

GREEN MEETS TECHNOLOGY
TESTED, PURE AND INTENSE
20 YRS
SINCE 2008



START...



**BUILD
YOURSELF**

Content

GMT BEAUTY SPORT & ACTIVE	4
PRODUCTS BEFORE PHYSICAL ACTIVITY	
Ingredients and effects of “Pre-sport muscle warming gel”	5
Pre-Sport Muscle Warming Gel - STRONG	6
Pre-Sport Muscle Warming Gel - MILD	7
PRODUCTS AFTER PHYSICAL ACTIVITY	
Ingredients and effects of “After-sport active cooling gel”	8
After-sport active cooling gel STRONG	9
After-sport active cooling gel MILD	10
PRODUCTS FOR DAILY USE	
Ingredients and effects of “Slimming cream for fitness”	11
Slimming cream for fitness	12
Ingredients and effects of “Hair and body wash with menthol”	13
Hair and body wash with menthol	14
Ingredients and effects of “Footcare cream deodorising & antifungal”	15
Footcare cream deodorising & antifungal	16
Contact	17

GMT BEAUTY SPORT & ACTIVE

SPORT & ACTIVE are modern products for modern, physically active people who value their time and quality of life. They are specially designed for different loads and intensities, professional athletes, amateurs and beginners. The main task of these products is to properly prepare for physical activity, to reduce the risk of injuries, sprains and seizures. After training, they quickly soothe and rejuvenate tissues, as well as reduce pain in the joints and muscles.

GMT BEAUTY SPORT & ACTIVE is doping-free and compliant with the WADA (World Anti-Doping Agency) and International Olympic Committee guidelines.

The products can be used in all sports, by professional athletes as well as by anyone who loves doing sport on a daily basis, for different intensities of physical activity: (fitness, strength, CrossFit training sports clubs, outdoor training, long hikes, active tourism.)





ACTIVE INGREDIENTS

CARNOXYN
(Carnitine Fumarate,
Sodium Pyruvate,
Succinic Acid)

Ginger
(Zingiber Officinale
Root Extract)

Pepper - Capsine
(Capsicum Annum
Fruit Extract)

BENEFITS

Mixture of active substances increases work capacity and endurance during physical exercise.

Improves blood circulation.

Provides skin with a non-irritating, long lasting and warming feeling.

USE

Before any physical exercise.

Use on cleansed skin.
Apply on required areas.

Use regularly for better results.



STRONG

Faster readiness for physical load.

Increased endurance during physical load.

Reduced risk of trauma.

PRE-SPORT ACTIVE MUSCLE WARMING GEL

Use the warming gel before physical activities to better prepare your body for physical load. It is enriched with a combination of natural extracts, oils and minerals that improve blood circulation and cell metabolism, boosting the ability of muscles to use energy reserves (including fat deposits), increasing endurance and preventing fatigue.

Use: Apply a small amount of the gel onto the skin in the problematic areas 10–15 minutes before a workout and massage.

Do not use on damaged skin in order to prevent an intense burning sensation.

Avoid contact with eyes and mucous membrane. Carefully wash your hands after use.

INCI: Aqua, Glycerine, Coco-Caprylate/Caprate, Ethanol, Myristyl Myristate, Isopropanol, Caprylyl/Capryl Glucoside, Hydroxyethylcellulose, Magnesium Sulphate Heptahydrate, Polyglyceryl-10 Laurate, Babassu Oil Polyglyceryl-4 Esters, Vanillyl Butyl Ether, Zingiber Officinale Root Extract, Carnitine Fumarate, Eucalyptus Globulus Oil, Sodium Pyruvate, Benzyl Alcohol, Cymbopogon Flexuosus Herb Oil, Dehydroxanthan Gum, Arnica Chamissonis Flower Extract, Capsicum Annuum Fruit Extract, Salix Alba Bark Extract, Pinus Sylvestris Bud Extract, Aesculus Hippocastanum Extract, Rosmarinus Officinalis Leaf Oil, Melaleuca Alternifolia Leaf Oil, Succinic Acid, Piper Nigrum Fruit Oil, Juniperus Communis Fruit Oil, Arnica Montana Flower Extract, Tocopherol, Citric Acid



30 ml / 100 ml





MILD

Faster readiness for physical load.

Increased endurance during physical load.

Reduced risk of trauma.



PRE-SPORT ACTIVE MUSCLE WARMING GEL

Similar to WARMING GEL STRONG, this product is designed to be used before doing sports to help the body better prepare for physical exercise.

Unlike the "Strong" product, this one is more suitable for people with sensitive skin.

The product retains all the active ingredients and helps to prepare your body for physical activity.

Use: 10-15 minutes before the start of your workout, apply a small amount of the gel to the skin in the target weight-bearing areas of the workout and massage it in.

Do not use on damaged skin in order to prevent an intense burning sensation.

Avoid contact with eyes and mucous membrane. Carefully wash your hands after use.

INCI: Aqua, Glycerine, Coco-Caprylate/Caprata, Ethanol, Myristyl Myristate, Isopropanol, Caprylyl/Capryl Glucoside, Hydroxyethylcellulose, Magnesium Sulphate Heptahydrate, Polyglyceryl-10 Laurate, Babassu Oil Polyglyceryl-4 Esters, Zingber Officinale Root Extract, Carnitine Fumarate, Eucalyptus Globulus Oil, Sodium Pyruvate, Benzyl Alcohol, Cymbopogon Flexuosus Herb Oil, Dehydroxanthan Gum, Vanillyl Butyl Ether, Arnica Chamissonis Flower Extract, Capsicum Annuum Fruit Extract, Salix Alba Bark Extract, Pinus Sylvestris Bud Extract, Aesculus Hippocastanum Extract, Rosmarinus Officinalis Leaf Oil, Melaleuca Alternifolia Leaf Oil, Succinic Acid, Piper Nigrum Fruit Oil, Juniperus Communis Fruit Oil, Arnica Montana Flower Extract, Tocopherol, Citric Acid

30 ml / 100 ml





ACTIVE INGREDIENTS

Menthol

Peppermint extract
(Mentha Piperita Leaf
Extract)

Arnica extract
(Arnica Montana
Flower Extract)

BENEFITS

Provides immediate
cooling sensation.

Strengthens blood
vessels walls and
relieves muscle pain.

Quickly restores the
body after physical
exercise.

USE

After any physical
activity.

Use on cleansed skin.
Apply on required
areas.

Use regularly for better
results.



STRONG

Reduces the feeling of pain.

Promotes faster rejuvenation of the body, provides light and free movement.

Improves lymph drainage, stabilises metabolism processes in tissues, as well as cools.



AFTER-SPORT ACTIVE COOLING GEL

Relaxing gel is used after a workout so the body can rejuvenate faster after intensive physical load.

Special combination of herbal extracts, oils and minerals helps to eliminate body metabolism by-products after the workout and restore water and salt balance in tissues.

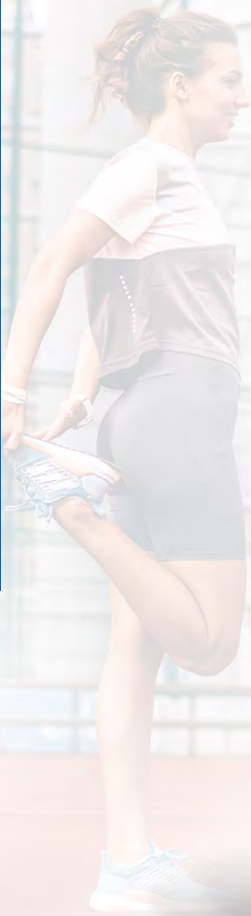
Use: Apply the product to clean skin immediately after sports.

Product is suitable for all skin types, also sensitive skin.

INCI: Aqua, Glycerine, Menthol, Coco-Caprylate/Caprate, Ethanol, Myristyl Myristate, Isopropanol, Caprylyl/Capryl Glucoside, Hydroxyethylcellulose, Magnesium Sulphate Heptahydrate, Polyglyceryl-10 Laurate, Babassu Oil Polyglyceryl-4 Esters, Betula Alba Bud Extract, Cucumis Sativus Fruit Extract, Aesculus Hippocastanum Extract, Citrus Medica Limonum Peel Extract, Rosmarinus Officinalis Leaf Oil, Benzyl Alcohol, Cymbopogon Flexuosus Herb Oil, Arnica Montana Flower Extract, Ginkgo Biloba Leaf Extract, Aloe Vera Extract, Mentha Piperita Leaf Extract, Mentha Piperita Oil, Mentha Spicata Herb Oil, Dehydroxanthan Gum, Tocopherol, Citric Acid

30 ml / 100 ml





MILD

Reduces the feeling of pain.

Promotes faster rejuvenation of the body, provides light and free movement.

Improves lymph drainage, stabilises metabolism processes in tissues, as well as cools.



AFTER-SPORT ACTIVE COOLING GEL

Relaxing gel is used after a workout so the body can rejuvenate faster after intensive physical load.

Special combination of herbal extracts, oils and minerals helps to eliminate body metabolism by-products after the workout and restore the water and salt balance in tissues.

Use: Apply the product to clean skin immediately after sports.

Product is suitable for all skin types, also sensitive skin.

INCI: Aqua, Glycerine, Coco-Caprylate/Caprate, Ethanol, Myristyl Myristate, Menthol, Isopropanol, Caprylyl/Capryl Glucoside, Hydroxyethylcellulose, Magnesium Sulphate Heptahydrate, Polyglyceryl-10 Laurate, Babassu Oil Polyglyceryl-4 Esters, Rosmarinus Officinalis Leaf Oil, Benzyl Alcohol, Cymbopogon Flexuosus Herb Oil, Arnica Montana Flower Extract, Betula Alba Bud Extract, Cucumis Sativus Fruit Extract, Aesculus Hippocastanum Extract, Citrus Medica Limonium Peel Extract, Ginkgo Biloba Leaf Extract, Aloe Vera Extract, Mentha Piperita Leaf Extract, Mentha Piperita Oil, Mentha Spicata Herb Oil, Dehydroxanthan Gum, Tocopherol, Citric Acid

30 ml / 100 ml





ACTIVE INGREDIENTS

Zingerslim™
(Bitter Ginger Extract –
Zingiber Zerumbet Extract)

CARNOXYN
(Carnitine Fumarate,
Sodium Pyruvate,
Succinic Acid)

Horse Chestnut
Extract
(Aesculus Hippocastanum
Extract)

BENEFITS

Reduces inflammation,
increases blood
flow in the skin and
subcutaneous tissue
fat.

During sports activities
helps to reduce build-
up of fat reserves.

Shapes a slim body.

USE

Use 5-10 minutes
before physical
exercise.

Use regularly for better
results.

Use on specific
problem areas.



Sculpts a slim and firm body.

Reduces the amount of fat in the body and affects excess weight.

Improves blood circulation and lymph drainage, stimulates metabolism in tissues.



SLIMMING CREAM FOR FITNESS

Slimming cream is used in weight loss programmes in combination with physical activities (long walks, Nordic walking, riding a bicycle etc.)

During physical activities the slimming complex, herbal oils and extracts help to sculpt a slim body and act on cellulite.

Product is mildly warming during physical load.

Use: Apply a small amount of the product onto the skin in the problematic areas 5-10 minutes before a workout and massage it in.

INCI: Aqua, Glycerine, Myristyl Myristate, Coco-Caprylate/Caprates, Cetearyl Alcohol, Zingiber Zerumbet Extract, Ethanol, Glyceryl Stearate, Isopropanol, Hydroxyethylcellulose, Magnesium Sulphate Heptahydrate, Carnitine Fumarate, Potassium Palmitoyl Hydrolysed Wheat Protein, Benzyl Alcohol, Cymbopogon Flexuosus Herb Oil, Sodium Pyruvate, Xanthan Gum, Caesalpinia Spinosa Gum, Vanillyl Butyl Ether, Aesculus Hippocastanum Extract, Fucus Vesiculosus Extract, Camellia Sinensis Extract, Hedera Helix Extract, Succinic Acid, Aroma, Tocopherol, Citric Acid

30 ml / 100 ml





ACTIVE INGREDIENTS

Dermosoft
Decalact Deo

Pentavitin®

Sage leaf extract
(Salvia Officinalis (Sage)
Leaf Extract)

BENEFITS

100% natural
deodorising active
ingredient that has a
persistent antibacterial
24 hour long effect.

Improves skin
protection against
dehydration and
sensitivity.

For frequent use. For
body and hair. Does not
dry the skin. Reduces
dandruff and prevents
its formation. Hair
becomes easy to comb.

USE

Desired quantity of
product is applied to
wet skin and hair.

After any physical
activity.

For daily use.



Cleanses, hydrates,
refreshes,
reduces excessive
perspiration, prevents
bad body odour.

Strengthens and
rejuvenates hair.

For frequent use. For
the body and hair.
Does not dry the skin.
Reduces dandruff and
prevents its formation.
Hair becomes easy to
comb.



HAIR AND BODY WASH WITH MENTHOL

Caring shampoo and shower gel SPORT & ACTIVE is especially developed for active and energetic people. Suitable for frequent washing of the hair and body. Contains 20 natural extracts, active ingredients and moisturisers that improve the condition of the hair and scalp, providing a natural shine to the hair as well as comfort and freshness to the body.

Use: Apply the desired amount of product onto wet skin and hair. Lather, slightly massage, then rinse with warm water. Repeat, if necessary.

Avoid contact of the product with the eyes. **In case of contact with eyes, rinse immediately with water.**

INCI: Aqua, Sodium Coco-Sulphate, Cocamidopropyl Betaine, Sodium Lauroyl Sarcosinate, Decyl Glucoside, Citric Acid, Atlantic Sea Salt, Benzyl Alcohol, Cymbopogon Flexuosus Herb Oil, Menthol, Saccharide Isomerate, Aloe Barbadensis Leaf Juice, Avena Sativa Kernel Extract, Rosmarinus Officinalis Leaf Extract, Chamomilla Recutita Flower Extract, Arnica Montana Flower Extract, Lamium Album Extract, Salvia Officinalis Leaf Extract, Pinus Sylvestris Bud Extract, Nasturtium Officinale Extract, Arctium Majus Root Extract, Citrus Limon Peel Extract, Hedera Helix Leaf Extract, Calendula Officinalis Flower Extract, Tropaeolum Majus Flower Extract, Tocopherol, Sodium Caproyl/Lauroyl Lactyl Lactylate, Aroma

200 ml





ACTIVE INGREDIENTS

Dermosoft
decalact deo

Pentavitin®

Tea tree oil
(Melaleuca Alternifolia
Essential Oil)

BENEFITS

The first 100% natural
deodorising and active
antifungal ingredient.
Dermosoft effectively
reduces excessive
sweat production,
prevents sweat odour.

Moisturises and
nourishes the skin,
prevents irritation.

Refreshing,
stimulates skin tissue
rejuvenation.

USE

Apply to cleansed
feet before or after
exercise.

Use regularly.

Massage gently into
feet and legs.



Hydrates and nourishes the skin of the feet, reduces excessive perspiration and unpleasant aroma.

Reduces the risks of calluses and cracking of skin of the feet.

Promotes protection of the feet against three pathogens of foot infection: bacteria, fungus and viruses.

Healthy, soft and silky feet.



FOOTCARE CREAM DEODORISING & ANTIFUNGAL

Foot cream reduces fatigue after a workout or prolonged time in footwear, excessive perspiration and unpleasant aroma. Due to the essential oils and especially light cream base of the formula, the cream penetrates the skin rapidly and fully, keeping the feet dry and adding a pleasant fragrance.

Use: Carefully wash and dry the feet, apply a small amount of the cream and massage in until the cream is fully absorbed.

INCI: Aqua, Orbignya Oleifera Seed Oil, Prunus Amygdalus Dulcis Oil, Hydrogenated Ethylhexyl Olivatate, Cetearyl Alcohol, Hydrogenated Olive Oil Unsaponifiables, Olea Europaea Oil Unsaponifiables, Glyceryl Stearate, Crambe Abyssinica Seed Oil, Oriza Sativa Starch, Sodium Caproyl/Lauroyl Lactyl Lactylate, Triticum Vulgare Germ Oil, Benzyl Alcohol, Cymbopogon Flexuosus Herb Oil, Mentha Piperita Essential Oil, Saccharide Isomerate, Potassium Palmitoyl, Xanthan Gum, Hydrolysed Wheat Protein, Rosmarinus Officinalis Oil, Eucalyptus Globulus Oil, Melaleuca Alternifolia Essential Oil, Tocopherol

30 ml / 100 ml



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