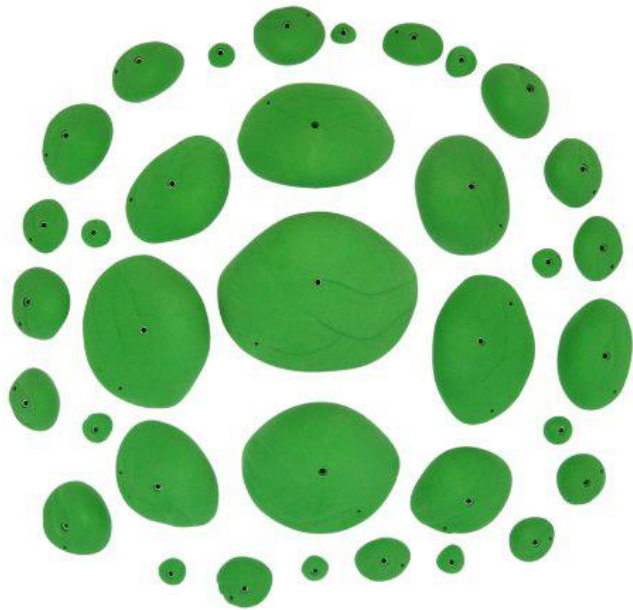
Shapes: 5  
Size: LARGE  
Type: CRIMPS  
Ref: LH229



## XL

Shapes: 5  
Size: XL  
Type: CRIMPS  
Ref: LH230

# wavey slopers



Designed to be positive slopers for beginners while still being challenging for advanced climbers on steep walls.

Sets: 8  
Holds: 35

## 3XL

Shapes:1  
Size: 3XL  
Type: Sloper  
Ref: LH140



## 2XL

Shapes:2  
Size: XXL  
Type: Sloper  
Ref: LH141





## Medium

Shapes:8  
Size: M  
Type: Sloper  
Ref: LH146



## Feet

Shapes:10  
Size: FEET  
Type: Sloper  
Ref: LH166

## XL.2

Shapes:2  
Size: XL  
Type: Sloper  
Ref: LH144



## Large

Shapes:7  
Size: L  
Type: Sloper  
Ref: LH145

## 2XL

Shapes:3  
Size: XXL  
Type: Sloper  
Ref: LH142



## XL.1

Shapes:2  
Size: XL  
Type: Sloper  
Ref: LH143

# wavey pinches

Open handed, rounded pinches  
that really make you squeeze.

Sets: 6  
Holds: 30



## Small

Shapes:5  
Size: SMALL  
Type: PINCH  
Ref: LH220



## Medium

Shapes:5  
Size: MEDIUM  
Type: PINCH  
Ref: LH221

## 2XL

Shapes:5  
Size: XXL  
Type: PINCH  
Ref: LH224



## Large

Shapes:5  
Size: LARGE  
Type: PINCH  
Ref: LH222

## 3XL

Shapes:5  
Size: 3XL  
Type: PINCH  
Ref: LH225



## XL

Shapes:5  
Size: XL  
Type: PINCH  
Ref: LH223





# foundation slopers

Just the right amount of positivity for beginners on lower angle walls and an excellent challenge for experienced climbers on steeper terrain.

Sets: 8  
Holds: 31



3XL.2

Shapes: 1  
Size: 3XL  
Type: Sloper  
Ref: LH019



3XL.1

Shapes: 1  
Size: 3XL  
Type: Sloper  
Ref: LH018

## 2XL.1

Shapes: 2  
Size: XXL  
Type: Sloper  
Ref: LH020



## 2XL.2

Shapes: 2  
Size: XXL  
Type: Sloper  
Ref: LH021



## XL

Shapes: 5  
Size: XL  
Type: Sloper  
Ref: LH022



## Medium

Shapes: 10  
Size: M  
Type: Sloper  
Ref: LH025



## Large.1

Shapes: 5  
Size: L  
Type: Sloper  
Ref: LH023



## Large.2

Shapes: 5  
Size: L  
Type: Sloper  
Ref: LH024





# foundation jugs

Large, comfortable radiuses highlight this line of simple jugs. Perfect for beginners these shapes beg to be grabbed.

Sets: 10  
Holds: 46



3XL.1

Shapes: 1  
Size: 3XL  
Type: Jugs  
Ref: LH001



3XL.2

Shapes: 1  
Size: 3XL  
Type: Jugs  
Ref: LH002



## Large.3

Shapes: 5  
Size: Large  
Type: Jugs  
Ref: LH233



## Small

Shapes: 10  
Size: Small  
Type: Jugs  
Ref: LH009



## Large.1

Shapes: 5  
Size: Large  
Type: Jugs  
Ref: LH006



## Medium

Shapes: 10  
Size: Medium  
Type: Jugs  
Ref: LH008



## 2XL.2

Shapes: 2  
Size: XXL  
Type: Jugs  
Ref: LH004



## Large.2

Shapes: 5  
Size: Large  
Type: Jugs  
Ref: LH007



## 2XL.1

Shapes: 2  
Size: XXL  
Type: Jugs  
Ref: LH003



## XL

Shapes: 5  
Size: XL  
Type: Jugs  
Ref: LH005



# foundation pinches

Simple, clean, positive pinches. These holds live up to their name by being a necessity for every wall.

Sets: 8  
Holds: 31

3XL.1

Shapes: 1  
Size: 3XL  
Type: Pinches  
Ref: LH010



3XL.2

Shapes: 1  
Size: 3XL  
Type: Pinches  
Ref: LH011

# XL

Shapes: 5  
Size: XL  
Type: Pinches  
Ref: LH014



# Medium

Shapes: 10  
Size: M  
Type: Pinches  
Ref: LH017



# 2XL.2

Shapes: 2  
Size: XXL  
Type: Pinches  
Ref: LH013



# Large.2

Shapes: 5  
Size: L  
Type: Pinches  
Ref: LH016



# 2XL.1

Shapes: 2  
Size: XXL  
Type: Pinches  
Ref: LH012



# Large.1

Shapes: 5  
Size: L  
Type: Pinches  
Ref: LH015





# foundation crimps & feet

The small yet positive and comfortable holds that every gym needs.

## Small

Shapes: 10  
Size: S  
Type: Crimp  
Ref: LH026



Sets: 10  
Holds: 70



## Feet.S

Shapes: 10  
Size: S  
Type: Feet  
Ref: LH031

## Screw-On.1

Shapes: 10  
Size: Screw-On  
Type: Crimp  
Ref: LH029



## Feet.M

Shapes: 10  
Size: M  
Type: Feet  
Ref: LH030



## Screw-On.2

Shapes: 10  
Size: Screw-On  
Type: Crimp  
Ref: LH028



## Feet.SO

Shapes: 10  
Size: Screw-On  
Type: Feet  
Ref: LH032



# +feet

Feet help determine how easy or impossible your route is. These feet help make that choice a little bit simpler.

Sets: 5  
Holds: 50

## Good Feet.1

Shapes:10  
Size: FEET  
Type: GOOD  
Ref: LH168



## Good Feet.2

Shapes:10  
Size: FEET  
Type: GOOD  
Ref: LH169



## Hard Feet

Shapes:10  
Size: FEET  
Type: HARD  
Ref: LH172



## Medium Feet.1

Shapes:10  
Size: FEET  
Type: MEDIUM  
Ref: LH170



## Medium Feet.2

Shapes:10  
Size: FEET  
Type: MEDIUM  
Ref: LH171



# XS

Shapes:10  
Size: XS  
Type: SCREW ON  
Ref: LH179



# +screw on's

These low-profile slopers and edges are great for spicing up your volumes.

Sets: 6  
Holds: 48

# XXS

Shapes:10  
Size: XXS  
Type: SCREW ON  
Ref: LH178



# Small

Shapes:10  
Size: SMALL  
Type: SCREW ON  
Ref: LH180



# Medium

Shapes:10  
Size: MEDIUM  
Type: SCREW ON  
Ref: LH181

# Large

Shapes:4  
Size: LARGE  
Type: SCREW ON  
Ref: LH182



# XL

Shapes:4  
Size: XL  
Type: SCREW ON  
Ref: LH183





In the summer of 2019, I traveled to China to meet the Lacuna team and do a little shaping. Having never been outside North America, the rural village came as quite a culture shock. I was absolutely blown away by the work ethic of the Lacuna team. Every person was genuinely excited to be making climbing holds. Their passion was infectious. So infectious that I found myself grinding out 12+ hour days in their shaping studio. This photo was taken in the middle of that grind. I've never shaped so many holds in such a short time. My fingers were raw for days afterward. My hope is that the results of these efforts speak for themselves and you love these shapes as much as I do.

--Andy



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