

# **CONTACT DETAILS**



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info@oliviasplace.org.au



www.oliviasplace.org.au



@oliviasplacewarragul



@olivias\_place

**OPENING HOURS**for Olivia's Place & Little Livvy's Place

Monday, Tuesday, Thursday, & Friday 10:00am to 2:00pm

2-4 Calway Street, Drouin

Olivia's Place is committed to the

safety of children.

Olivia's Place is committed to working with

Torres Strait Islander



Olivia's Place values diversity and appreciates the many cultural, social and spiritual backgrounds and experiences that shape an individual's sense of self and is committed to welcoming each person to our village in a way that embraces their unique identity.

# YOUR FEEDBACK MATTERS

www.oliviasplace.org.au/feedback

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PREGNANCY & EARLY PARENTING RESOURCE CENTRE



Services Brochure

# **ACCESS TO SERVICES**

Olivia's Place works with mums and dads expecting a baby as well as parents or carers of children up to the age of one year. If you are pregnant, have a child aged under one year or have suffered a loss then we are here to support you.

To access the services of Olivia's Place you can be referred by a current support agency, your maternity hospital or maternal child and health nurse. You can also get in touch to refer yourself.

No two parents will experience the same needs when welcoming a baby. With professional training, qualifications, and as parents ourselves, we understand many of the difficulties faced by new and expectant parents. We are uniquely placed to provide you with the support you're seeking.

### **OUR TEAM**

Our team consists of professionally trained staff who specialise in the areas of pregnancy and parenting support providing services that are completely confidential and



non-judgemental. Our Family Support Workers are able to chat with you in a comfortable and confidential setting. We will work with you to identify your needs and either support you directly or assist you to access other services that are able to help. Many of our programs are also powered by incredibly generous volunteers, committed to helping your family have the best start to life.

'It takes a village to raise a family'

#### **PREGNANCY**

Expecting a baby? If you are experiencing challenges during any stage of your pregnancy, from first learning of your pregnancy right through to childbirth, we are able to support you. Many new parents feel unprepared for what lies ahead, whether they are excitedly or nervously welcoming their little one. Olivia's Place can help you to feel more prepared and confident in yourself as the parent of a new baby.

## **EARLY PARENTING**

With the help of antenatal classes, many parents feel prepared for labour and childbirth. More often than not though, parents feel less prepare for what comes next and this is normal, but doesn't mean you have to face your parenting challenges alone. Olivia's Place can help you learn more about your babies needs, and can help you navigate the wealth of information available to help guide you in your parenting journey. We can also let you know of the many social supports and services that exist in our local area available to provide you with ongoing support.

ALL OF THE SERVICES PROVIDED TO FAMILIES IN NEED ARE FREE OF CHARGE.

OUR SERVICES ARE CONFIDENTIAL AND SENSITIVE INFORMATION IS ALWAYS KEPT PRIVATE.





### **SERVICES OFFERED**

Confidential supports that are tailored to your individual situation

- Social and emotional supports that aim to help reduce the social isolation often experienced by new parents. We can also help you locate and access services able to provide ongoing support if needed.
- Practical and material supports to meet your needs such as nursery items, maternity and baby clothing, and much more.
- Pregnancy loss, support through the difficult time after losing a baby.
- Parenting education and preparation when welcoming a new baby
- Baby change and feeding facilities in our parent room - available during opening hours.