



*Ally May Carey's
Guide to*

Sydney

Camp Cove



Camp Cove is a bay on the southern side of Sydney harbour – it is a part of Watsons Bay, a cute coastal suburb of Sydney. It's a little bit of a hidden oasis, and the perfect spot to go for sunset – Take a picnic, and watch the sunset over the city/ocean.



You can definitely go there at other times of the day for a refreshing swim and to relax on the beach – (there is a great kiosk that serves fresh juice, but it's a novelty to go in the evening to see the sunset over water on the East Coast of Australia).

TIPS!

If while you're there and you want to grab some food, head to either Watson's Bay Hotel or Doyles On The Beach or their takeaway option, Doyles On The Wharf.

GETTING THERE

As it is tucked away, you either have to drive or bus (but it would be about a 50 min bus from Sydney City, or half an hour from Bondi)

Watson's Bay Hotel
1 Military Rd
Watsons Bay NSW 2030
Food: Pub style

Doyles On The Wharf
11 Marine Parade
Watsons Bay NSW 2030
Food: Seafood

Doyles On The Beach
Military Rd
Watsons Bay NSW 2030
Food: Seafood





Surry Hills

Surry Hills holds fond memories to me – it's where Central Station is, so I used to come here quite a lot as a kid and teen. I'd visit my older siblings and catch the bus and train all by myself, so I guess it gives a sense of freedom and individuality to me. When I moved to Sydney, it was a place I felt most familiar with and now years later, I still feel so attached to Surry Hills.



VINTAGE SHOPS

ZOO EMPORIUM
UNIT B/180 CAMPBELL ST, SURRY HILLS NSW 2010

U-TURN
33/277 CROWN ST, SURRY HILLS NSW 2010



It's definitely an arty/hipster culture, which I love. There's a sense of warmth to it. It almost feels like a little village. It's so close to the City and boasts so many cool cafes/restaurants/vintage clothing stores/book shops/cool bars etc. It's so fun to go there on the weekend to do all of the above - so it's a must visit, for sure.

SALON LANE

If you're after a quick blow dry or cut before dinner, head into Salon Lane, in Surry Hills.

SALON LANE
GROUND FLOOR, 63/73
ANN ST, SURRY HILLS
NSW 2010

BREAKFAST & LUNCH

Four Ate Five
485 Crown St
Surry Hills NSW 2010

Reuben Hills
61 Albion St
Surry Hills NSW 2010

Paramount Coffee Project
80 Commonwealth St
Surry Hills NSW 2010

Bourke Street Bakery
633 Bourke St
Surry Hills NSW 2010

DINNER

Poly
74-76 Commonwealth St
Surry Hills NSW 2010

The Dolphin Hotel
412 Crown St
Surry Hills NSW 2010

Vacanza Pizzeria
414 Bourke St
Surry Hills NSW 2010

Don't Tell Aunty
414 Bourke St
Surry Hills NSW 2010

Potts Point



One of my favourite places in Sydney is Potts Point etc. It's definitely a cool, inner city vibe and a place to visit for good food. Potts Point used to be known as Sydney's nightclubbing district. We had a blanket ban on nightclubs in the last 8 years, and our "lockout laws", meaning places had to close at a set time, meant a lot of clubs went out of business. So now Potts Point is filled with a busy cafe and restaurant scene. There are so many great coffee shops and yummy restaurants!

On Sundays, Kings Cross Market is filled with craft vendors, flowers, fresh produce and food stalls.



The main street is Darlinghurst Road/Macleay Street and it's a great street to people watch and walk to find places to eat and drink.

MY FAVOURITE FOOD PLACES

BREAKFAST & LUNCH

Primary Coffee
1/9 Ward Ave
Potts Point NSW 2011
Food: Coffee & snacks

Room 10
10 Llankelly Pl
Potts Point NSW 2011
Food: Modern Australian
(great salads and sandwiches)

Tuckerbox
70 Elizabeth Bay Rd
Elizabeth Bay NSW 2011
Food: Great breakfast and salads

DINNER

Franca
Shop 2/81 Macleay St
Potts Point NSW 2011
Food: French

Cho Cho San
73 Macleay St
Potts Point NSW 2011
Food: Japanese

Chester White
3 Orwell St
Potts Point NSW 2011
Food: Italian

Fratelli Paradiso
12-16 Challis Ave
Potts Point NSW 2011
Food: Italian

Bistro 916
22 Challis Ave
Potts Point NSW 2011
Food: Bistro Style

Dear St Eloise
5/29 Orwell St
Potts Point NSW 2011
Food: French/ share style





Bondi

I live in Bondi, and it is such an amazing lifestyle. It's very laid back, filled with beach walks, healthy cafes and everything is so close, in fact, we call it the Bondi Bubble, because everything you need is here and it's very hard to leave. My favourite thing to do is wake up early with my puppy, Bowie and get a coffee, followed by a walk along the coast. If you can get there for sunrise, it is MAGICAL. You can walk the coast from Bondi to Bronte - it's about a 5km round trip, which takes about one hour(ish). It's an easy and beautiful walk and a must if you're in the area.

The Beach

Of course, if you're visiting Bondi, then you must take a moment to head to the beach. It's so pretty and so great to swim. It's fully patrolled, but is VERY busy during summer. My other favourite spot to swim is North Bondi Rocks, at the end of Ramsgate Ave. It's called Ben Buckler, and it's one of the best views! You can swim off the rocks, and it's dog friendly too!



You're not spoiled for choice when it comes to good coffee or food in Bondi. For breakfast and lunch, you can walk into most cafes (there may be a slight wait), and for dinner reservations, I would advise to book ahead. It's a pretty relaxed atmosphere when it comes to dressing for most cafes and restaurants in Bondi – true coastal vibes.



MY FAVOURITE FOOD PLACES

BREAKFAST & LUNCH

Harry's Cafe
2/136 Wairoa Ave
Bondi Beach NSW 2026
Food: Coffee & Modern Australian

Porch & Parlour
17-18/110 Ramsgate Ave
North Bondi NSW 2026
Food: Coffee & Modern Australian

Bills Cafe Bondi (They do dinner as well)
79 Hall St
Bondi Beach NSW 2026
Food: Coffee & Modern Australian

Depot
132 Warners Ave
Bondi Beach NSW 2026
Food: Coffee & Modern Australian

Bru
101 Brighton Blvd
North Bondi NSW 2026
Food: Coffee & Modern Australian

Gertrude and Alice (which is a really cool book store too!)
1/46 Hall St
Bondi Beach NSW 2026
Food: Coffee & Modern Australian

LUNCH & DINNER

The Shop & Wine bar
78 Curlew St
Bondi Beach NSW 2026
Food: Share plates, good wine, cheese, modern Australian

The Corner House
281 Bondi Rd
Bondi NSW 2026
Food: A mix - share food, tapas style

Tottis (which is very, very well known, but a must!)
283 Bondi Rd
Bondi NSW 2026

Fish Shop
Shop 4/17 Warners Ave
Bondi NSW 2026
Food: Seafood

North Bondi Fish
120 Ramsgate Ave
North Bondi NSW 2026
Food: Seafood, pasta, breads, share dishes,

Where to Get Cultural



Royal Botanical Gardens Sydney

The gardens have so many hidden pockets - from a secret cactus garden, to little cafes. The garden also hosts exhibitions, guided walks, schools, and art nights. It's really more than just a garden!

The Art Gallery of NSW and Botanical Gardens are two of my favourite places to spend time. They're both so peaceful, and a place where I feel very inspired. I have been coming here since I was a child, and it never ceases to amaze me. They are located very close to one another, and a close walk from Sydney City. If you walk North, through the Botanical Gardens, you will reach the beautiful Sydney Harbour, home to our most historic icons - The Sydney Opera House and Sydney Harbour Bridge (which just turned 90!) - both a must see.

The Art Gallery of NSW is 151 years old - it celebrated its 150th birthday last year. It's in the middle of a reconstruction, which is super exciting, as they are expanding! There are always great exhibitions on! Matisse just finished, and it was magic to see it in an Australian gallery. There is a great restaurant and cafe inside the gallery as well. If you're looking to venture out of the gallery, and explore more food/drink options, you're a short distance to the city with a plethora of options.

The Art Gallery Of New South Wales



GETTING THERE

If coming from the city, they're both within walking distance. You can also catch a train to Martin Place, and it's a short walk. It's still very accessible from other suburbs, you can come by bus, train or Uber/drive.





Paddington

Paddington is another really cool suburb and one I spend a lot of time in! It's known for having amazing cafes, bars, food and shopping. There are a cluster of boutiques at the Intersection, on Glenmore Road, which showcases Australian designers. It's where a lot of designers have their flagship stores. It's also known as a contemporary art precinct - with lots of small galleries in side streets, which is really cool!

Paddington Markets are a must visit too - lots of little crafts, trinkets, vintage and clothes. The area is definitely trendy when it comes to dressing - not as laid back as Bondi! Think a pair of jeans, loafers, and a blazer or fashion suit or tailored pants vibe.



Five Ways in Paddington has some great cafes and restaurants too. There are more fashion boutique shops and one of my favourite magazine stores called Journal.

GALLERIES

SAINT CLOCHE
37 MACDONALD ST, PADDINGTON
NSW 2021

OLSEN
63 JERSEY RD,
WOOLLAHRA NSW 2025
(PRETTY MUCH PADDINGTON!)

BREAKFAST & LUNCH

Jackies
1C Glenmore Rd
Food: Modern Aust and Sushi

Ampersand Coffee
78 Oxford St,
Paddington NSW 2021
Food: Modern Australia
and good coffee

Sonder
227 Glenmore Rd
Paddington NSW 2021
Food: Modern Australia,
great breakfast and coffee

Barbetta
2 Elizabeth St
Paddington NSW 2021
Food: Italian

DINNER

The Paddington
384 Oxford St
Paddington NSW 2021
Food: Modern Pub

10 William Street
10 William St
Paddington NSW 2021
Food: Italian

The Wine Library
18 Oxford St,
Woollahra NSW 2025
Food: Share style

Tequila Mockingbird
6 Heeley St
Paddington NSW 2021
Food: Mexican

Vino E Cucina
211 Glenmore Rd
Paddington NSW 2021
Food: Italian

Fred's
380 Oxford St
Paddington NSW 2021
Food: Rustic, homely food (\$\$\$)

Charlie Parker (Below Fred's)
Basement/380 Oxford St
Paddington NSW 2021
Food: Bar & Share style

Oxford Street is Paddington's main street and it is our L.G.B.T.Q.I.A.+ area - there are lots of fun bars and of course Mardi Gras, a huge street festival in March every year.



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When developing new products, we always dig into the latest research to find the best possible ingredients for the hair, as well as for the animals and the environment. All of our products are animal friendly and since 2013, we have chosen to launch 100% vegan products only.

But we want to go that extra mile. Therefore, all of our packaging is climate compensated by planting trees through PLAN VIVO, an organisation that drives environmental and sustainability projects around the world. This way, we can support independent, local farmers as well as give our nature and environment a chance to recover.

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