

PRESS RELEASE

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From the Farm, to Our Table

Written by Sarah Rowe

Illustrated by Amanda Morrow

Grab your jacket and head outside with twins Finlay and Leo as they complete their chores and work up an appetite for a savory farm-fresh treat.

Based on the author's homesteading adventures, this book is sure to be a hit with nature-loving (and curious!) kids who are keen to learn about basic sustainable living practices. Readers follow siblings Finlay and Leo on a journey to collect colorful eggs, check on the pigs in the silvopasture, and find the tallest grasses where the cows wait to be milked. At home, the twins carefully collect vegetables from the garden. Mama's two helpers are ready to enjoy the rewards of their hard work... a hearty shepherd's pie!

With playful, warmly-colored illustrations, this "farm-to-table" themed book is sure to become a favorite with young kids who love farms, animals, environmental themes, and learning to prepare and share fresh food with family.



11 x 8.5 inches ~ 32 Pages
Ages 3 to 7

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