HOLISTICARE
organics

CÚRCUMA
EN CÁPSULAS

Nombre científico es ***Curcuma longa***

ALIVIA EL DOLOR

Los estudios avalan la capacidad de la cúrcuma para aliviar el dolor, uno de ellos señala que parecía funcionar tan bien como el ibuprofeno en personas con artritis en las rodillas.

La cúrcuma también ha llamado la atención recientemente debido a sus capacidades antioxidantes. El efecto antioxidante de la cúrcuma ayuda a evitar que las las toxinas dañen tu hígado.

INFORMACIÓN NUTRIMENTAL
TAMAÑO DE LA PORCIÓN: 1 CÁPSULA
PORCIONES POR ENVASE: 120

	33 KJ (8KCAL)	**%VDR**
Contenido energético	0 g	0%
Grasas (lípidos)	22 g	0%
Grasas saturadas	0.07 g	0%
Grasas monoinsaturadas	0.04 g	0%
Grasas polinsaturadas	0.05 g	0%
Colesterol	0 mg	0%
Carbohidratos	1.43 g	0%
Azucares refinados	0.07 g	0%
Fiebra dietetica	0.5 g	0%
Proteinas	0.17 g	0%
Potasio	56 mg	0%
Sodio	1mg	0%

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Es antiinflamatorio

La ShaArthritis Foundation cita varios estudios en los que la cúrcuma ha reducido inflamación.

Esta capacidad antiinflamatoria podría reducir el agravamiento que sienten las personas con artritis en sus articulaciones.

Reduce el riesgo de desarrollar cáncer

Los estudios sugieren que tiene efectos protectores contra el cáncer

La curcumina de ha descrito como el principal componente con actividad biológica de la planta Curcuma longa, sus propiedades antitumorales le han determinado como un compuesto con características quimiopreventivas y terapéuticas.

PUEDE ACTUAR COMO QUIMIOTERAPIA NATURAL AYUDANDO A QUE LA ENFERMEDAD NO AVANCE

La cualidad anticancerígena de la curcumina además de estar relacionada a la modulación de diferentes vías de señalización, también se ha asociado con componentes epigenéticos; se ha detallado molecularmente los mecanismos involucrados en la inhibición de enzimas lo cual hace pensar que este polifenol podría revertir múltiples alteraciones presentes en el cáncer, tanto en la progresión como en la enfermedad.

Dentro de los mecanismos epigenéticos que se encuentran alterados en cáncer, una enfermedad compleja que es el resultado de alteraciones genéticas y/o epigenéticas, aparece como un componente clave la hipermetilación puntual de regiones del genoma donde se encuentran genes que regulan la proliferación, apoptosis, reparación celular, entre otros.

Ha sido bien descrito como la curcumina puede revertir estas alteraciones epigenéticas en múltiples tipos de cáncer, sin embrago en la vía de señalización Wnt/β-catenina pareciera ser que el polifenol bisdemetoxicurcumina derivado de la misma planta, tiene un mayor efecto en la restauración de la expresión de WIF1 (componente clave en la regulación a nivel extracelular de la vía) en concentraciones bajas.

CONSIDERACIONES PARA EL ALMACENAMIENTO

Mantener el producto en un lugar seco y a una temperatura ambiente, sin exposición directa a la luz del sol.

TIPO DE CONSERVACIÓN

A temperatura ambiente.

PRESENTACIÓN DE EMPAQUES COMERCIALES

120 Cápsulas de 500 mg c/u y 2 años de vida útil en anaquel, respetando las consideraciones de almacenamiento.
Verifique la fecha de caducidad del producto.

INSTRUCCIONES DE CONSUMO

Tomar 1 a 3 cápsulas después del desayuno

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