

# Tubigrip®

High quality multi-purpose elasticated tubular bandage



Tubigrip tubular bandage provides firm support for sprains, strains and swelling<sup>1-3</sup>.

## The benefits of using Tubigrip

- Stays securely in place
- Provides consistent and even compression (5-30 mmHg sub-bandage pressure under a double layer)
- Full range of sizes to suit most applications
- Easy to apply and reapply<sup>3</sup>

## How to apply Tubigrip®



1. Cut Tubigrip to twice the length required for the limb, allowing an extra 2–3 cm for overlap.



2. Pull Tubigrip onto the limb like a stocking.



3. Double Tubigrip back over the limb. Ensure the upper edge is 2–3 cm higher up the limb than the first layer.

## About Tubigrip

Tubigrip provides firm support for sprains, strains and swelling<sup>1,2,3</sup>. The product adjusts to the body contours and distributes pressure evenly over the surface by exerting consistent and even compression (5-30mmHg sub-bandage pressure under a double layer).

Tubigrip is available in a full range of sizes (11 sizes) to suit most applications.

In addition, Tubigrip is available in a variety of lengths to minimise waste.

## Benefits of Tubigrip

- Great conformability thanks to its high stretch
- Easy to apply and reapply with no need for pins or tapes
- Reusable after washing
- Easy to cut for different body areas for example torso, arms and legs
- Choice of two colours for patient acceptability.

## Tubigrip assortment

Size	Limb Circumference (cm)	Product Code	
		Natural	Beige
A	10 - 14.5	1435	-
B	14.5 - 29	1436	1449
C	22 - 35	1443	1450
D	26 - 40	1437	1451
E	29 - 46	1434	1448
F	35 - 53	1438	1452
G	40 - 62	1439	1453
J	54 - 82	1440	-
K	70 - 113	1441	-
L	106 - 149	1442	-
M	119 - 167	1444	-

## Materials Properties

Cotton, Elastodiene (contains rubber latex), polyester

## Washing instructions



References: 1. Gleeson AP, Stuart MJ, Wilson B, Phillips B. Ultrasound assessment and conservative management of inversion injuries of the ankle in children: Plaster of Paris versus tubigrip. Journal of Bone and Joint Surgery - Series B. 1996;78(3):484-7. 2. Naeem M, Rahimnajiad MK, Rahimnajiad NA, Idrees Z, Shah GA, Abbas G. Assessment of functional treatment versus plaster of Paris in the treatment of grade 1 and 2 lateral ankle sprains. Journal of Orthopaedics and Traumatology. 2014. 3. Mölnlycke Health Care. Data on file.

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