# JUST ONE HEART

JIM PAPOULIS

Sounds OFA-BETTER WORLD

BOOSEY & HAWKES



## NOTES FROM THE COMPOSER

Just One Heart draws from a simple idea; that reaching even just one heart can be a very powerful gesture. As our awareness grows of the injustices found in this world, as we learn how people are treated or mistreated, it seems that the time for understanding the beauty of inspiring others is extremely important. Every moment is a chance to do just that; to be gentle, to be kind, to listen. This is a time in our society when instilling hope through small but significant gestures of kindness is needed more than ever.

## TEXT

Just one heart, just one heart.

In every moment there is a chance to learn, to heal.

And through each moment, I have seen the joy, the pain.

Now I realize the strength to change is held in my hands.

#### Refrain

If I have changed one heart, if I have given hope,

I can sing my song to the world,

If I have reached one life, given all I have,

If I have changed just one heart, changed just one heart.

Live through the darkness, bring in the light that grows in me.

I know I'll find it hiding inside, within my soul.

Now I realize the strength to change is held in my hands.

If we could all imagine, then we would all believe.

### DURATION

Ca. 3 minutes 40 seconds

## ABOUT THE COMPOSER

Jim Papoulis has a distinctive musical style that combines contemporary sounds with musical traditions from around the globe. Traveling worldwide, Papoulis works with international artists and ensembles in order to explore and create a sound for a global community. This multi-cultural sound has become the cornerstone of his works for choirs, orchestras, and ensembles.

Everywhere Papoulis travels, he actively immerses himself in the local music, instruments, and culture, gaining the ability to incorporate these diverse elements gracefully into his work. His choral compositions often seem to reflect the personal, inner perspectives of those who sing them, enabling his music to create a bridge of honest feeling and inspiration between singer and listener.

Also available for SA HL#48023976

Mp3's of individual parts can be found at: www.foundationforsmallvoices.org or www.jimpapoulis.com Composed in a Foundation for Small Voices songwriting workshop with the Cheyenne All-City Children's Choir

## JUST ONE HEART

SAB and Piano with Optional Percussion\* Words and Music by Jim Papoulis . = ca. 82 Soprano just Just one heart. one heart. In ev-'ry Alto Just heart. heart. In ev-'ry one just one Baritone Just one heart, just = ca. 82Piano Ped. Red chance mo-ment there is a learn, to dark-ness. bring in the light that grows mo-ment there is a chance learn. dark-ness. bring in the light that grows mp Ooh ooh.

<sup>\*</sup> Percussion part (Djembe or Hand Drum) can be found on page 10.



