

Abby's Favorite Color

MEDITATION SCARF

This pattern is developed to showcase the beautiful hand painted “Yarns for Abby,” by Kingdom Fleece and Fiberworks with this beginner friendly scarf. This is a wonderful way to use fingering weight yarn without stitching socks or tricky lace. You can use one color, or even get creative and make stripes with several skeins. A short meditation is repeated at the beginning of each row. We wish Abby and her family peace, ease and the simple joys of childhood in her journey to good health.



MATERIALS

One skein of fingering weight “Yarn for Abby” by Kingdom Fleece and Fiberworks – 457 yards

US Size 5 straight needles– or size needed to obtain gauge

GAUGE

5 Stitches per inch in garter stitch

INSTRUCTIONS

At the beginning of each row– Evoke the thoughts of a loved one, take a breath and repeat aloud or mentally “may you love, may you be at peace, may you be at ease”

Cast on 45 Stitches

Row 1– *Purl 1, Knit 3. Repeat from * until last stitch. Purl last stitch

Row 2– Knit all stitches

Repeat Rows 1 and 2 until desired length.
Cast off.

Keep for yourself or gift to a loved one.

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