

CONFIRM THAT A CREDIT CARD WILL
FIT IN THIS BOX ONCE PRINTED



CONFIRM THAT THIS LINE
MEASURES 1 INCH ONCE PRINTED



The most common reading distance is about arm's length (16 inches).

If your reading distance is nearer than 16 inches add 0.50 D to the indicated power.

If your reading distance is farther than 16 inches subtract 0.50 D from the indicated power.

6 pt – if you can read this, get +1.00

8 pt – if you can read this, get +1.50

10 pt – if you can read this, get +2.00

12 pt – if you can read this, get +2.50

FOLLOW THESE STEPS TO
DETERMINE YOUR READING POWER



- 1** Remove your glasses or contacts (unless you wear readers over contacts).
- 2** Hold this paper 16 inches away from your eyes
- 3** Start reading from the top line and proceed down until you reach the last line that is clear
- 4** The (+) strength or power that is written next to this line will be your recommended reading power.