



MEN'S SIZING GUIDE

CM IN	XS	S	M	L	XL	XXL
Chest	88	94	100	106	112	118
Waist	72	78	84	90	96	102
Hips	88	94	100	106	112	118

HELP WITH MEASURING

1 CHEST

Using a tape measure, take the total measurement around the fullest part of your chest, holding the tape horizontally.

2 WAIST

Run the tape around the narrowest part of your waist holding the tape horizontally.

3 HIPS

Stand with your feet together and measure around the fullest point of the hip, keeping the tape measure horizontal.

