and the BALA MENGRO

Crafts

Weave using scrap material

- Create a loom by wrapping string around a piece of cardboard or a shoebox. Make sure the string is evenly spaced. You can cut grooves to keep it in place.
- Use scrap material cut up bits of fabric or old t-shirts, wool, or even plastic bags – and weave them over and under the pieces of string.
- 3. After you've woven each row, push it tightly together with the one before.
- 4. Cut the string off the loom and tie off the ends.

Make an instrument

Collect unused items from around the house or from the recycling bin. Find a cardboard tube or a strong stick and attach the objects to it so that they make a noise when they are hit, shaken or rattled. What different sounds can you make?

Make a shaker

- 1. Find an empty container with a lid and half fill it with dry beans, rice, or lentils, or anything else that will make a noise.
- 2. Put the lid on, and seal it with parcel tape.
- 3. Decorate the container with colourful stickers or coloured paper.
- 4. Shake to make some music. Can you keep a beat? How does the sound change according to what your shaker is made from or what you put inside it?







