Cat's Claw

Inner Bark Extract

Cat's Claw or Uña de Gato (*Uncaria tomentosa*) is a tropical vine that grows wild in the highlands of the Peruvian Amazon. Uña de Gato is considered a sacred plant among the Asháninka and other indigenous Peruvian Amazonian tribes.*

Asháninka healers have used the inner bark of cat's claw for possibly thousands of years.* For these people, the herb serves as a means of "regulating the physical and spiritual worlds."* Our cat's claw is derived only from the inner bark, with an extract ratio of 4:1.

Cat's claw is renowned for its antioxidant, immunomodulatory, and activities while supporting a normal inflammatory response.* It has been shown to modulate the interplay between the forces of immune system and inflammation within the body.* Recent research in Europe, China, and Central America has identified numerous bioactive constituents in cat's claw, including alkaloids and polyphenols, which may account for its health-supporting properties.*

Key Features

- Supports cellular health and promotes a balanced immune response*
- Helps protect cells from oxidative stress*
- May support lung health*
- May support joint comfort, especially during exercise*

SKU #72010
60 vegetarian capsules

Cat's Claw

Cat's claw provides antioxidant activity and supports a normal inflammatory response, supporting cellular health.* Research suggests that cat's claw may potentially benefit the gastrointestinal tract, brain, bones, joints, lungs, and other tissues.*

The constituents in cat's claw help support immune cell responses.* Cat's claw is one of the few Amazonian herbs known to increase phagocytic activity.* Cat's claw also was found to increase the numbers of T-helper and B lymphocytes in animals.* T and B lymphocytes play an essential role in antigen-specific immunity.*

Cat's claw also has immunomodulatory properties.* Specifically, it helps maintain the activity of the NF-kB pathway within normal healthy levels.* NF-kB is a transcription factor that regulates genes involved in immune and normal inflammation response.* Cat's claw has been shown to beneficially modulate this pathway.*

Supplement Facts

Serving Size	2 Capsules
Servings Per Container	30
Amount Per Serving	**% Daily Value**
Cat's Claw (Inner Bark) Extract 4:1	1.13 g †

† Daily Value not established.

Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, L-leucine.

Suggested Use: As a dietary supplement, 1 or 2 capsules two or three times daily with meals, or as directed by a healthcare practitioner.

Warning: Not recommended for pregnant or nursing women, women intending to become pregnant, or organ transplant recipients.

Cat's claw has long been used by Asháninka healers to support joint health.* Research suggests that cat's claw supports healthy cartilage, the tissue that functions like a shock absorber at joint surfaces where bones meet.* Clinically, cat's claw has been shown to support knee comfort, especially during exercise.*

The supportive properties of cat's claw are often attributed to the presence of alkaloids such as mitraphylline.* However, cat's claw polyphenols that help counteract oxidative stress and promote cellular survival.* Laboratory analysis indicates that the antioxidant power of cat's claw exceeds that of many extracts of fruits, vegetables, cereals, and medicinal plants.*

Cat's claw was recently found to contain proanthocyanidins, which are potent antioxidants.* These substances have been shown to support the health and integrity of brain cells.*

References:

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