

Epaderm® Ointment

A water-free formulation, 3-in-1 treatment,
ideal for dry skin and night-time use



SOAP SUBSTITUTE



DIRECT TO SKIN



BATH ADDITIVE

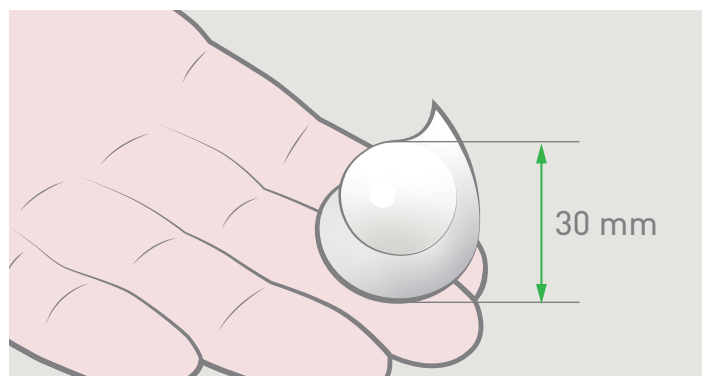
- Epaderm® Ointment is a 3-in-1 emollient, a skin cleanser and a bath additive that provides relief for dry skin conditions.
- Epaderm does not contain any fragrances, colourings or additives. It can be used on dry skin conditions and is suitable for all ages including babies¹.
- Guidelines published by NICE² state that greasy emollients like Epaderm Ointment are more effective than non-greasy alternatives.
- Epaderm is ideal for use with wet or dry wrapping.

Application Guide

Minimum adult amounts required

Face, Ears, Neck	1 measure twice a day
Arms, Back	2 measures twice a day
Legs	4 measures twice a day
Hands	½ measure twice a day
Genitals	½ measure twice a day

Children under ten years of age require half the above amounts.



1 measure (4g of Epaderm Ointment)

How Epaderm® Ointment works

Epaderm® Ointment is an emollient specifically developed for sufferers of dry skin conditions. It offers the three aspects of complete emollient therapy in one³, as it can be used on the skin, as a bath additive or as a skin cleanser. Epaderm creates a barrier which aids moisture retention within the skin. It is highly versatile.

Using Epaderm as a skin cleanser

When caring for dry skin conditions, it is vital to ensure that moisturisation is carried out wherever possible. However, it is equally important that no soaps or products containing detergents are used as they will increase water loss from the skin⁴. Using Epaderm Ointment as a skin cleanser ensures that dry skin can be properly washed, without losing additional moisture or having to deal with the problems that common soap additives might produce. Scoop a small amount from the tub, lather under warm water and then use as a normal soap.

Using Epaderm in the bath

Soaking the skin in an emollient, for optimum rehydration, is another key step of complete emollient therapy³. As Epaderm Ointment contains no fragrances, colourings, sodium lauryl sulfate (SLS) or additives, baths can be taken as often as required. Take 4g from the tub. Melt this in a tumbler of hot water, ensuring it has cooled sufficiently before adding to the bath. Do not apply hot water directly to the skin. When using Epaderm Ointment as a bath additive, care should be taken, as it will make the surface of the bath slippery.

References:

1. Farmer, D. Epaderm Cream evaluation questionnaire. Report no. PD-531402 Rev:01. 5 September 2017. Data on file. 2. National Institute for Clinical Excellence. Frequency application of topical corticosteroids for atopic eczema. Technology Appraisal 81, 2004 August. 3. Cork MJ, Complete Emollient Therapy. The National Association of Fundholding Practices Official Yearbook. BPC Waterlow, Dunstable 1998: 159-168. 4. Fulme AW, Kramer GJ, Stratum Corneum Lipid Abnormalities In Surfactant-induced Dry Scaly Skin, Journal Of Investigative Dermatology 1996; 86: 598-602

Natural rubber latex is not a constituent of Epaderm or its packaging.

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Benefits of Epaderm Ointment

- Fragrance, colouring, additive and SLS free – making it kinder to sensitive skin
- Epaderm Ointment's barrier aids moisture retention within the skin
- Epaderm Ointment can be used on the skin, as a bath additive or a skin cleanser and offers complete emollient therapy in one product
- Available in 125g, 500g and 1kg
- Suitable for all ages
- 3-in-1 relief for dry skin conditions
- For eczema, psoriasis and other dry skin conditions

Material Properties

- Emulsifying Wax BP
- Yellow Soft Paraffin BP
- Liquid Soft Paraffin Ph Eur

Areas of use

Epaderm can be used for eczema, psoriasis and other dry skin conditions. It is suitable for all ages, including babies¹.

Epaderm® Ordering Information

Product Code	Description	Pcs/Box
99400816	125g	6
99400817	500g	6
99400818	1kg	6


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