BEHILE.

and

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PEARCE

30 VOICE-TRAINING EXERCISES

for Soprano

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PREFACE.

In compliance with a general request, we have undertaken the task of writing six books of Voice-Training Exercises on the principles advocated in "The Mechanism of the Human Voice," and in "Voice, Song and Speech."

Each book contains those exercises only which are required for one particular class of voice. This plan has been adopted:—1st, Because it facilitates the distinct treatment of the various voices necessitated by differences in their respective mechanisms;—2nd, Because the studies can be consecutive, instead of being intermixed with others not suited for the singer's voice, thereby materially reducing the price of the work.

Exercises on Intervals, with which Vocal Tutors generally commence, although valuable for teaching to read Music, have little or nothing to do with Voice-training proper, and are therefore omitted.

The table of contents will show the lines upon which these Exercises are written. No mention is made of theory; and students are referred for all explanatory matter to the two works mentioned above.

In order to remove unnecessary obstacles from the singer's path, everything has been written out at full length, thus saving the trouble of key-transposition.

Great pains have been taken to make the Exercises not only useful, but also melodious and attractive. We trust that our labors may meet with the approval of our professional brethren and of the general public.

EMIL BEHNKE.
CHARLES W. PEARCE.

HINTS ON THE PROPER USE

OF

VOICE-TRAINING EXERCISES.

In the Preface to our books of Voice-Training Exercises, we refer our readers for all matters of theory to the "Mechanism of the Human Voice," by Emil Behnke, and "Voice, Song, and Speech," by Lennox Browne, F.R.C.S., and Emil Behnke.

One or two of the exercises, however, being on a new plan, students may, at first, not understand their use. We therefore think it advisable to offer a few explanatory hints, which we hope will be sufficient to show the practical results to be obtained.

It is admitted by all authorities, without exception, that the production of good vocal tone necessitates:—

1st, a supple open throat; 2nd, bringing the tone well forward in the mouth. It is precisely in these two fundamental requirements that singers frequently encounter the greatest difficulty. The throat stiffens—

the root of the tongue does likewise; the throat narrows, the tone is shut in, and all its beauty is destroyed.

The Exercises on "Resonance" are specially designed to overcome these difficulties; and, curious as they may appear to those to whom they are new, they will be found most useful, and will save much time and trouble.

The first part of these Exercises consists in singing repeatedly and rapidly the syllable koo. Let the student try this before a mirror, and he will see that the larynx moves quickly up and down in the throat, and that the root of the tongue describes similar movements. A stiff attitude is hereby prevented, and the throat assumes a natural and open position.

The second part of the Resonance Exercises consists in singing either sustained tones, or legato phrases, on the vowels oo, oh, ah. The student sings oo, which is the most forward vowel, and then lets that vowel gradually and imperceptibly change into oh, taking care to keep the oh where he previously had the oo; that is to say, perfectly in front of the mouth. He then, in the same gradual and imperceptible manner, changes the oh into ah, again taking care to keep the ah where he previously had the oh—that is to say, perfectly in front of the mouth.

The great practical usefulness of these exercises on koo, koo, koo, koo, koo, oo-oh-ah,

is therefore evident, and upon giving them a fair trial

they will be found to bring out the voice, and to favor the production of pure tone, in a very surprising manner.

The exercises on "Attack" are intended to assist in overcoming difficulties frequently encountered in the striking of tones. It must be here borne in mind, that the glottis is open in breathing and closed in tone-production. While the glottis is open there can be no tone; and it is, therefore, obvious, that the closing of the glottis is the sine qua non of voice-production. Consequently, it must be of the greatest benefit to the voice to strengthen the muscles upon which the movement depends. Let the student sing the exercises devised for this purpose softly and staccato, being most careful to take a slight inspiration, before every tone, for the breathing in these exercises is of as much importance as the singing. We cannot shut a door unless we first open it, and the same is true with regard to the glottis. By taking an inspiration, we open the glottis. By singing a tone, we shut it; and by alternately repeating these acts, we give an enormous amount of exercise to the opening- and closingmuscles of the glottis. Let the student further bear in mind that in taking the inspiration, as well as in striking the tones, he should depend entirely upon the action of the diaphragm; he will then soon acquire a true "shock of the glottis," the importance of which is acknowledged on every hand.

There is no necessity to say anything about the Exercises on Flexibility, on Sustained Tones, &c., &c.; but a word may not be out of place respecting the Transitional Exercises. These are intended to lead out of one Register into another. The vowels are given in the same order in which they occur in the vowel-scale of nature, and will materially assist the student in changing Registers. The Exercises should be sung softly and staccato, and a slight inspiration should be taken before every tone. Let each individual vowel-group be sung six times before attempting the succeeding one, and let the speed of the exercises be gradually increased. It will be found that, working upon this plan, any forcing of the Registers is absolutely impossible, and that an extension of the compass of the voice will become a matter of natural growth.

EMIL BEHNKE.
CHARLES W. PEARCE

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Part I.

First step:_Resonance.

