

**PROFESSIONAL INFORMATION**



40033 PFS

# USN TESTO METHOX 17 GOLD

(capsules)

**SCHEDULING STATUS:** S0

**COMPLEMENTARY MEDICINE:** WESTERN HERBAL MEDICINE / HEALTH SUPPLEMENT

This unregistered medicine has not been evaluated by SAHPRA for its quality, safety or intended use.

## 1. NAME OF THE MEDICINE

USN TESTO METHOX 17 GOLD capsules

## 2. QUALITATIVE AND QUANTITATIVE COMPOSITION

Active ingredients:	Per Capsule	Per Dose	*%NRV
<i>Tribulus terrestris</i> L. [whole herb, 4:1 extract standardised to 40 % Saponins]	138,8 mg	555 mg	
<i>Urtica fissa</i> E. Pritz. (Nettle root) [root, 20:1 extract providing 1,25 g dried herb equivalent]	62,5 mg	125 mg	
<i>Avena sativa</i> L. (Oats) [straw, 10:1 extract providing 600 mg dried herb equivalent]	60 mg	240 mg	
<i>Vitex agnus-castus</i> L. (Chaste berry) [fruit, extract standardised to 0,6 % Angusides]	60 mg	240 mg	
<i>Trigonella foenum-graecum</i> L. (Fenugreek) [seed, extract standardised to 85 % Saponins]	44,1 mg	176 mg	
<i>Eurycoma longifolia</i> Jack (Tongkat ali) [root, 100:1 extract providing 1,25 g dried herb equivalent]	12,5 mg	50 mg	
Magnesium L-Aspartate providing Magnesium (elemental)	230 mg 27,6 mg	920 mg 110,4 mg	26 %
7-Isopropoxyisoflavone (Ipriflavone)	75 mg	300 mg	
Resveratrol 50 %	50 mg	200 mg	
20-Hydroxy-ecdysterone (90 %) providing B-ecdysterones	18,8 mg 13,5 mg	75 mg 27 mg	
Zinc monomethionine providing Zinc (elemental)	5,9 mg 1,2 mg	23,6 mg 4,8 mg	44 %
Pyridoxine HCl providing Pyridoxine (Vitamin B <sub>6</sub> )	0,8 mg 0,65 mg	3,2 mg 2,6 mg	153 %

\*%Nutrient Reference Values (NRVs) for individuals 4 years & older (2010)

Sugar Free

Bovine Gelatine Capsules

For the full list of excipients, see section 6.1.

## 3. PHARMACEUTICAL FORM

Capsules.

Gold gelatine capsules containing a light brown powder.

## 4. CLINICAL PARTICULARS

### 4.1 Therapeutic indications

USN TESTO METHOX 17 GOLD promotes lean muscle development and supports male performance.

USN TESTO METHOX 17 GOLD has anti-oestrogenic properties.

### 4.2 Posology and method of administration

*Adults:*

Take 4 capsules, 1 – 2 times a day, preferably 30 – 60 minutes before workout and then again 30 minutes before bedtime. Adhere to a five-days-on / two-days-off regimen for eight weeks followed by a two-week break.

Do not exceed the recommended daily dosage.

*Children:*

Not suitable for children under the age of 18 years.

### 4.3 Contraindications

- Hypersensitivity to any of the active ingredients or excipients listed in sections 2 and 6.1.
- Do not use if you have hypotension or a liver deficiency.

### 4.4 Special warnings and precautions for use

#### Celiac disease or gastrointestinal dysfunction

USN TESTO METHOX 17 GOLD can cause GI obstruction. Use with caution in patients with celiac disease or gluten intolerance.

#### Cross-sensitivity

Patients who are allergic to other Fabaceae plants including soybeans, peanuts, green peas and chickpeas might also be allergic to fenugreek in USN TESTO METHOX 17 GOLD due to possible cross-reactivity. Caution is advised.

#### Diabetes

USN TESTO METHOX 17 GOLD can influence blood sugar levels in diabetic patients. Dose adjustments to antidiabetic medication might be necessary (see section 4.5).

#### Prostate conditions

- Use with caution in patients with benign prostatic hypertrophy (BPH), prostate cancer or other prostate conditions.
- Use with caution in patients with immunosuppression.

#### Surgery

Discontinue at least two weeks before elective surgery as USN TESTO METHOX 17 GOLD may have antiplatelet effects and might cause excessive bleeding during surgical procedures.

#### Hormone sensitive conditions

Caution is advised if you have hormone sensitive conditions, as USN TESTO METHOX 17 GOLD might affect estrogen levels.

#### Paediatric population

Not intended for children under the age of 18 years.

### 4.5 Interaction with other medicines and other forms of interaction

#### Anticoagulants / antiplatelet medicines:

USN TESTO METHOX 17 GOLD may reduce platelet aggregation and may enhance the effects of anticoagulant/antiplatelet medicines. Concomitant use may increase the risk of bleeding and caution is advised (see section 4.4).

#### Antidiabetic medicines

Concomitant use of USN TESTO METHOX 17 GOLD with antidiabetic medicines or herbal supplements that lower glucose levels may have an additive effect and cause hypoglycaemia (see section 4.4).

#### Antihypertensive medicines

USN TESTO METHOX 17 GOLD can lower blood pressure by inhibiting angiotensin-converting enzyme. Concomitant use with antihypertensive medicines and herbal supplements that lower blood pressure may increase the chance of hypotension. Caution is advised.

#### Hormone therapy

A healthcare provider should be consulted prior to use if you are taking hormone-containing medicines such oral contraceptives or hormone replacement therapy.

### 4.6 Fertility, pregnancy and lactation

Do not use USN TESTO METHOX 17 GOLD if you are pregnant or breastfeeding.

### 4.7 Effects on ability to drive and use machines

USN TESTO METHOX 17 GOLD may cause dizziness and fatigue which may affect the ability to drive and use machines. Caution is advised when driving a vehicle or operating machinery until the effects of USN TESTO METHOX 17 GOLD are known.

### 4.8 Undesirable effects

#### Immune system disorders

*Frequency unknown:* hypersensitivity and / or allergic reactions.

#### Endocrine disorders

*Frequency unknown:* hypoglycaemia.

#### Nervous system disorders

*Frequency unknown:* dizziness, fatigue, insomnia, headache.

#### Gastrointestinal disorders

*Frequency unknown:* abdominal pain, nausea, vomiting, diarrhoea, constipation, gastrointestinal cramps.

#### Skin and subcutaneous tissue disorders

*Frequency unknown:* skin rash.

#### Renal and urinary disorders

*Frequency unknown:* diuresis.

#### Reporting of suspected adverse reactions

Reporting suspected adverse reactions after authorisation of USN TESTO METHOX 17 GOLD is important. It allows continued monitoring of the benefit/risk balance of USN TESTO METHOX 17 GOLD. Healthcare providers are asked to report any suspected adverse reactions to SAHPRA via the Adverse Drug Reaction Reporting Form, found online under SAHPRA's publications: <https://www.sahpra.org.za/Publications/Index8>.

### 4.9 Overdose

In overdose, side effects can be precipitated and / or be of increased severity. See section 4.8.

In the event of overdose, treatment should be symptomatic and supportive.

## 5. PHARMACOLOGICAL PROPERTIES

### 5.1 Pharmacodynamic properties

#### Category and class:

D 33.7 Combination product.

#### Mechanism of action

USN TESTO METHOX 17 GOLD contains a range of herbal ingredients, flavones, vitamins and minerals which promote lean muscle development and supports male performance. USN TESTO METHOX 17 GOLD also has anti-oestrogenic properties.

### 5.2 Pharmacodynamic properties

*Tribulus terrestris* L. is a plant extract that has been suggested to stimulate luteinising hormone (LH), which stimulates the natural production of testosterone.

After oral administration, 30 – 50 % of the dose of nettle agglutinin is excreted in the faeces.

The active ingredient of oat extract (called avenacosides) is reported to enhance the release of luteinising hormone (LH) and could therefore stimulate testosterone production.

*Vitex agnus-castus* L. (chaste berry) has dopaminergic effects via a dose-dependent binding of dopamine D2 receptors, yielding potent inhibition of prolactin in cultured pituitary cells. The flavonoid apigenin can be isolated from vitex and has selective binding affinity for the beta-oestrogen receptor subtype. Studies reported inhibition of follicle stimulating hormone (FSH) and stimulation of luteinising hormone (LH) secretion and it could therefore be responsible for affecting the hormones progesterone and oestrogen.

Fenugreek extract has been shown to improve testosterone levels in both men and women. In women, fenugreek extract increases both estradiol and luteinising hormone (LH) levels.

*Eurycoma longifolia* extract, known as Tongkat Ali, enhances testosterone production by the Leydig cells of the testes and frees bound testosterone for use by muscles.

Magnesium is an essential mineral that helps to metabolise carbohydrates, fats and proteins. It also contributes to tissue formation and the maintenance of normal muscle function.

Ipriflavone is a flavone with non-hormonal anabolic / anti-catabolic effects. Flavones have been shown to decrease cortisol levels, increase protein synthesis, and improve overall recovery from exercise. Certain isoflavones have anti-oestrogenic properties as well as a host of other health-enhancing benefits, including the elevation of natural testosterone output, and it has been shown to be anabolic in body tissues.

Resveratrol is a polyphenol which has shown to mimic effects of caloric restriction and exert anti-inflammatory and anti-oxidative effects.

20-Hydroxy-ecdysterone is chemically similar to testosterone, which means that it might possess anabolic properties. Possible mechanisms include anticatabolic effects from blocking cortisol receptors and stimulation of anabolic or androgenic receptors. Primary metabolites include deoxyecdysterone and deoxyecdysone.

Zinc is an essential trace element in the body which helps to metabolise carbohydrates, fats and proteins, assists with connective tissue formation and contributes to the maintenance of normal testosterone levels in the blood.

Vitamin B<sub>6</sub> contributes to normal energy-yielding metabolism and is involved in the regulation of hormonal activity and tissue formation.

## 6. PHARMACEUTICAL PARTICULARS

### 6.1 List of excipients

Gelatine capsules (bovine)

Magnesium stearate

Silicon dioxide.

### 6.2 Incompatibilities

Not applicable

### 6.3 Shelf life

2 years.

Store at or below 25 °C

### 6.4 Special precautions for storage

Protect from moisture.

### 6.5 Nature and contents of container

80 capsules packed in a black HDPE container with a black cap.

### 6.6 Special precautions for disposal

No special requirements.

## 7. HOLDER OF CERTIFICATE OF REGISTRATION

Pro-acti Pharma (Pty) Ltd  
Unit 4, Louwardia Logistics Park  
cnr Nellmapius Road & Olievenhoutbosch Avenue  
Centurion, 1683  
Pretoria

## 8. REGISTRATION NUMBER


Will be allocated by SAHPRA upon registration.

## 9. DATE OF FIRST AUTHORISATION/RENEWAL OF THE AUTHORISATION

Will be allocated by SAHPRA upon registration.

## 10. DATE OF REVISION OF THE TEXT

April 2022.

<b>JOB:</b> SAHC_TestoMethox 17 Gold_80s	<b>SIZE:</b> 300mm x 321mm
<b>STOCK:</b> Foil Substrate: <input type="checkbox"/> Clear Substrate: <input type="checkbox"/> White Substrate: <input type="checkbox"/> Paper: <input checked="" type="checkbox"/> Other: <input type="checkbox"/>	
<b>COLOURS:</b>  K	<b>FINISHING:</b> <input type="checkbox"/> Foil / Holographic Foil <input type="checkbox"/> Matte <input type="checkbox"/> Gloss <input type="checkbox"/> Spot UV <input type="checkbox"/> Doming <input type="checkbox"/> Embossing
<b>PLEASE CHECK CAREFULLY</b> Although we endeavour to proof accurately, we cannot accept responsibility for errors once proofs are signed and accepted by our clients.	

## PATIENT INFORMATION LEAFLET



# USN TESTO METHOX 17 GOLD

(capsules)

SCHEDULING STATUS:  [**S0**]

USN TESTO METHOX 17 GOLD capsules

Sugar free.

**COMPLEMENTARY MEDICINE: WESTERN HERBAL MEDICINE / HEALTH SUPPLEMENT**

This unregistered medicine has not been evaluated by SAHPRA for its quality, safety or intended use.

**Read all of this leaflet carefully because it contains important information for you.**

USN TESTO METHOX 17 GOLD is available without a doctor's prescription, for you to maintain your health. Nevertheless, you still need to take USN TESTO METHOX 17 GOLD carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Do not share USN TESTO METHOX 17 GOLD with any other person.
- Ask your pharmacist if you need more information or advice.

**What is in this leaflet**

1. What USN TESTO METHOX 17 GOLD is and what it is used for.
2. What you need to know before you take USN TESTO METHOX 17 GOLD.
3. How to take USN TESTO METHOX 17 GOLD.
4. Possible side effects.
5. How to store USN TESTO METHOX 17 GOLD.
6. Contents of the pack and other information.

### 1. What USN TESTO METHOX 17 GOLD is and what it is used for

USN TESTO METHOX 17 GOLD contains a range of herbal ingredients, flavones, vitamins and minerals which promote lean muscle development and supports male performance. USN TESTO METHOX 17 GOLD also has anti-oestrogenic properties.

### 2. What you need to know before you take USN TESTO METHOX 17 GOLD

**Do not take USN TESTO METHOX 17 GOLD**

- If you are hypersensitive (allergic) to any of the active or other ingredients of USN TESTO METHOX 17 GOLD (listed in section 6).
- If you have low blood pressure or liver disease.

**Warnings and precautions**

You should consult a healthcare provider before taking USN TESTO METHOX 17 GOLD:

- If you have celiac disease (a digestive and autoimmune disorder that can damage your small intestine) or gluten intolerance (sensitivity to gluten).
- If you have hypersensitivity or allergy to soybeans, peanuts, green peas and chickpeas.
- If you are a diabetic and are taking medicines to control your blood sugar levels.
- If you have an enlarged prostate.
- If you have a weakened immune system.
- If you have a bleeding disorder or if you need to go for surgery. Stop taking USN TESTO METHOX 17 GOLD two weeks before any surgical procedure (operation).
- If you have a hormone sensitive condition.

**Children and adolescents**

Do not give USN TESTO METHOX 17 GOLD to children younger than 18 years, as the safety and efficacy in children have not been established.

**Other medicines and USN TESTO METHOX 17 GOLD**

Always tell your healthcare provider if you are taking any other medicine. (This includes all complementary or traditional medicines.)

Tell your doctor or pharmacist if you are currently using:

- Anticoagulant medicines (used to keep blood thin and to prevent your blood from clotting) or herbal supplements with blood thinning effects.
- Antidiabetic medicines (used to treat high blood sugar levels) or herbal supplements with blood sugar-lowering effects.
- Antihypertensive medicines (used to treat high blood pressure).
- Hormone-containing medicines.

**Pregnancy and breastfeeding**

If you are pregnant or breastfeeding, think you may be pregnant or are planning to have a baby, please consult your doctor, pharmacist or other healthcare provider for advice before taking USN TESTO METHOX 17 GOLD.

Do not take USN TESTO METHOX 17 GOLD during pregnancy and breastfeeding.

**Driving and using machines**

USN TESTO METHOX 17 GOLD can cause dizziness and tiredness which may affect your ability to drive a vehicle and use machines. Do not drive a vehicle, operate machinery, or do anything else that requires your attention, until you know how USN TESTO METHOX 17 GOLD affects you.

### 3. How to take USN TESTO METHOX 17 GOLD

Do not share medicines with any other person. Always take USN TESTO METHOX 17 GOLD exactly as described in this leaflet or as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

*Adults:* Take 4 capsules, 1 – 2 times a day, preferably 30 – 60 minutes before workout and then again 30 minutes before bedtime.

Adhere to a five-days-on / two-days-off regimen for eight weeks followed by a two-week break.

Do not exceed the recommended daily dosage.

**If your take more USN TESTO METHOX 17 GOLD than you should**

In the event of an overdose, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison centre. Take this leaflet and the remaining capsules with you so the doctor will know what you have taken.

**If you forget to take USN TESTO METHOX 17 GOLD**

Take your next dose at your regular time. Do not take a double dose to make up for forgotten individual doses.

**4. Possible side effects**

USN TESTO METHOX 17 GOLD can have side effects. Not all side effects reported for USN TESTO METHOX 17 GOLD are included in this leaflet. Should your general health worsen or if you experience any untoward effects while taking USN TESTO METHOX 17 GOLD, please consult your healthcare provider for advice.

If any of the following happens, stop taking USN TESTO METHOX 17 GOLD and tell your doctor immediately or go to the casualty department at your nearest hospital:

- Swelling of your hands, feet, ankles, face, lips, mouth or throat, which may cause difficulty in swallowing or breathing.
- Rash or itching.
- Fainting.

These are all very serious side effects. If you have them, you may have had a serious reaction to USN TESTO METHOX 17 GOLD. You may need urgent medical attention or hospitalisation.

Tell your doctor if you notice any of the following:

*Side effects occurring with unknown frequency:*

- Low blood sugar characterised by tiredness, sweating, shakiness and feeling hungry.
- Dizziness, tiredness, sleeplessness and headache.
- Stomach pain or cramps, nausea (feeling sick), vomiting (being sick), diarrhoea (loose stools) or constipation (difficulty to pass stools).
- More urine than is usual for you.

If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.

**Reporting of side effects**

If you get side effects, talk to your doctor or pharmacist. You can also report side effects to SAHPRA via the Adverse Drug Reactions Reporting Form, found online under SAHPRA's publications: <http://www.sahpra.org.za/Publications/Index/8>.

By reporting side effects, you can help provide more information on the safety of TESTO METHOX 17 GOLD.

### 5. How to store USN TESTO METHOX 17 GOLD

- Store at or below 25 °C.
- Protect from moisture.
- Store all medicines out of reach of children.
- Do not use after the expiry date printed on the carton or label.
- Return all unused medicine to your pharmacist.
- Do not dispose of unused medicine in drains and sewerage systems (e.g. toilets).

### 6. Contents of the pack and other information

**What USN TESTO METHOX 17 GOLD contains**

Active ingredients:	Per Capsule	Per Dose	*%NRV
<i>Tribulus terrestris</i> L. [whole herb, 4:1 extract standardised to 40 % Saponins]	138,8 mg	555 mg	
<i>Urtica fissa</i> E. Pritz. (Nettle root) [root, 20:1 extract providing 1,25 g dried herb equivalent]	62,5 mg	125 mg	
<i>Avena sativa</i> L. (Oats) [straw, 10:1 extract providing 600 mg dried herb equivalent]	60 mg	240 mg	
<i>Vitex agnus-castus</i> L. (Chaste berry) [fruit, extract standardised to 0.6 % Angusides]	60 mg	240 mg	
<i>Trigonella foenum-graecum</i> L. (Fenugreek) [seed, extract standardised to 85 % Saponins]	44,1 mg	176 mg	
<i>Eurycoma longifolia</i> Jack (Tongkat ali) [root, 100:1 extract providing 1,25 g dried herb equivalent]	12,5 mg	50 mg	
Magnesium L-Aspartate providing Magnesium (elemental)	230 mg	920 mg	
7-Isopropoxyisoflavone (priflavone)	27,6 mg	110,4 mg	26 %
Resveratrol 50 %	75 mg	300 mg	
20-Hydroxy-ecdysterone (90 %) providing B-ecdysterones	50 mg	200 mg	
	18,8 mg	75 mg	
Zinc monomethionine providing Zinc (elemental)	13,5 mg	27 mg	
	5,9 mg	23,6 mg	
Pyridoxine HCl providing Pyridoxine (Vitamin B <sub>6</sub> )	1,2 mg	4,8 mg	44 %
	0,8 mg	3,2 mg	
	0,65 mg	2,6 mg	153 %

\*%Nutrient Reference Values (NRVs) for individuals 4 years & older (2010)

The other ingredients are the bovine gelatine capsules, magnesium stearate and silicon dioxide.

### 7. What USN TESTO METHOX 17 GOLD looks like and contents of the pack

Gold gelatine capsules containing a light brown powder. 80 capsules are packed in a black HDPE container with a black cap.

### 8. Holder of Certificate of Registration:

Pro-acti Pharma (Pty) Ltd  
Unit 4, Louwardia Logistics Park  
cnr Nellmapius Road & Olievenhoutbosch Avenue  
Centurion, 1683  
Pretoria  
Tel: 086 111 1876

### 9. This leaflet was last revised in

April 2022.

### 10. Registration number

To be allocated.

### 12. Access to corresponding Professional Information

[www.usn.co.za](http://www.usn.co.za)

Deur newe-effekte te rapporteer kan jy help om meer inligting rakende die veiligheid van USN TESTO METHOX 17 GOLD te verskaf.

### 5. Hoe om USN TESTO METHOX 17 GOLD te bêre

- Bêre by of onder 25 °C.
- Beskerm teen lig.
- Bêre alle medisyne buite bereik van kinders.
- Moenie gebruik ná die vervaldatum wat op die karton of etiket gedruk is nie.
- Neem alle ongebruikte medisyne terug na jou apteker.
- Moenie ongebruikte medisyne in dreine en rioolstelsels (bv. toilette) weggooi nie.

### 6. Inhoud van die pak en ander inligting

**Wat USN TESTO METHOX 17 GOLD bevat**

Elke kapsule bevat	Per Kapsule	Per Dosis	*%NWW
<i>Tribulus terrestris</i> L. [hele kruid, 4:1 gestandaardiseer tot 40 <span> </span> % Saponiene]	138,8 mg	555 mg	
<i>Urtica fissa</i> E. Pritz. (Brandnetelwortel) [wortel, 20:1 ekstras wat 1,25 g gedroogde kruie-ekwivalent lewer]	62,5 mg	125 mg	
<i>Avena sativa</i> L. (Hawer) [strooi, 10:1 ekstrak 10:1 wat 600 mg gedroogde kruie-ekwivalent lewer]	60 mg	240 mg	
<i>Vitex agnus-castus</i> L. (Kuisboom) [vrug, ekstrak gestandaardiseer tot 0,6 <span> </span> % Angusiede]	60 mg	240 mg	
Trigonella foenum-graecum L. (Fenegriek) [saad, ekstrak gestandaardiseer tot 85 <span> </span> % Saponiene]	44,1 mg	176 mg	
<i>Eurycoma longifolia</i> Jack (Tongkat ali) [wortel; 100:1 ekstrak wat 1,25 mg gedroogde kruie-ekwivalent lewer]	12,5 mg	50 mg	
Magnesium L-Aspartaat verskaf Magnesium (elementêr)	230 mg	920 mg	
7-Isopropoksi-isoflavoon (priflavoon)	27,6 mg	110,4 mg	26 %
Resveratrol 50 %	75 mg	300 mg	
20-Hidroksi-ekdisteroon (90 %) verskaf B-ekdisteroon	50 mg	200 mg	
	18,8 mg	75 mg	
Sinkmonometionien verskaf Sink (elementêr)	13,5 mg	27 mg	
	5,9 mg	23,6 mg	
Pyridoksienhidrochloried verskaf Pyridoksien (Vitamiën B <sub>6</sub> )	1,2 mg	4,8 mg	44 %
	0,8 mg	3,2 mg	
	0,65 mg	2,6 mg	153 %

\*%Nutriëntverwysingswaardes (NWWs) vir individue 4 jaar en ouer (2010)

Die ander bestanddele is die beesgelatienkapsules, magnesiumstearaat en silikondioksied.

### 7. Hoe USN TESTO METHOX 17 GOLD lyk en inhoud van die verpakking

Goudkleurige beesgelatienkapsules wat 'n ligbruin poeier bevat. 80 kapsules word verpak in 'n swart HDPE-houer met 'n swart prop.

### 8. Houer van die Registrasiesertifikaat

Pro-acti Pharma (Edms.) Bpk.  
Eenheid 4, Louwardia Logistieke Park  
h/v Nellmapiusstraat & Olievenhoutboschrytaan  
Centurion, 1683  
Pretoria  
Tel: 086 111 1876

### 9. Hierdie inligtingsblad is laas hersien in

April 2022.

### 10. Registrasienuommer

Moet toegeken word.

### 11. Toegang tot die ooreenstemmende Professionele Inligtingsblad

[www.usn.co.za](http://www.usn.co.za)

## PASIËNTINLIGTINGSBLAD



# USN TESTO METHOX 17 GOLD

(kapsules)

SKEDULERINGSSTATUS:  [**S0**]

USN TESTO METHOX 17 GOLD kapsules

Suikervry.

**KOMPLEMENTÊRE MEDISYNE: WESTERSE KRIUEMEDISYNE / GESONDHEIDSAANVULLING**

Hierdie ongeregistreerde medisyne is nie vir gehalte, veiligheid of beoogde gebruik deur SAHPRA geëvalueer nie.

**Lees hierdie hele inligtingsblad aandagtig deur want dit bevat inligting wat belangrik is vir jou.**

USN TESTO METHOX 17 GOLD is beskikbaar sonder 'n dokter se voorskrif, sodat jy jou gesondheid in stand kan hou. Jy moet USN TESTO METHOX 17 GOLD nogtans met sorg neem om die beste resultate te verkry.

- Hou hierdie inligtingsblad. Dit mag nodig wees dat jy dit weer lees.
- Moenie USN TESTO METHOX 17 GOLD met enige iemand anders deel nie.
- Vra gerus jou apteker indien jy verdere inligting of advies nodig het.

**Wat is in hierdie inligtingsblad**

1. Wat is USN TESTO METHOX 17 GOLD en waarvoor word dit gebruik.
2. Wat jy moet weet voordat jy USN TESTO METHOX 17 GOLD neem.
3. Hoe om USN TESTO METHOX 17 GOLD te neem.
4. Moontlike newe-effekte.
5. Hoe om USN TESTO METHOX 17 GOLD te bêre.
6. Inhoud van die pak en ander inligting.

### 1. Wat is USN TESTO METHOX 17 GOLD en waarvoor word dit gebruik

USN TESTO METHOX 17 GOLD bevat 'n reeks kruie-bestanddele, flavone, vitamïene en minerale, wat ontwikkeling van spiere bevorder en manlike prestasie ondersteun. USN TESTO METHOX 17 GOLD het ook anti-estrogeniese eienskappe.

### 2. Wat jy moet weet voordat jy USN TESTO METHOX 17 GOLD neem

**Moenie USN TESTO METHOX 17 GOLD neem nie**

- Indien jy hipersensitief (allergies) is vir enige van die aktiewe of die ander bestanddele van USN TESTO METHOX 17 GOLD (gelys by afdeling 6).
- Indien jy lae bloeddruk of 'n lewersiekte het.

**Waarskuwings en voorsorgmaatreëls**

Jy moet 'n gesondheidsorgverskaffer konsulteer voordat jy USN TESTO METHOX 17 GOLD neem:

- Indien jy seliak siekte het ('n spysverteringsstelsel- en outoimmuunafwyking wat jou dunderm kan beskadig) of glutenintoleransie (sensitieweit vir gluten).
- Indien jy hipersensitief of allergies is vir sojabone, grondbone, eertjies of kekerertjies.
- Indien jy 'n diabeet is en medisyne neem om jou bloedsuikervlakke te beheer.
- Indien jy 'n vergrote prostaat het.
- Indien jou immuunstelsel verswak is.
- Indien jy 'n bloedingversteuring het of vir 'n operasie moet gaan. Hou twee weke voor enige chirurgiese prosedure (operasie) op om USN TESTO METHOX 17 GOLD te neem.
- Indien jy 'n hormoon-sensitiewe toestand het.

**Kinders en adolessente**

Moenie USN TESTO METHOX 17 GOLD aan kinders jonger as 18 jaar gee nie, aangesien die veiligheid en effektiwiteit in kinders nie vasgestel is nie.

**Ander medisyne en USN TESTO METHOX 17 GOLD**

Sê altyd vir jou gesondheidsorgverskaffer indien jy enige ander medisyne neem. (Dit sluit komplementêre of tradisionele medisyne in.)

<b>JOB:</b> SAHC_TestoMethox 17 Gold_80s	<b>SIZE:</b> 300mm x 321mm
<b>STOCK:</b> Foil Substrate: <input type="checkbox"/> Clear Substrate: <input type="checkbox"/> White Substrate: <input type="checkbox"/> Paper: <input checked="" type="checkbox"/> Other: <input type="checkbox"/>	
<b>COLOURS:</b> <input type="checkbox"/> K	<b>FINISHING:</b> <input type="checkbox"/> Foil / Holographic Foil <input type="checkbox"/> Matte <input type="checkbox"/> Gloss <input type="checkbox"/> Spot UV <input type="checkbox"/> Doming <input type="checkbox"/> Embossing
<b>PLEASE CHECK CAREFULLY</b> Although we endeavour to proof accurately, we cannot accept responsibility for errors once proofs are signed and accepted by our clients.	