

MELANIE TIGHE - MANAGER

# Social Prescription



What is it?



Why NH's should get involved ?



What we are doing



What can you do?



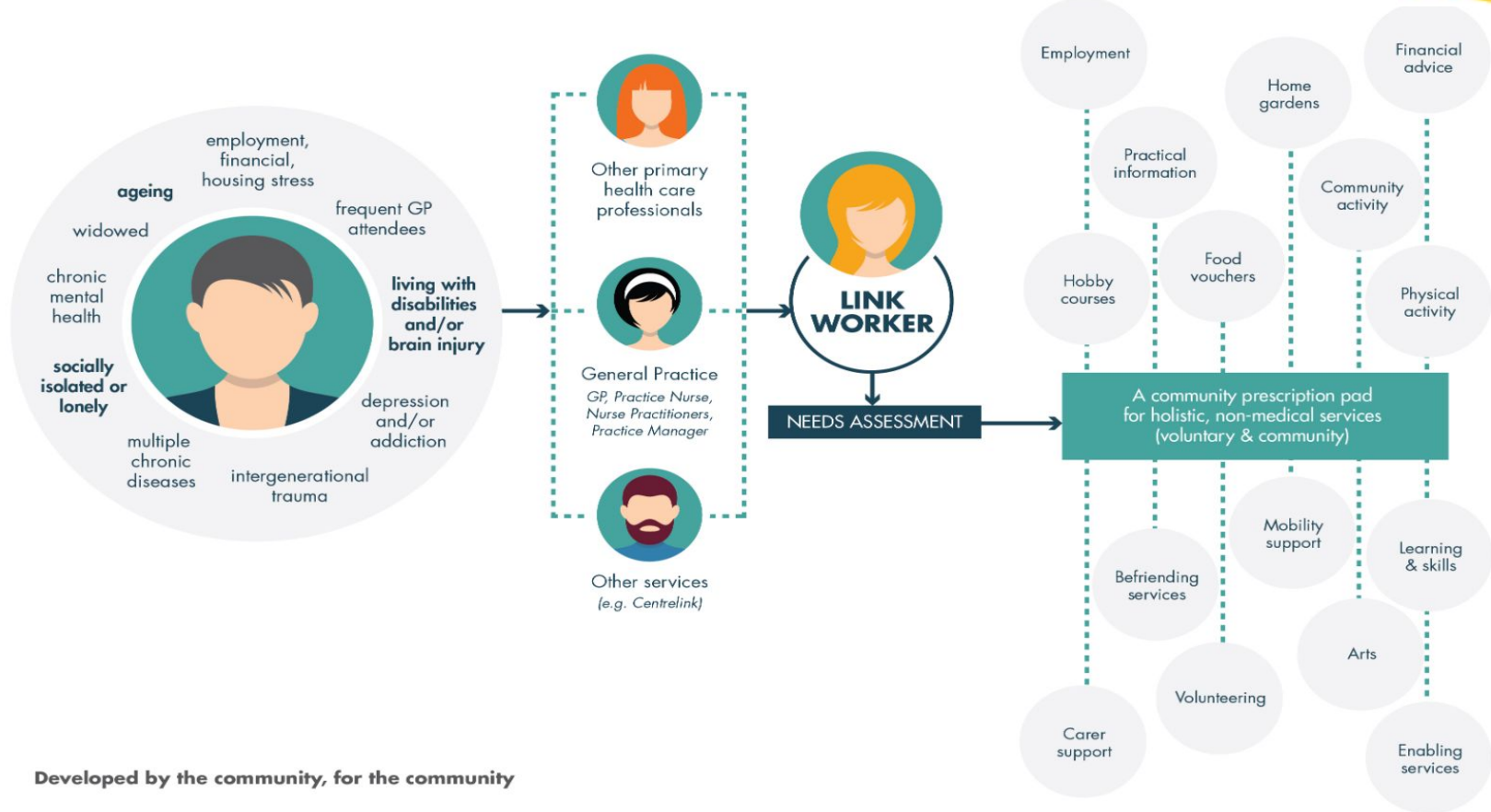
Useful resources

# Social Prescription

# What is it?



Example of a concept diagram for co-designing a local social prescribing model



# Social Prescription

Why should NH's get involved?



Social isolation and loneliness an emerging health crisis



Government launch of National Preventive Health Strategy



Primary Health Networks responding with funding in local areas



400 NHV's core business is responding to community needs

# Social Prescription

## What we are doing

- Community Organisation Expo
- Social Prescription Seminar
- 2 'Light' Social Prescription Trials (up to 20 patients)
- Evaluation/Monitoring (Research undertaken by Monash Uni, funded by Council)
- Pop ups at local GP practice
- Trial automated software messaging



CASTLEFIELD  
COMMUNITY  
CENTRE



# Grass Roots Campaign

**Ask your Doctor to prescribe us.**

Neighbourhood Houses Victoria

Working together to improve your health and well-being



To find your local centre, visit  
[bit.ly/communitysearch2020](https://bit.ly/communitysearch2020)



**Are you prescribing us?**

Neighbourhood Houses Victoria

Working together to improve your patient's health and well-being



# Social Prescription

## What can you do?



Talk to your local GP/Allied Health practitioners



Contact your Primary Health Network



Form a network with interested local stakeholders



Get in touch with NHV to register interest in sector advocacy

# Social Prescription Useful Resources

## Australian Resources

IPC Health Brimbank [Social Prescribing](#)

Mt Gravatt Community Centre [Ways To Wellness - Loneliness - Social Isolation](#)

Larter Consulting [Social prescribing is coming to Australia](#)

Black Dog Institute [Social prescribing: linking patients with non-medical support](#)

## Other Resources

UK - Evaluation of East Merton Social Prescribing Pilot [Evaluation of the East Merton Social Prescribing Pilot](#)

NZ - Green Prescriptions [Green Prescriptions - information for health professionals](#)

Canada - Social Prescribing in Ontario [SOCIAL PRESCRIBING IN ONTARIO](#)

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